



11. Walk in Herne
Herne-Sodingen / 09.10.2016

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Appenrodt, Marion

□□: AS Neukirchen-Vluyn

□□: 5503

□□: 5.00 km

Kurzstrecke Nordic Walking

□□□: 52:31

□□: 5.71 km/h

□□□□□□: 100

□□□□: 6.50

□□□□: 37 □