



11. Walk in Herne
Herne-Sodingen / 09.10.2016

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Heinen, Martin

□□: AS Neukirchen-Vluyn

□□: 21509

□□: 21.00 km

Langstrecke Nordic Walking

□□□: 2:45:54

□□: 7.59 km/h

□□□□□□: 360

□□□□: 26.40

□□□□: 200 □