



11. Walk in Herne
Herne-Sodingen / 09.10.2016

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Holtermann, Heribert

□□: AS Neukirchen-Vluyn

□□: 5521

□□: 5.00 km

Kurzstrecke Nordic Walking

□□□: 42:05

□□: 7.13 km/h

□□□□□□: 100

□□□□: 6.50

□□□□: 46 □