



11. Walk in Herne
Herne-Sodingen / 09.10.2016

□□□□

Waldmäuse

□□□: 2:42:14

□□: 7.77 km/h

□□: 37504

□□: 21.00 km

□□□□: 21.00

Staffel Nordic Walking

□□□□: 163 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
Akademie Mont-Cenis	0	0	43516	00:00	00:00
Akademie Mont-Cenis	7.0	7.0	46806	00:54	00:54
Akademie Mont-Cenis	14.0	7.0	50260	01:52	00:57
Ziel	21.0	7.0	53250	02:42	00:49