



Gastmann, Anja

□□: 312

□□: 20.00 km 20km Strecke

 $\Box\Box$  1

Seniorinnen W45 (45-49 Jahre)

10.00 1:04:31 6:27

23

15:05

□□□: 2:07:06

□□: 9.44 km/h

|| 6:22 min/km

\_\_\_\_\_: 450 (of 528)

10.00 1:04:31 6:27

\_\_\_\_/\_: 98 (of 138)

[][][]: 1:23:29

\_\_\_\_: 21(of 30)

km □□ min/km km □□ min/km 

[] 10.00 1:02:35 6:15 22 16:13 98 22:25 20.00 2:07:06 6:21 21 31:18 98 43:37

101 21:12

15:05 101 21:12

23