



Heinz, Christian

10.00 1:14:16 7:25

10.00 1:10:46 7:04

□□: 285

□□: 20.00 km 20km Strecke

 $\Box\Box$ 1

Senioren M45 (45-49 Jahre)

□□□: 2:25:02

□□: 8.27 km/h

□□□□: 7:15 min/km

_____(of 528)

_______: 383 (of 390)

10.00 1:14:16 7:25

20.00 2:25:02 7:15

□□□□: 64(of 65)

km □□ min/km km □□ min/km

37:51 385 38:45

36:30 377 36:54

64

64

Timing by SPORTident

64 37:51 385 38:45

64 1:14:21 383 1:15:39