



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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HERTZSCH, Nico

□□□: 23:12:03

□□: (ohne)

□□: 6.94 km/h

□□: 120

□□□□: 8:36 min/km

□□: 161.70 km

□□□□□/□□□: 211 (of 459)

100MeilenBerlin

□□□□□/□: 122 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 20(of 36)

Senioren M40 (40-44 Jahre)

□□□□□□□: 14:37:35

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	47:05	6:47	24	13:43	157	16:04	6.94	47:05	6:47	24	13:43	157	16:04
VP2 - Laufftreff Li	5.69	39:18	6:54	24	12:34	163	15:13	12.63	1:26:23	6:50	26	26:17	155	31:17
VP3 - Oranienbur	5.74	37:05	6:27	20	11:54	156	12:59	18.37	2:03:28	6:43	22	38:11	152	44:16
VP4 - Naturschut	4.70	35:09	7:28	23	11:15	156	12:43	23.07	2:38:37	6:52	22	49:26	158	56:59
VP5 - Frohnau	6.80	43:51	6:26	19	11:14	125	14:56	29.87	3:22:28	6:46	21	1:00:40	152	1:11:55
VP6 - Ruderclub	4.06	29:50	7:20	19	9:27	113	11:43	33.93	3:52:18	6:50	20	1:10:07	142	1:23:35
VP7 - Grenzturm	4.75	32:38	6:52	20	8:22	125	10:55	38.68	4:24:56	6:50	20	1:18:10	142	1:34:30
VP8 - Schönwald	7.52	49:47	6:37	17	10:43	104	13:57	46.20	5:14:43	6:48	20	1:27:09	137	1:48:03
VP9 - Falkenseer	5.76	44:19	7:41	21	13:41	123	15:59	51.96	5:59:02	6:54	20	1:36:28	137	2:03:34
VP10 - Karolinenl	6.54	49:30	7:34	20	13:57	121	17:18	58.50	6:48:32	6:59	20	1:48:51	134	2:20:52
VP11 - Pagel & Fi	4.90	37:37	7:40	19	12:08	117	14:34	63.40	7:26:09	7:02	21	2:00:05	131	2:35:26
VP12 - Schloss S	7.62	1:09:28	9:06	22	29:09	152	32:35	71.02	8:35:37	7:15	19	2:27:29	131	3:08:01
VP13 - Revierförs	6.21	51:31	8:17	23	19:58	148	22:41	77.23	9:27:08	7:20	19	2:43:59	130	3:30:42
VP14 - Brauhaus	6.00	44:34	7:25	21	13:44	97	16:01	83.23	10:11:42	7:20	19	2:57:29	127	3:46:43
VP15 - Gedenkst.	6.90	53:28	7:44	21	19:15	120	20:33	90.13	11:05:10	7:22	19	3:16:18	125	4:07:16
VP16 - Königswe	6.87	1:16:21	11:06	25	38:17	199	41:36	97.00	12:21:31	7:38	21	3:53:25	131	4:48:52
VP17 - Sportplatz	6.20	1:02:12	10:01	19	28:12	90	28:27	103.20	13:23:43	7:47	22	4:21:31	129	5:17:19
VP18 - Osdorfer	6.50	57:19	8:49	21	22:39	124	22:52	109.70	14:21:02	7:50	22	4:44:10	127	5:37:54
VP19 - Lichtenra	5.70	58:31	10:15	21	24:13	145	24:21	115.40	15:19:33	7:58	21	5:08:23	126	6:00:28
VP20 - Kirchhain	4.37	41:59	9:36	24	21:24	159	23:09	119.77	16:01:32	8:01	21	5:29:47	127	6:23:37
VP21 - Buckow	6.43	1:01:13	9:31	21	27:11	140	27:37	126.20	17:02:45	8:06	21	5:56:25	128	6:51:14
VP22 - Rudow	4.90	57:41	11:46	23	30:24	171	31:42	131.10	18:00:26	8:14	23	6:25:12	133	7:22:56
VP23 - Johannistl	5.90	1:01:33	10:25	21	29:40	137	29:58	137.00	19:01:59	8:20	22	6:52:08	135	7:52:54
VP24 - Dammwe	5.70	52:46	9:15	15	20:43	82	21:35	142.70	19:54:45	8:22	21	7:12:02	131	8:14:00
VP25 - East Side	5.80	1:02:14	10:43	14	25:17	90	25:17	148.50	20:56:59	8:27	21	7:37:19	128	8:36:46
VP26 - Checkpoir	5.28	39:08	7:24	16	17:35	74	17:35	153.78	21:36:07	8:25	21	7:51:58	121	8:51:51
VP27 - Gedenkst.	3.32	46:40	14:03	17	21:50	119	22:03	157.10	22:22:47	8:32	21	8:10:41	122	9:11:44
Friedrich-Ludwig	4.60	49:16	10:42	17	25:04	144	25:04	161.70	23:12:03	8:36	20	8:34:28	122	9:32:07