



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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DIEPLINGER, Günter

□□□: 19:48:40

□□: CLR Sauwald Coffain699

□□: 8.13 km/h

□□: 121

□□□□: 7:21 min/km

□□: 161.70 km

□□□□□/□□□□: 118 (of 459)

100MeilenBerlin

□□□□□/□: 51 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 17(of 85)

Senioren M45 (45-49 Jahre)

□□□□□□□: 15:47:54

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|---------------------|----------|----------|--------------|---------|---------|---------|---------|--------|-----------|---------------|---------|---------|---------|---------|
| VP1 - Wilhelmsru | 6.94 | 43:07 | 6:12 | 35 | 9:43 | 102 | 12:06 | 6.94 | 43:07 | 6:12 | 35 | 9:43 | 102 | 12:06 |
| VP2 - Laufftreff Li | 5.69 | 34:15 | 6:01 | 17 | 7:00 | 59 | 10:10 | 12.63 | 1:17:22 | 6:07 | 23 | 16:43 | 80 | 22:16 |
| VP3 - Oranienbur | 5.74 | 32:18 | 5:37 | 17 | 6:29 | 54 | 8:12 | 18.37 | 1:49:40 | 5:58 | 20 | 23:12 | 66 | 30:28 |
| VP4 - Naturschut | 4.70 | 29:33 | 6:17 | 12 | 4:26 | 47 | 7:07 | 23.07 | 2:19:13 | 6:02 | 17 | 27:38 | 60 | 37:35 |
| VP5 - Frohnau | 6.80 | 39:22 | 5:47 | 15 | 6:08 | 51 | 10:27 | 29.87 | 2:58:35 | 5:58 | 16 | 32:47 | 59 | 48:02 |
| VP6 - Ruderclub | 4.06 | 26:04 | 6:25 | 12 | 4:35 | 49 | 7:57 | 33.93 | 3:24:39 | 6:01 | 13 | 37:22 | 52 | 55:56 |
| VP7 - Grenzturm | 4.75 | 29:39 | 6:14 | 19 | 5:35 | 65 | 7:56 | 38.68 | 3:54:18 | 6:03 | 14 | 42:57 | 52 | 1:03:52 |
| VP8 - Schönwald | 7.52 | 44:44 | 5:56 | 12 | 5:17 | 43 | 8:54 | 46.20 | 4:39:02 | 6:02 | 12 | 47:22 | 48 | 1:12:22 |
| VP9 - Falkenseer | 5.76 | 36:57 | 6:24 | 14 | 4:33 | 47 | 8:37 | 51.96 | 5:15:59 | 6:04 | 14 | 51:50 | 50 | 1:20:31 |
| VP10 - Karolinenl | 6.54 | 45:27 | 6:56 | 22 | 10:23 | 70 | 13:15 | 58.50 | 6:01:26 | 6:10 | 15 | 1:01:16 | 53 | 1:33:46 |
| VP11 - Pagel & Fi | 4.90 | 33:37 | 6:51 | 20 | 5:43 | 62 | 10:34 | 63.40 | 6:35:03 | 6:13 | 16 | 1:06:59 | 54 | 1:44:20 |
| VP12 - Schloss S | 7.62 | 49:57 | 6:33 | 10 | 6:26 | 35 | 13:04 | 71.02 | 7:25:00 | 6:15 | 13 | 1:10:00 | 46 | 1:57:24 |
| VP13 - Revierförs | 6.21 | 43:24 | 6:59 | 21 | 7:39 | 58 | 14:34 | 77.23 | 8:08:24 | 6:19 | 13 | 1:15:24 | 46 | 2:11:58 |
| VP14 - Brauhaus | 6.00 | 39:05 | 6:30 | 14 | 6:04 | 42 | 10:32 | 83.23 | 8:47:29 | 6:20 | 13 | 1:20:24 | 45 | 2:22:30 |
| VP15 - Gedenkst. | 6.90 | 44:18 | 6:25 | 11 | 4:44 | 40 | 11:23 | 90.13 | 9:31:47 | 6:20 | 14 | 1:24:38 | 46 | 2:33:53 |
| VP16 - Königswe | 6.87 | 50:04 | 7:17 | 8 | 8:25 | 31 | 15:19 | 97.00 | 10:21:51 | 6:24 | 12 | 1:29:21 | 44 | 2:49:12 |
| VP17 - Sportplatz | 6.20 | 57:32 | 9:16 | 22 | 19:45 | 71 | 23:47 | 103.20 | 11:19:23 | 6:34 | 13 | 1:44:14 | 46 | 3:12:59 |
| VP18 - Osdorfer | 6.50 | 46:17 | 7:07 | 9 | 8:28 | 37 | 11:50 | 109.70 | 12:05:40 | 6:36 | 11 | 1:47:36 | 41 | 3:22:32 |
| VP19 - Lichtenra | 5.70 | 47:27 | 8:19 | 15 | 9:33 | 51 | 13:17 | 115.40 | 12:53:07 | 6:41 | 10 | 1:52:00 | 40 | 3:34:02 |
| VP20 - Kirchhain | 4.37 | 32:15 | 7:22 | 20 | 10:24 | 62 | 13:25 | 119.77 | 13:25:22 | 6:43 | 9 | 2:01:15 | 39 | 3:47:27 |
| VP21 - Buckow | 6.43 | 53:00 | 8:14 | 22 | 17:56 | 72 | 19:24 | 126.20 | 14:18:22 | 6:48 | 9 | 2:16:35 | 39 | 4:06:51 |
| VP22 - Rudow | 4.90 | 40:16 | 8:13 | 13 | 10:03 | 47 | 14:17 | 131.10 | 14:58:38 | 6:51 | 9 | 2:26:38 | 39 | 4:21:08 |
| VP23 - Johannistl | 5.90 | 49:49 | 8:26 | 18 | 14:47 | 57 | 18:14 | 137.00 | 15:48:27 | 6:55 | 9 | 2:41:25 | 39 | 4:39:22 |
| VP24 - Dammwe | 5.70 | 51:40 | 9:03 | 23 | 17:24 | 66 | 20:29 | 142.70 | 16:40:07 | 7:00 | 13 | 2:58:49 | 42 | 4:59:22 |
| VP25 - East Side | 5.80 | 58:02 | 10:00 | 21 | 17:31 | 59 | 21:05 | 148.50 | 17:38:09 | 7:07 | 15 | 3:16:20 | 44 | 5:17:56 |
| VP26 - Checkpoir | 5.28 | 39:26 | 7:28 | 22 | 14:23 | 79 | 17:53 | 153.78 | 18:17:35 | 7:08 | 16 | 3:30:43 | 45 | 5:33:19 |
| VP27 - Gedenkst. | 3.32 | 44:49 | 13:29 | 29 | 17:21 | 98 | 20:12 | 157.10 | 19:02:24 | 7:16 | 16 | 3:44:03 | 48 | 5:51:21 |
| Friedrich-Ludwig | 4.60 | 46:16 | 10:03 | 35 | 16:47 | 119 | 22:04 | 161.70 | 19:48:40 | 7:21 | 17 | 4:00:46 | 51 | 6:08:44 |