



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

□□□□

DIEPLINGER, Günter

□□□: 19:48:40

□□: CLR Sauwald Coffain699

□□: 8.16 km/h

□□: 121

□□□□: 7:21 min/km

□□: 161.70 km

□□□□□/□□□: 118 (of 459)

100MeilenBerlin

□□□□□/□: 51 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 17(of 85)

Senioren M45 (45-49 Jahre)

□□□□□□□: 15:47:54

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	43:07	6:12	35	9:43	102	12:06	6.94	43:07	6:12	35	9:43	102	12:06
VP2 - Laufftreff Li	5.69	34:15	6:01	17	7:00	59	10:10	12.63	1:17:22	6:07	23	16:43	80	22:16
VP3 - Oranienbur	5.74	32:18	5:37	17	6:29	54	8:12	18.37	1:49:40	5:58	20	23:12	66	30:28
VP4 - Naturschut	4.70	29:33	6:17	12	4:26	47	7:07	23.07	2:19:13	6:02	17	27:38	60	37:35
VP5 - Frohnau	6.80	39:22	5:47	15	6:08	51	10:27	29.87	2:58:35	5:58	16	32:47	59	48:02
VP6 - Ruderclub	4.06	26:04	6:25	12	4:35	49	7:57	33.93	3:24:39	6:01	13	37:22	52	55:56
VP7 - Grenzturm	4.75	29:39	6:14	19	5:35	65	7:56	38.68	3:54:18	6:03	14	42:57	52	1:03:52
VP8 - Schönwald	7.52	44:44	5:56	12	5:17	43	8:54	46.20	4:39:02	6:02	12	47:22	48	1:12:22
VP9 - Falkenseer	5.76	36:57	6:24	14	4:33	47	8:37	51.96	5:15:59	6:04	14	51:50	50	1:20:31
VP10 - Karolinenl	6.54	45:27	6:56	22	10:23	70	13:15	58.50	6:01:26	6:10	15	1:01:16	53	1:33:46
VP11 - Pagel & Fi	4.90	33:37	6:51	20	5:43	62	10:34	63.40	6:35:03	6:13	16	1:06:59	54	1:44:20
VP12 - Schloss S	7.62	49:57	6:33	10	6:26	35	13:04	71.02	7:25:00	6:15	13	1:10:00	46	1:57:24
VP13 - Revierförs	6.21	43:24	6:59	21	7:39	58	14:34	77.23	8:08:24	6:19	13	1:15:24	46	2:11:58
VP14 - Brauhaus	6.00	39:05	6:30	14	6:04	42	10:32	83.23	8:47:29	6:20	13	1:20:24	45	2:22:30
VP15 - Gedenkst.	6.90	44:18	6:25	11	4:44	40	11:23	90.13	9:31:47	6:20	14	1:24:38	46	2:33:53
VP16 - Königswe	6.87	50:04	7:17	8	8:25	31	15:19	97.00	10:21:51	6:24	12	1:29:21	44	2:49:12
VP17 - Sportplatz	6.20	57:32	9:16	22	19:45	71	23:47	103.20	11:19:23	6:34	13	1:44:14	46	3:12:59
VP18 - Osdorfer	6.50	46:17	7:07	9	8:28	37	11:50	109.70	12:05:40	6:36	11	1:47:36	41	3:22:32
VP19 - Lichtenra	5.70	47:27	8:19	15	9:33	51	13:17	115.40	12:53:07	6:41	10	1:52:00	40	3:34:02
VP20 - Kirchhain	4.37	32:15	7:22	20	10:24	62	13:25	119.77	13:25:22	6:43	9	2:01:15	39	3:47:27
VP21 - Buckow	6.43	53:00	8:14	22	17:56	72	19:24	126.20	14:18:22	6:48	9	2:16:35	39	4:06:51
VP22 - Rudow	4.90	40:16	8:13	13	10:03	47	14:17	131.10	14:58:38	6:51	9	2:26:38	39	4:21:08
VP23 - Johannistl	5.90	49:49	8:26	18	14:47	57	18:14	137.00	15:48:27	6:55	9	2:41:25	39	4:39:22
VP24 - Dammwe	5.70	51:40	9:03	23	17:24	66	20:29	142.70	16:40:07	7:00	13	2:58:49	42	4:59:22
VP25 - East Side	5.80	58:02	10:00	21	17:31	59	21:05	148.50	17:38:09	7:07	15	3:16:20	44	5:17:56
VP26 - Checkpoir	5.28	39:26	7:28	22	14:23	79	17:53	153.78	18:17:35	7:08	16	3:30:43	45	5:33:19
VP27 - Gedenkst.	3.32	44:49	13:29	29	17:21	98	20:12	157.10	19:02:24	7:16	16	3:44:03	48	5:51:21
Friedrich-Ludwig	4.60	46:16	10:03	35	16:47	119	22:04	161.70	19:48:40	7:21	17	4:00:46	51	6:08:44