



100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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ST ONGE, John

□□: (ohne)

□□: 13

□□: 161.70 km
100MeilenBerlin

□□□□:
Senioren M70 (70-74 Jahre)

□□□□□/□□□□: DNF (of 459)

□□□□□□/□: DNF (of 302)

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□□□□□□: DNF(of 3)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	52:57	7:37	3	3:32	256	21:56	6.94	52:57	7:37	3	3:32	256	21:56	
VP2 - Laufftreff Li	5.69	43:50	7:42	1	-	239	19:45	12.63	1:36:47	7:39	3	3:09	253	41:41	
VP3 - Oranienbur	5.74	44:38	7:46	3	2:14	261	20:32	18.37	2:21:25	7:41	3	5:23	257	1:02:13	
VP4 - Naturschut	4.70	38:56	8:17	1	-	213	16:30	23.07	3:00:21	7:49	2	3:00	245	1:18:43	
VP5 - Frohnau	6.80	52:42	7:45	2	3:26	239	23:47	29.87	3:53:03	7:48	2	6:26	244	1:42:30	
VP6 - Ruderclub	4.06	41:37	10:15	3	5:44	240	23:30	33.93	4:34:40	8:05	2	12:10	248	2:05:57	
VP7 - Grenzturm	4.75	42:09	8:52	3	3:50	249	20:26	38.68	5:16:49	8:11	2	16:00	250	2:26:23	
VP8 - Schönwald	7.52	1:05:43	8:44	3	4:44	245	29:53	46.20	6:22:32	8:16	2	20:44	249	2:55:52	
VP9 - Falkenseer	5.76	56:52	9:52	3	4:59	239	28:32	51.96	7:19:24	8:27	3	23:02	250	3:23:56	
VP10 - Karolinenl	6.54	1:02:55	9:37	3	5:06	231	30:43	58.50	8:22:19	8:35	3	28:08	244	3:54:39	
VP11 - Pagel & Fi	4.90	50:18	10:15	3	5:12	236	27:15	63.40	9:12:37	8:42	3	33:20	246	4:21:54	
VP12 - Schloss S	7.62	1:30:51	11:55	3	8:14	242	53:58	71.02	10:43:28	9:03	3	40:25	245	5:15:52	
VP13 - Revierförs	6.21	1:09:42	11:13	3	11:34	252	40:52	77.23	11:53:10	9:14	3	51:59	247	5:56:44	
VP14 - Brauhaus	6.00	59:02	9:50	1	-	229	30:29	83.23	12:52:12	9:16	3	50:25	247	6:27:13	
VP15 - Gedenkst.	6.90	1:10:55	10:16	2	6:41	232	38:00	90.13	14:03:07	9:21	3	57:06	243	7:05:13	
VP16 - Königswe	6.87	1:15:45	11:01	2	2:01	194	41:00	97.00	15:18:52	9:28	3	59:07	239	7:46:13	
VP17 - Sportplatz	6.20	fehlt!	-	-	-	-	-	103.20	-	-	-	-	-	-	
VP18 - Osdorfer !	6.50	2:26:24	22:31	2	1:15:05	249	1:51:57	109.70	17:45:16	9:42	3	43:35	248	9:02:08	
VP19 - Lichtenrav	5.70	1:17:41	13:37	3	9:39	217	43:31	115.40	19:02:57	9:54	3	53:14	246	9:43:52	
VP20 - Kirchhain	4.37	54:40	12:30	3	8:24	209	35:50	119.77	19:57:37	9:59	3	1:01:38	233	10:19:42	
VP21 - Buckow	6.43	fehlt!	-	-	-	-	-	126.20	-	-	-	-	-	-	
VP22 - Rudow	4.90	fehlt!	-	-	-	-	-	131.10	-	-	-	-	-	-	
VP23 - Johannistl	5.90	fehlt!	-	-	-	-	-	137.00	-	-	-	-	-	-	
VP24 - Dammwe	5.70	fehlt!	-	-	-	-	-	142.70	-	-	-	-	-	-	
VP25 - East Side	5.80	fehlt!	-	-	-	-	-	148.50	-	-	-	-	-	-	
VP26 - Checkpoir	5.28	fehlt!	-	-	-	-	-	153.78	-	-	-	-	-	-	
VP27 - Gedenkst.	3.32	fehlt!	-	-	-	-	-	157.10	-	-	-	-	-	-	
Friedrich-Ludwig	4.60	fehlt!	-	-	-	-	-	161.70	-	-	-	-	-	-	