



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

□□□□

MÜLLER, Frank

□□□: 22:36:46

□□: (ohne)

□□: 7.12 km/h

□□: 145

□□□□: 8:23 min/km

□□: 161.70 km

□□□□□/□□□: 182 (of 459)

100MeilenBerlin

□□□□□/□: 100 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 21(of 58)

Senioren M50 (50-54 Jahre)

□□□□□□□: 15:32:56

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	48:51	7:02	42	15:25	192	17:50	6.94	48:51	7:02	42	15:25	192	17:50	
VP2 - Laufftreff Li	5.69	42:00	7:22	43	14:19	209	17:55	12.63	1:30:51	7:11	42	29:44	204	35:45	
VP3 - Oranienbur	5.74	41:34	7:14	46	14:25	226	17:28	18.37	2:12:25	7:12	42	44:09	212	53:13	
VP4 - Naturschut	4.70	36:18	7:43	33	10:56	173	13:52	23.07	2:48:43	7:18	40	55:05	202	1:07:05	
VP5 - Frohnau	6.80	48:48	7:10	41	15:00	199	19:53	29.87	3:37:31	7:16	41	1:10:05	204	1:26:58	
VP6 - Ruderclub	4.06	35:14	8:40	36	13:50	181	17:07	33.93	4:12:45	7:26	39	1:23:11	197	1:44:02	
VP7 - Grenzturm	4.75	36:45	7:44	39	12:37	192	15:02	38.68	4:49:30	7:29	39	1:35:29	196	1:59:04	
VP8 - Schönwald	7.52	52:11	6:56	31	13:00	145	16:21	46.20	5:41:41	7:23	38	1:44:39	189	2:15:01	
VP9 - Falkenseer	5.76	51:35	8:57	44	20:12	200	23:15	51.96	6:33:16	7:34	38	2:04:39	187	2:37:48	
VP10 - Karolinenl	6.54	49:24	7:33	27	14:43	120	17:12	58.50	7:22:40	7:34	38	2:17:00	179	2:55:00	
VP11 - Pagel & Fi	4.90	43:19	8:50	40	16:23	179	20:16	63.40	8:05:59	7:39	38	2:31:25	178	3:15:16	
VP12 - Schloss S	7.62	1:17:27	10:09	44	36:24	197	40:34	71.02	9:23:26	7:56	39	3:05:01	181	3:55:50	
VP13 - Revierförs	6.21	46:04	7:25	16	10:48	83	17:14	77.23	10:09:30	7:53	38	3:15:31	177	4:13:04	
VP14 - Brauhaus	6.00	42:29	7:04	15	10:09	84	13:56	83.23	10:51:59	7:50	36	3:21:05	170	4:27:00	
VP15 - Gedenkst.	6.90	48:44	7:03	12	10:26	72	15:49	90.13	11:40:43	7:46	35	3:31:08	162	4:42:49	
VP16 - Königswe	6.87	1:01:14	8:54	20	17:47	100	26:29	97.00	12:41:57	7:51	33	3:47:40	152	5:09:18	
VP17 - Sportplatz	6.20	1:05:59	10:38	23	28:08	109	32:14	103.20	13:47:56	8:01	31	4:15:48	146	5:41:32	
VP18 - Osdorfer	6.50	54:47	8:25	23	16:54	103	20:20	109.70	14:42:43	8:02	30	4:32:42	139	5:59:35	
VP19 - Lichtenra	5.70	56:52	9:58	25	17:27	128	22:42	115.40	15:39:35	8:08	29	4:50:09	137	6:20:30	
VP20 - Kirchhain	4.37	34:16	7:50	17	10:28	80	15:26	119.77	16:13:51	8:07	28	5:00:37	131	6:35:56	
VP21 - Buckow	6.43	50:49	7:54	13	14:22	64	17:13	126.20	17:04:40	8:07	27	5:14:59	130	6:53:09	
VP22 - Rudow	4.90	52:21	10:41	36	22:18	153	26:22	131.10	17:57:01	8:12	27	5:37:17	129	7:19:31	
VP23 - Johannistl	5.90	47:34	8:03	8	12:12	45	15:59	137.00	18:44:35	8:12	27	5:49:29	125	7:35:30	
VP24 - Dammwe	5.70	48:06	8:26	7	13:08	47	16:55	142.70	19:32:41	8:13	25	6:02:37	115	7:51:56	
VP25 - East Side	5.80	1:01:12	10:33	19	21:34	83	24:15	148.50	20:33:53	8:18	24	6:24:11	114	8:13:40	
VP26 - Checkpoir	5.28	38:39	7:19	14	13:47	67	17:06	153.78	21:12:32	8:16	23	6:37:58	107	8:28:16	
VP27 - Gedenkst.	3.32	43:12	13:00	16	16:42	84	18:35	157.10	21:55:44	8:22	22	6:54:40	105	8:44:41	
Friedrich-Ludwig	4.60	41:02	8:55	17	13:17	81	16:50	161.70	22:36:46	8:23	21	7:03:50	100	8:56:50	