



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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NIXON, Rosemary

□□□: 26:22:17

□□: (ohne)

□□: 6.11 km/h

□□: 161

□□□□: 9:47 min/km

□□: 161.70 km

□□□□□/□□□□: 276 (of 459)

100MeilenBerlin

□□□□□/□: 29 (of 72)

□□□□□□: 17:20:20

□□□□:

□□□□□: 6(of 17)

Seniorinnen W45 (45-49 Jahre)

□□□□□□□: 17:50:34

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Wilhelmsru	6.94	52:04	7:30	13	14:45	54	15:07	6.94	52:04	7:30	13	14:45	54	15:07
VP2 - Laufftreff Li	5.69	41:31	7:17	10	10:00	34	10:00	12.63	1:33:35	7:24	12	24:45	45	24:58
VP3 - Oranienbur	5.74	40:14	7:00	12	9:47	41	9:47	18.37	2:13:49	7:17	12	34:32	45	34:35
VP4 - Naturschut	4.70	37:56	8:04	11	9:40	40	9:40	23.07	2:51:45	7:26	12	43:05	42	43:45
VP5 - Frohnau	6.80	47:21	6:57	7	10:44	27	10:44	29.87	3:39:06	7:20	11	53:25	39	53:35
VP6 - Ruderclub	4.06	35:39	8:46	9	12:54	32	12:54	33.93	4:14:45	7:30	11	1:06:19	36	1:06:19
VP7 - Grenzturm	4.75	32:42	6:53	7	6:34	20	6:34	38.68	4:47:27	7:25	11	1:12:53	34	1:12:53
VP8 - Schönwald	7.52	53:29	7:06	7	11:08	22	11:08	46.20	5:40:56	7:22	8	1:24:01	29	1:24:01
VP9 - Falkenseer	5.76	44:11	7:40	6	9:45	20	9:45	51.96	6:25:07	7:24	8	1:32:56	28	1:32:56
VP10 - Karolinenl	6.54	46:34	7:07	4	7:13	11	7:13	58.50	7:11:41	7:22	7	1:39:07	25	1:39:07
VP11 - Pagel & Fi	4.90	36:18	7:24	5	5:59	14	5:59	63.40	7:47:59	7:22	7	1:45:06	24	1:45:06
VP12 - Schloss S	7.62	1:01:55	8:07	6	16:16	20	16:16	71.02	8:49:54	7:27	7	2:01:22	23	2:01:22
VP13 - Revierförs	6.21	48:01	7:43	6	8:33	20	8:55	77.23	9:37:55	7:28	7	2:09:55	23	2:09:55
VP14 - Brauhaus	6.00	43:57	7:19	5	6:18	16	8:12	83.23	10:21:52	7:28	7	2:14:38	22	2:14:38
VP15 - Gedenkst.	6.90	1:05:36	9:30	10	24:21	41	24:21	90.13	11:27:28	7:37	6	2:31:03	23	2:31:03
VP16 - Königswe	6.87	1:00:09	8:45	3	11:12	14	13:00	97.00	12:27:37	7:42	5	2:42:15	21	2:42:28
VP17 - Sportplatz	6.20	1:21:10	13:05	7	30:43	34	36:17	103.20	13:48:47	8:01	5	3:09:23	23	3:11:44
VP18 - Osdorfer	6.50	1:05:35	10:05	7	22:14	29	23:52	109.70	14:54:22	8:09	5	3:31:37	22	3:35:36
VP19 - Lichtenrav	5.70	1:10:10	12:18	10	27:57	40	28:49	115.40	16:04:32	8:21	5	3:59:34	24	4:03:09
VP20 - Kirchhain	4.37	47:38	10:54	10	17:40	38	20:53	119.77	16:52:10	8:27	5	4:17:14	25	4:24:02
VP21 - Buckow	6.43	1:22:23	12:48	10	39:12	43	40:42	126.20	18:14:33	8:40	6	4:56:26	30	5:04:44
VP22 - Rudow	4.90	1:06:44	13:37	10	33:19	45	33:44	131.10	19:21:17	8:51	6	5:29:45	30	5:38:28
VP23 - Johannistl	5.90	1:14:04	12:33	10	28:20	43	34:53	137.00	20:35:21	9:01	6	5:58:05	29	6:13:21
VP24 - Dammwe	5.70	1:18:15	13:43	11	35:44	46	37:23	142.70	21:53:36	9:12	6	6:33:49	29	6:49:34
VP25 - East Side	5.80	1:35:25	16:27	13	44:44	52	50:35	148.50	23:29:01	9:29	6	7:18:33	30	7:36:51
VP26 - Checkpoir	5.28	56:29	10:41	11	24:42	46	26:16	153.78	24:25:30	9:31	6	7:43:15	30	8:03:07
VP27 - Gedenkst.	3.32	59:35	17:56	11	24:08	43	32:17	157.10	25:25:05	9:42	6	8:07:23	30	8:35:24
Friedrich-Ludwig	4.60	57:12	12:26	10	24:20	42	57:12	161.70	26:22:17	9:47	6	8:31:43	30	9:01:57