



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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BÜLOW, Karsten

□□□: 21:53:10

□□: LG Mauerweg Berlin e.V.

□□: 7.36 km/h

□□: 17

□□□□: 8:07 min/km

□□: 161.70 km

□□□□□/□□□: 170 (of 459)

100MeilenBerlin

□□□□□/□: 93 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 19(of 58)

Senioren M50 (50-54 Jahre)

□□□□□□□: 15:32:56

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	46:24	6:41	31	12:58	149	15:23	6.94	46:24	6:41	31	12:58	149	15:23
VP2 - Laufftreff Li	5.69	39:08	6:52	33	11:27	157	15:03	12.63	1:25:32	6:46	31	24:25	147	30:26
VP3 - Oranienbur	5.74	37:06	6:27	32	9:57	157	13:00	18.37	2:02:38	6:40	31	34:22	147	43:26
VP4 - Naturschut	4.70	34:51	7:24	29	9:29	146	12:25	23.07	2:37:29	6:49	33	43:51	152	55:51
VP5 - Frohnau	6.80	44:28	6:32	26	10:40	131	15:33	29.87	3:21:57	6:45	32	54:31	148	1:11:24
VP6 - Ruderclub	4.06	28:18	6:58	20	6:54	85	10:11	33.93	3:50:15	6:47	30	1:00:41	138	1:21:32
VP7 - Grenzturm	4.75	31:59	6:44	24	7:51	108	10:16	38.68	4:22:14	6:46	30	1:08:13	132	1:31:48
VP8 - Schönwald	7.52	50:49	6:45	25	11:38	122	14:59	46.20	5:13:03	6:46	30	1:16:01	133	1:46:23
VP9 - Falkenseer	5.76	42:58	7:27	22	11:35	103	14:38	51.96	5:56:01	6:51	29	1:27:24	128	2:00:33
VP10 - Karolinenl	6.54	47:31	7:15	22	12:50	97	15:19	58.50	6:43:32	6:53	26	1:37:52	118	2:15:52
VP11 - Pagel & Fi	4.90	35:48	7:18	19	8:52	94	12:45	63.40	7:19:20	6:55	25	1:44:46	119	2:28:37
VP12 - Schloss S	7.62	57:04	7:29	16	16:01	78	20:11	71.02	8:16:24	6:59	18	1:57:59	102	2:48:48
VP13 - Revierförs	6.21	46:57	7:33	18	11:41	97	18:07	77.23	9:03:21	7:02	18	2:09:22	100	3:06:55
VP14 - Brauhaus	6.00	44:33	7:25	17	12:13	96	16:00	83.23	9:47:54	7:03	18	2:17:00	96	3:22:55
VP15 - Gedenkst.	6.90	53:00	7:40	22	14:42	114	20:05	90.13	10:40:54	7:06	19	2:31:19	100	3:43:00
VP16 - Königswe	6.87	1:02:32	9:06	23	19:05	115	27:47	97.00	11:43:26	7:15	20	2:49:09	101	4:10:47
VP17 - Sportplatz	6.20	1:09:42	11:14	28	31:51	132	35:57	103.20	12:53:08	7:29	22	3:21:00	107	4:46:44
VP18 - Osdorfer	6.50	49:55	7:40	12	12:02	61	15:28	109.70	13:43:03	7:30	20	3:33:02	99	4:59:55
VP19 - Lichtenra	5.70	55:42	9:46	22	16:17	111	21:32	115.40	14:38:45	7:36	19	3:49:19	98	5:19:40
VP20 - Kirchhain	4.37	37:22	8:33	25	13:34	113	18:32	119.77	15:16:07	7:38	19	4:02:53	96	5:38:12
VP21 - Buckow	6.43	1:00:29	9:24	31	24:02	133	26:53	126.20	16:16:36	7:44	20	4:26:55	99	6:05:05
VP22 - Rudow	4.90	51:09	10:26	32	21:06	147	25:10	131.10	17:07:45	7:50	20	4:48:01	98	6:30:15
VP23 - Johannistl	5.90	51:17	8:41	11	15:55	62	19:42	137.00	17:59:02	7:52	20	5:03:56	97	6:49:57
VP24 - Dammwe	5.70	51:28	9:01	10	16:30	63	20:17	142.70	18:50:30	7:55	20	5:20:26	95	7:09:45
VP25 - East Side	5.80	1:04:45	11:09	23	25:07	106	27:48	148.50	19:55:15	8:02	19	5:45:33	93	7:35:02
VP26 - Checkpoir	5.28	37:23	7:04	10	12:31	60	15:50	153.78	20:32:38	8:00	19	5:58:04	93	7:48:22
VP27 - Gedenkst.	3.32	42:26	12:46	15	15:56	75	17:49	157.10	21:15:04	8:06	19	6:14:00	93	8:04:01
Friedrich-Ludwig	4.60	38:06	8:16	10	10:21	59	13:54	161.70	21:53:10	8:07	19	6:20:14	93	8:13:14