



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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URBANIAK, Hans

□□□: 23:08:59

□□: Endorphinjunkies.de Dortmund

□□: 6.95 km/h

□□: 174

□□□□: 8:35 min/km

□□: 161.70 km

□□□□□/□□□: 207 (of 459)

100MeilenBerlin

□□□□□/□: 118 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 26(of 58)

Senioren M50 (50-54 Jahre)

□□□□□□□: 15:32:56

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	50:35	7:17	46	17:09	229	19:34	6.94	50:35	7:17	46	17:09	229	19:34
VP2 - Laufftreff Li	5.69	41:44	7:20	42	14:03	206	17:39	12.63	1:32:19	7:18	46	31:12	220	37:13
VP3 - Oranienbur	5.74	39:21	6:51	41	12:12	197	15:15	18.37	2:11:40	7:10	41	43:24	206	52:28
VP4 - Naturschut	4.70	37:24	7:57	38	12:02	194	14:58	23.07	2:49:04	7:19	41	55:26	204	1:07:26
VP5 - Frohnau	6.80	45:51	6:44	35	12:03	159	16:56	29.87	3:34:55	7:11	37	1:07:29	192	1:24:22
VP6 - Ruderclub	4.06	32:10	7:55	32	10:46	138	14:03	33.93	4:07:05	7:16	36	1:17:31	178	1:38:22
VP7 - Grenzturm	4.75	31:51	6:42	23	7:43	106	10:08	38.68	4:38:56	7:12	36	1:24:55	168	1:48:30
VP8 - Schönwald	7.52	52:32	6:59	32	13:21	150	16:42	46.20	5:31:28	7:10	35	1:34:26	165	2:04:48
VP9 - Falkenseer	5.76	42:05	7:18	20	10:42	94	13:45	51.96	6:13:33	7:11	33	1:44:56	158	2:18:05
VP10 - Karolinenl	6.54	46:59	7:11	17	12:18	88	14:47	58.50	7:00:32	7:11	33	1:54:52	146	2:32:52
VP11 - Pagel & Fi	4.90	33:53	6:54	15	6:57	65	10:50	63.40	7:34:25	7:10	32	1:59:51	141	2:43:42
VP12 - Schloss S	7.62	54:29	7:09	10	13:26	60	17:36	71.02	8:28:54	7:09	27	2:10:29	124	3:01:18
VP13 - Revierförs	6.21	47:27	7:38	20	12:11	104	18:37	77.23	9:16:21	7:12	26	2:22:22	120	3:19:55
VP14 - Brauhaus	6.00	41:20	6:53	12	9:00	67	12:47	83.23	9:57:41	7:10	23	2:26:47	110	3:32:42
VP15 - Gedenkst.	6.90	51:12	7:25	20	12:54	102	18:17	90.13	10:48:53	7:11	22	2:39:18	108	3:50:59
VP16 - Königswe	6.87	54:16	7:53	12	10:49	60	19:31	97.00	11:43:09	7:14	19	2:48:52	100	4:10:30
VP17 - Sportplatz	6.20	1:06:20	10:41	24	28:29	110	32:35	103.20	12:49:29	7:27	21	3:17:21	106	4:43:05
VP18 - Osdorfer	6.50	52:05	8:00	18	14:12	78	17:38	109.70	13:41:34	7:29	19	3:31:33	98	4:58:26
VP19 - Lichtenra	5.70	58:45	10:18	30	19:20	147	24:35	115.40	14:40:19	7:37	20	3:50:53	100	5:21:14
VP20 - Kirchhain	4.37	37:44	8:38	28	13:56	119	18:54	119.77	15:18:03	7:39	20	4:04:49	99	5:40:08
VP21 - Buckow	6.43	55:25	8:37	21	18:58	99	21:49	126.20	16:13:28	7:42	19	4:23:47	97	6:01:57
VP22 - Rudow	4.90	45:59	9:23	23	15:56	102	20:00	131.10	16:59:27	7:46	19	4:39:43	94	6:21:57
VP23 - Johannistl	5.90	51:25	8:42	12	16:03	63	19:50	137.00	17:50:52	7:48	19	4:55:46	94	6:41:47
VP24 - Dammwe	5.70	56:52	9:58	25	21:54	111	25:41	142.70	18:47:44	7:54	19	5:17:40	93	7:06:59
VP25 - East Side	5.80	1:19:00	13:37	40	39:22	180	42:03	148.50	20:06:44	8:07	21	5:57:02	100	7:46:31
VP26 - Checkpoir	5.28	1:10:00	13:15	48	45:08	216	48:27	153.78	21:16:44	8:18	25	6:42:10	114	8:32:28
VP27 - Gedenkst.	3.32	56:24	16:59	42	29:54	189	31:47	157.10	22:13:08	8:29	25	7:12:04	117	9:02:05
Friedrich-Ludwig	4.60	55:51	12:08	43	28:06	175	31:39	161.70	23:08:59	8:35	26	7:36:03	118	9:29:03