



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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BURSTON, Nicola

□□: Phoenix Striders

□□: 178

□□: 161.70 km

100MeilenBerlin

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 27:03:09

□□: 5.95 km/h

□□□□: 10:02 min/km

□□□□□/□□□□: 292 (of 459)

□□□□□/□: 35 (of 72)

□□□□□□: 17:20:20

□□□□□: 8(of 18)

□□□□□□□: 20:27:00

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Wilhelmsru	6.94	56:27	8:08	16	14:23	64	19:30	6.94	56:27	8:08	16	14:23	64	19:30
VP2 - Laufftreff Li	5.69	46:42	8:12	16	12:56	59	15:11	12.63	1:43:09	8:10	16	26:04	63	34:32
VP3 - Oranienbur	5.74	43:57	7:39	15	11:08	55	13:30	18.37	2:27:06	8:00	16	37:12	62	47:52
VP4 - Naturschut	4.70	40:58	8:42	13	9:02	50	12:42	23.07	3:08:04	8:09	16	46:14	60	1:00:04
VP5 - Frohnau	6.80	53:27	7:51	11	11:52	50	16:50	29.87	4:01:31	8:05	15	55:10	58	1:16:00
VP6 - Ruderclub	4.06	42:34	10:29	14	16:59	56	19:49	33.93	4:44:05	8:22	15	1:12:09	56	1:35:39
VP7 - Grenzturm	4.75	-	-	16		65		38.68	4:44:05	7:20	7	39:26	31	1:09:31
VP8 - Schönwald	7.52	1:46:39	14:10	16	59:05	65	1:04:18	46.20	6:30:44	8:27	14	1:33:03	55	2:13:49
VP9 - Falkenseer	5.76	49:02	8:30	8	8:48	34	14:36	51.96	7:19:46	8:27	14	1:39:18	54	2:27:35
VP10 - Karolinenl	6.54	58:02	8:52	8	12:11	38	18:41	58.50	8:17:48	8:30	13	1:51:23	51	2:45:14
VP11 - Pagel & Fi	4.90	43:19	8:50	7	7:27	38	13:00	63.40	9:01:07	8:32	13	1:58:21	51	2:58:14
VP12 - Schloss S	7.62	1:33:01	12:12	15	36:44	59	47:22	71.02	10:34:08	8:55	13	2:34:03	51	3:45:36
VP13 - Revierförs	6.21	55:32	8:56	8	12:32	36	16:26	77.23	11:29:40	8:55	13	2:46:35	50	4:01:40
VP14 - Brauhaus	6.00	51:52	8:38	7	11:27	35	16:07	83.23	12:21:32	8:54	13	2:58:02	49	4:14:18
VP15 - Gedenkst.	6.90	1:00:35	8:46	8	10:32	30	19:20	90.13	13:22:07	8:53	11	3:08:34	44	4:25:42
VP16 - Königswe	6.87	1:05:55	9:35	7	17:10	27	18:46	97.00	14:28:02	8:56	11	3:25:44	43	4:42:53
VP17 - Sportplatz	6.20	1:30:50	14:39	12	28:00	45	45:57	103.20	15:58:52	9:17	10	3:51:40	42	5:21:49
VP18 - Osdorfer	6.50	1:10:38	10:52	9	23:33	32	28:55	109.70	17:09:30	9:23	10	4:15:13	42	5:50:44
VP19 - Lichtenrav	5.70	1:01:05	10:42	7	13:36	27	19:44	115.40	18:10:35	9:27	9	4:28:49	41	6:09:12
VP20 - Kirchhain	4.37	41:53	9:35	4	8:36	21	15:08	119.77	18:52:28	9:27	9	4:37:25	41	6:24:20
VP21 - Buckow	6.43	1:09:47	10:51	8	18:10	29	28:06	126.20	20:02:15	9:31	9	4:55:06	39	6:52:26
VP22 - Rudow	4.90	59:36	12:09	9	15:56	34	26:36	131.10	21:01:51	9:37	9	5:08:00	38	7:19:02
VP23 - Johannistl	5.90	1:05:03	11:01	6	10:15	28	25:52	137.00	22:06:54	9:41	8	5:16:47	35	7:44:54
VP24 - Dammwe	5.70	1:12:39	12:44	11	22:10	42	31:47	142.70	23:19:33	9:48	8	5:38:57	35	8:15:31
VP25 - East Side	5.80	1:14:59	12:55	9	18:15	37	30:09	148.50	24:34:32	9:55	8	5:57:12	35	8:42:22
VP26 - Checkpoir	5.28	47:52	9:03	5	10:34	31	17:39	153.78	25:22:24	9:53	8	6:07:46	35	9:00:01
VP27 - Gedenkst.	3.32	51:33	15:31	6	15:26	30	24:15	157.10	26:13:57	10:01	8	6:23:12	35	9:24:16
Friedrich-Ludwig	4.60	49:12	10:41	6	12:57	26	49:12	161.70	27:03:09	10:02	8	6:36:09	36	9:42:49