



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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GRIEGER, Katrin

□□□: 17:20:20

□□: Legion of Pain

□□: 9.29 km/h

□□: 195

□□□□: 6:26 min/km

□□: 161.70 km

□□□□□/□□□: 63 (of 459)

100MeilenBerlin

□□□□□/□: 1 (of 72)

□□□□□□: 17:20:20

□□□□:

□□□□□: 1(of 14)

Seniorinnen W40 (40-44 Jahre)

□□□□□□□: 17:20:20

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| □□□                 | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□    | □□□      | □□□  | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|---------------------|----------|----------|--------------|---------|---------|---------|---------|--------|----------|------|---------|---------|---------|---------|
| VP1 - Wilhelmsru    | 6.94     | 36:57    | 5:19         | 1       | -       | 1       | -       | 6.94   | 36:57    | 5:19 | 1       | -       | 1       | -       |
| VP2 - Laufftreff Li | 5.69     | 31:40    | 5:33         | 1       | -       | 2       | 0:09    | 12.63  | 1:08:37  | 5:25 | 1       | -       | 1       | -       |
| VP3 - Oranienbur    | 5.74     | 30:37    | 5:20         | 1       | -       | 2       | 0:10    | 18.37  | 1:39:14  | 5:24 | 1       | -       | 1       | -       |
| VP4 - Naturschut    | 4.70     | 28:46    | 6:07         | 1       | -       | 2       | 0:30    | 23.07  | 2:08:00  | 5:32 | 1       | -       | 1       | -       |
| VP5 - Frohnau       | 6.80     | 37:31    | 5:31         | 1       | -       | 3       | 0:54    | 29.87  | 2:45:31  | 5:32 | 1       | -       | 1       | -       |
| VP6 - Ruderclub     | 4.06     | 23:54    | 5:53         | 1       | -       | 3       | 1:09    | 33.93  | 3:09:25  | 5:34 | 1       | -       | 2       | 0:59    |
| VP7 - Grenzturm     | 4.75     | 29:34    | 6:13         | 1       | -       | 4       | 3:26    | 38.68  | 3:38:59  | 5:39 | 1       | -       | 2       | 4:25    |
| VP8 - Schönwald     | 7.52     | 44:47    | 5:57         | 1       | -       | 3       | 2:26    | 46.20  | 4:23:46  | 5:42 | 1       | -       | 2       | 6:51    |
| VP9 - Falkenseer    | 5.76     | 36:40    | 6:21         | 1       | -       | 3       | 2:14    | 51.96  | 5:00:26  | 5:46 | 1       | -       | 3       | 8:15    |
| VP10 - Karolinenl   | 6.54     | 39:52    | 6:05         | 1       | -       | 2       | 0:31    | 58.50  | 5:40:18  | 5:49 | 1       | -       | 3       | 7:44    |
| VP11 - Pagel & Fi   | 4.90     | 30:50    | 6:17         | 1       | -       | 2       | 0:31    | 63.40  | 6:11:08  | 5:51 | 1       | -       | 3       | 8:15    |
| VP12 - Schloss S    | 7.62     | 49:32    | 6:30         | 1       | -       | 3       | 3:53    | 71.02  | 7:00:40  | 5:55 | 1       | -       | 3       | 12:08   |
| VP13 - Revierförs   | 6.21     | 39:06    | 6:17         | 1       | -       | 1       | -       | 77.23  | 7:39:46  | 5:57 | 1       | -       | 3       | 11:46   |
| VP14 - Brauhaus     | 6.00     | 35:45    | 5:57         | 1       | -       | 1       | -       | 83.23  | 8:15:31  | 5:57 | 1       | -       | 3       | 8:17    |
| VP15 - Gedenkst.    | 6.90     | 42:29    | 6:09         | 1       | -       | 2       | 1:14    | 90.13  | 8:58:00  | 5:58 | 1       | -       | 2       | 1:35    |
| VP16 - Königswe     | 6.87     | 47:09    | 6:51         | 1       | -       | 1       | -       | 97.00  | 9:45:09  | 6:01 | 1       | -       | 1       | -       |
| VP17 - Sportplatz   | 6.20     | 51:54    | 8:22         | 2       | 5:56    | 4       | 7:01    | 103.20 | 10:37:03 | 6:10 | 1       | -       | 1       | -       |
| VP18 - Osdorfer     | 6.50     | 41:43    | 6:25         | 1       | -       | 1       | -       | 109.70 | 11:18:46 | 6:11 | 1       | -       | 1       | -       |
| VP19 - Lichtenrav   | 5.70     | 42:37    | 7:28         | 1       | -       | 3       | 1:16    | 115.40 | 12:01:23 | 6:15 | 1       | -       | 1       | -       |
| VP20 - Kirchhain    | 4.37     | 26:45    | 6:07         | 1       | -       | 1       | -       | 119.77 | 12:28:08 | 6:14 | 1       | -       | 1       | -       |
| VP21 - Buckow       | 6.43     | 41:41    | 6:28         | 1       | -       | 1       | -       | 126.20 | 13:09:49 | 6:15 | 1       | -       | 1       | -       |
| VP22 - Rudow        | 4.90     | 33:00    | 6:44         | 1       | -       | 1       | -       | 131.10 | 13:42:49 | 6:16 | 1       | -       | 1       | -       |
| VP23 - Johannistl   | 5.90     | 39:11    | 6:38         | 1       | -       | 1       | -       | 137.00 | 14:22:00 | 6:17 | 1       | -       | 1       | -       |
| VP24 - Dammwe       | 5.70     | 42:02    | 7:22         | 2       | 1:10    | 2       | 1:10    | 142.70 | 15:04:02 | 6:20 | 1       | -       | 1       | -       |
| VP25 - East Side    | 5.80     | 48:08    | 8:17         | 2       | 1:37    | 3       | 3:18    | 148.50 | 15:52:10 | 6:24 | 1       | -       | 1       | -       |
| VP26 - Checkpoir    | 5.28     | 30:13    | 5:43         | 1       | -       | 1       | -       | 153.78 | 16:22:23 | 6:23 | 1       | -       | 1       | -       |
| VP27 - Gedenkst.    | 3.32     | 27:18    | 8:13         | 1       | -       | 1       | -       | 157.10 | 16:49:41 | 6:25 | 1       | -       | 1       | -       |
| Friedrich-Ludwig    | 4.60     | 30:39    | 6:39         | 1       | -       | 2       | 30:39   | 161.70 | 17:20:20 | 6:26 | 1       | -       | 1       | -       |