



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

0000

HÖSL, Patrick

00: LG Ultralauf

00: 2

00: 161.70 km

100MeilenBerlin

0000:

Senioren M40 (40-44 Jahre)

000: 14:40:41

00: 10.97 km/h

0000: 5:27 min/km

00000/0000: 17 (of 459)

00000/0: 3 (of 302)

000000: 13:39:56

00000: 2(of 36)

0000000: 14:37:35

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
VP1 - Wilhelmsru	6.94	37:08	5:21	5	3:46	25	6:07	6.94	37:08	5:21	5	3:46	25	6:07
VP2 - Laufftreff Li	5.69	30:46	5:24	5	4:02	20	6:41	12.63	1:07:54	5:22	5	7:48	21	12:48
VP3 - Oranienbur	5.74	29:39	5:09	6	4:28	26	5:33	18.37	1:37:33	5:18	5	12:16	22	18:21
VP4 - Naturschut	4.70	26:08	5:33	5	2:14	16	3:42	23.07	2:03:41	5:21	5	14:30	19	22:03
VP5 - Frohnau	6.80	34:04	5:00	5	1:27	12	5:09	29.87	2:37:45	5:16	5	15:57	19	27:12
VP6 - Ruderclub	4.06	21:47	5:21	6	1:24	14	3:40	33.93	2:59:32	5:17	5	17:21	17	30:49
VP7 - Grenzturm	4.75	25:04	5:16	5	0:48	13	3:21	38.68	3:24:36	5:17	5	17:50	17	34:10
VP8 - Schönwald	7.52	41:17	5:29	6	2:13	18	5:27	46.20	4:05:53	5:19	5	18:19	16	39:13
VP9 - Falkenseer	5.76	31:37	5:29	4	0:59	11	3:17	51.96	4:37:30	5:20	5	14:56	17	42:02
VP10 - Karolinenl	6.54	37:00	5:39	3	1:27	15	4:48	58.50	5:14:30	5:22	5	14:49	16	46:50
VP11 - Pagel & Fi	4.90	27:00	5:30	4	1:31	12	3:57	63.40	5:41:30	5:23	5	15:26	15	50:47
VP12 - Schloss S	7.62	40:19	5:17	1	-	3	3:26	71.02	6:21:49	5:22	5	13:41	14	54:13
VP13 - Revierförs	6.21	33:42	5:25	3	2:09	6	4:52	77.23	6:55:31	5:22	4	12:22	12	59:05
VP14 - Brauhaus	6.00	31:50	5:18	3	1:00	7	3:17	83.23	7:27:21	5:22	4	13:08	11	1:02:22
VP15 - Gedenkst.	6.90	35:46	5:11	3	1:33	5	2:51	90.13	8:03:07	5:21	4	14:15	9	1:05:13
VP16 - Königswe	6.87	38:04	5:32	1	-	2	3:19	97.00	8:41:11	5:22	3	13:05	7	1:08:32
VP17 - Sportplatz	6.20	34:00	5:29	1	-	2	0:15	103.20	9:15:11	5:22	3	12:59	7	1:08:47
VP18 - Osdorfer	6.50	35:00	5:23	2	0:20	3	0:33	109.70	9:50:11	5:22	3	13:19	7	1:07:03
VP19 - Lichtenra	5.70	35:32	6:14	2	1:14	3	1:22	115.40	10:25:43	5:25	2	14:33	5	1:06:38
VP20 - Kirchhain	4.37	21:37	4:56	2	1:02	3	2:47	119.77	10:47:20	5:24	2	15:35	5	1:09:25
VP21 - Buckow	6.43	34:02	5:17	1	-	2	0:26	126.20	11:21:22	5:23	2	15:02	5	1:09:51
VP22 - Rudow	4.90	27:17	5:34	1	-	3	1:18	131.10	11:48:39	5:24	2	13:25	4	1:11:09
VP23 - Johannistl	5.90	31:53	5:24	1	-	2	0:18	137.00	12:20:32	5:24	2	10:41	4	1:11:27
VP24 - Dammwe	5.70	32:03	5:37	1	-	3	0:52	142.70	12:52:35	5:24	2	9:52	4	1:11:50
VP25 - East Side	5.80	37:31	6:28	2	0:34	2	0:34	148.50	13:30:06	5:27	2	10:26	3	1:09:53
VP26 - Checkpoir	5.28	21:33	4:04	1	-	1	-	153.78	13:51:39	5:24	2	7:30	3	1:07:23
VP27 - Gedenkst.	3.32	24:50	7:28	1	-	2	0:13	157.10	14:16:29	5:27	2	4:23	3	1:05:26
Friedrich-Ludwig	4.60	24:12	5:15	1	-	1	-	161.70	14:40:41	5:26	2	3:06	3	1:00:45