



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

□□□□

GREN, Susanne

□□□: 28:27:15

□□: (ohne)

□□: 5.68 km/h

□□: 21

□□□□: 10:33 min/km

□□: 161.70 km

□□□□□/□□□: 315 (of 459)

100MeilenBerlin

□□□□□/□: 41 (of 72)

□□□□□□: 17:20:20

□□□□:

□□□□□: 10(of 18)

Seniorinnen W50 (50-54 Jahre)

□□□□□□□: 20:27:00

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	48:06	6:55	6	6:02	31	11:09	6.94	48:06	6:55	6	6:02	31	11:09	
VP2 - Laufftreff Li	5.69	41:32	7:17	9	7:46	37	10:01	12.63	1:29:38	7:05	7	12:33	31	21:01	
VP3 - Oranienbur	5.74	42:48	7:27	11	9:59	51	12:21	18.37	2:12:26	7:12	9	22:32	43	33:12	
VP4 - Naturschut	4.70	36:19	7:43	6	4:23	26	8:03	23.07	2:48:45	7:18	8	26:55	36	40:45	
VP5 - Frohnau	6.80	48:30	7:07	7	6:55	33	11:53	29.87	3:37:15	7:16	8	30:54	35	51:44	
VP6 - Ruderclub	4.06	45:17	11:09	15	19:42	61	22:32	33.93	4:22:32	7:44	9	50:36	42	1:14:06	
VP7 - Grenzturm	4.75	36:42	7:43	9	4:45	35	10:34	38.68	4:59:14	7:44	11	54:35	43	1:24:40	
VP8 - Schönwald	7.52	57:01	7:34	7	9:27	35	14:40	46.20	5:56:15	7:42	10	58:34	41	1:39:20	
VP9 - Falkenseer	5.76	47:17	8:12	6	7:03	28	12:51	51.96	6:43:32	7:45	9	1:03:04	38	1:51:21	
VP10 - Karolinenl	6.54	57:12	8:44	7	11:21	35	17:51	58.50	7:40:44	7:52	7	1:14:19	36	2:08:10	
VP11 - Pagel & Fi	4.90	44:55	9:09	9	9:03	43	14:36	63.40	8:25:39	7:58	7	1:22:53	36	2:22:46	
VP12 - Schloss S	7.62	1:30:53	11:55	14	34:36	57	45:14	71.02	9:56:32	8:23	8	1:56:27	41	3:08:00	
VP13 - Revierförs	6.21	52:42	8:29	7	9:42	28	13:36	77.23	10:49:14	8:24	8	2:06:09	39	3:21:14	
VP14 - Brauhaus	6.00	53:33	8:55	9	13:08	39	17:48	83.23	11:42:47	8:26	8	2:19:17	39	3:35:33	
VP15 - Gedenkst.	6.90	59:42	8:39	7	9:39	29	18:27	90.13	12:42:29	8:27	8	2:28:56	38	3:46:04	
VP16 - Königswe	6.87	1:08:49	10:01	8	20:04	33	21:40	97.00	13:51:18	8:34	8	2:49:00	36	4:06:09	
VP17 - Sportplatz	6.20	1:28:11	14:13	11	25:21	44	43:18	103.20	15:19:29	8:54	8	3:12:17	38	4:42:26	
VP18 - Osdorfer	6.50	1:04:30	9:55	7	17:25	26	22:47	109.70	16:23:59	8:58	8	3:29:42	36	5:05:13	
VP19 - Lichtenra	5.70	1:16:28	13:24	10	28:59	46	35:07	115.40	17:40:27	9:11	8	3:58:41	36	5:39:04	
VP20 - Kirchhain	4.37	46:10	10:33	8	12:53	33	19:25	119.77	18:26:37	9:14	8	4:11:34	36	5:58:29	
VP21 - Buckow	6.43	1:20:27	12:30	9	28:50	38	38:46	126.20	19:47:04	9:24	8	4:39:55	36	6:37:15	
VP22 - Rudow	4.90	1:09:26	14:10	13	25:46	52	36:26	131.10	20:56:30	9:35	8	5:02:39	35	7:13:41	
VP23 - Johannistl	5.90	1:33:47	15:53	14	38:59	51	54:36	137.00	22:30:17	9:51	9	5:40:10	39	8:08:17	
VP24 - Dammwe	5.70	1:24:59	14:54	13	34:30	50	44:07	142.70	23:55:16	10:03	9	6:14:40	39	8:51:14	
VP25 - East Side	5.80	1:09:12	11:55	4	12:28	22	24:22	148.50	25:04:28	10:07	9	6:27:08	38	9:12:18	
VP26 - Checkpoir	5.28	1:09:23	13:08	14	32:05	52	39:10	153.78	26:13:51	10:14	9	6:59:13	39	9:51:28	
VP27 - Gedenkst.	3.32	1:00:50	18:19	14	24:43	45	33:32	157.10	27:14:41	10:24	9	7:23:56	38	10:25:00	
Friedrich-Ludwig	4.60	1:12:34	15:46	14	36:19	53	1:12:34	161.70	28:27:15	10:33	10	8:00:15	42	11:06:55	