



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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**PORSTNER, Thomas**

□□□: 28:18:49

□□: LG Ultralauf

□□: 5.69 km/h

□□: 214

□□□□: 10:30 min/km

□□: 161.70 km

□□□□□/□□□□: 311 (of 459)

100MeilenBerlin

□□□□□/□: 194 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 46(of 58)

Senioren M50 (50-54 Jahre)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	47:10	6:47	34	13:44	159	16:09	6.94	47:10	6:47	34	13:44	159	16:09
VP2 - Laufftreff Li	5.69	40:23	7:05	37	12:42	178	16:18	12.63	1:27:33	6:55	36	26:26	169	32:27
VP3 - Oranienbur	5.74	39:04	6:48	40	11:55	193	14:58	18.37	2:06:37	6:53	36	38:21	176	47:25
VP4 - Naturschut	4.70	37:39	8:00	41	12:17	199	15:13	23.07	2:44:16	7:07	36	50:38	183	1:02:38
VP5 - Frohnau	6.80	49:11	7:13	42	15:23	203	20:16	29.87	3:33:27	7:08	36	1:06:01	186	1:22:54
VP6 - Ruderclub	4.06	36:01	8:52	38	14:37	193	17:54	33.93	4:09:28	7:21	37	1:19:54	188	1:40:45
VP7 - Grenzturm	4.75	39:12	8:15	49	15:04	225	17:29	38.68	4:48:40	7:27	38	1:34:39	195	1:58:14
VP8 - Schönwald	7.52	1:04:15	8:32	51	25:04	239	28:25	46.20	5:52:55	7:38	43	1:55:53	209	2:26:15
VP9 - Falkenseer	5.76	55:12	9:35	50	23:49	234	26:52	51.96	6:48:07	7:51	47	2:19:30	215	2:52:39
VP10 - Karolinenl	6.54	1:04:14	9:49	51	29:33	240	32:02	58.50	7:52:21	8:04	47	2:46:41	216	3:24:41
VP11 - Pagel & Fi	4.90	51:48	10:34	50	24:52	240	28:45	63.40	8:44:09	8:16	48	3:09:35	224	3:53:26
VP12 - Schloss S	7.62	1:30:36	11:53	50	49:33	240	53:43	71.02	10:14:45	8:39	50	3:56:20	232	4:47:09
VP13 - Revierförs	6.21	1:02:51	10:07	50	27:35	234	34:01	77.23	11:17:36	8:46	50	4:23:37	233	5:21:10
VP14 - Brauhaus	6.00	57:40	9:36	49	25:20	219	29:07	83.23	12:15:16	8:50	50	4:44:22	229	5:50:17
VP15 - Gedenkst.	6.90	1:06:22	9:37	46	28:04	214	33:27	90.13	13:21:38	8:53	50	5:12:03	225	6:23:44
VP16 - Königswe	6.87	1:25:52	12:29	49	42:25	225	51:07	97.00	14:47:30	9:08	50	5:53:13	223	7:14:51
VP17 - Sportplatz	6.20	1:15:45	12:13	33	37:54	153	42:00	103.20	16:03:15	9:20	49	6:31:07	216	7:56:51
VP18 - Osdorfer	6.50	1:21:33	12:32	47	43:40	213	47:06	109.70	17:24:48	9:31	49	7:14:47	215	8:41:40
VP19 - Lichtenra	5.70	1:12:02	12:38	43	32:37	204	37:52	115.40	18:36:50	9:40	47	7:47:24	210	9:17:45
VP20 - Kirchhain	4.37	46:37	10:40	40	22:49	180	27:47	119.77	19:23:27	9:42	47	8:10:13	209	9:45:32
VP21 - Buckow	6.43	1:25:31	13:17	48	49:04	212	51:55	126.20	20:48:58	9:53	46	8:59:17	206	10:37:27
VP22 - Rudow	4.90	1:03:53	13:02	48	33:50	196	37:54	131.10	21:52:51	10:00	46	9:33:07	204	11:15:21
VP23 - Johannistl	5.90	1:16:42	13:00	46	41:20	187	45:07	137.00	23:09:33	10:08	45	10:14:27	200	12:00:28
VP24 - Dammwe	5.70	1:13:28	12:53	46	38:30	192	42:17	142.70	24:23:01	10:15	46	10:52:57	197	12:42:16
VP25 - East Side	5.80	1:19:01	13:37	41	39:23	181	42:04	148.50	25:42:02	10:23	47	11:32:20	199	13:21:49
VP26 - Checkpoir	5.28	51:05	9:40	41	26:13	180	29:32	153.78	26:33:07	10:21	46	11:58:33	196	13:48:51
VP27 - Gedenkst.	3.32	53:38	16:09	38	27:08	170	29:01	157.10	27:26:45	10:28	46	12:25:41	195	14:15:42
Friedrich-Ludwig	4.60	52:04	11:19	38	24:19	160	27:52	161.70	28:18:49	10:30	46	12:45:53	194	14:38:53