



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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**KÜNKEL, Norbert**

□□: LG Ultralauf

□□: 215

□□: 161.70 km

100MeilenBerlin

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Senioren M55 (55-59 Jahre)

□□□: 29:33:01

□□: 5.47 km/h

□□□□: 10:58 min/km

□□□□□/□□□□: 342 (of 459)

□□□□□/□: 214 (of 302)

□□□□□□: 13:39:56

□□□□□: 26(of 46)

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Wilhelmsru	6.94	49:24	7:07	23	18:23	207	18:23	6.94	49:24	7:07	23	18:23	207	18:23
VP2 - Laufftreff Li	5.69	41:22	7:16	23	17:17	203	17:17	12.63	1:30:46	7:11	23	35:40	202	35:40
VP3 - Oranienbur	5.74	44:23	7:43	38	20:17	259	20:17	18.37	2:15:09	7:21	29	55:57	229	55:57
VP4 - Naturschut	4.70	41:50	8:54	34	19:24	247	19:24	23.07	2:56:59	7:40	29	1:15:21	232	1:15:21
VP5 - Frohnau	6.80	49:38	7:17	26	20:43	210	20:43	29.87	3:46:37	7:35	27	1:36:04	226	1:36:04
VP6 - Ruderclub	4.06	43:12	10:38	33	25:02	248	25:05	33.93	4:29:49	7:57	31	2:01:06	236	2:01:06
VP7 - Grenzturm	4.75	36:58	7:46	27	15:15	194	15:15	38.68	5:06:47	7:55	29	2:16:21	230	2:16:21
VP8 - Schönwald	7.52	1:02:33	8:19	29	26:19	228	26:43	46.20	6:09:20	7:59	29	2:42:40	236	2:42:40
VP9 - Falkenseer	5.76	54:42	9:29	28	25:54	231	26:22	51.96	7:04:02	8:09	29	3:08:34	232	3:08:34
VP10 - Karolinenl	6.54	53:58	8:15	20	21:46	168	21:46	58.50	7:58:00	8:10	28	3:30:20	226	3:30:20
VP11 - Pagel & Fi	4.90	44:25	9:03	23	21:22	192	21:22	63.40	8:42:25	8:14	27	3:51:42	222	3:51:42
VP12 - Schloss S	7.62	1:15:01	9:50	21	38:08	191	38:08	71.02	9:57:26	8:24	26	4:29:50	212	4:29:50
VP13 - Revierförs	6.21	1:13:56	11:54	33	45:06	256	45:06	77.23	11:11:22	8:41	29	5:14:56	228	5:14:56
VP14 - Brauhaus	6.00	1:02:46	10:27	30	34:13	241	34:13	83.23	12:14:08	8:49	28	5:49:09	227	5:49:09
VP15 - Gedenkst.	6.90	1:14:34	10:48	31	41:39	242	41:39	90.13	13:28:42	8:58	28	6:30:48	228	6:30:48
VP16 - Königswe	6.87	1:25:53	12:30	25	51:08	226	51:08	97.00	14:54:35	9:13	28	7:21:56	228	7:21:56
VP17 - Sportplatz	6.20	1:22:43	13:20	25	48:58	182	48:58	103.20	16:17:18	9:28	28	8:10:54	219	8:10:54
VP18 - Osdorfer	6.50	1:35:30	14:41	27	58:46	222	1:01:03	109.70	17:52:48	9:46	27	9:09:40	226	9:09:40
VP19 - Lichtenra	5.70	1:24:33	14:49	30	48:36	234	50:23	115.40	19:17:21	10:01	27	9:58:16	226	9:58:16
VP20 - Kirchhain	4.37	58:35	13:24	25	39:45	221	39:45	119.77	20:15:56	10:09	27	10:38:01	223	10:38:01
VP21 - Buckow	6.43	1:26:46	13:29	27	53:10	215	53:10	126.20	21:42:42	10:19	25	11:31:11	218	11:31:11
VP22 - Rudow	4.90	1:17:32	15:49	28	51:33	219	51:33	131.10	23:00:14	10:31	25	12:22:44	218	12:22:44
VP23 - Johannistl	5.90	1:31:03	15:25	27	59:28	211	59:28	137.00	24:31:17	10:44	26	13:22:12	217	13:22:12
VP24 - Dammwe	5.70	1:06:08	11:36	19	34:28	163	34:57	142.70	25:37:25	10:46	26	13:56:40	213	13:56:40
VP25 - East Side	5.80	1:15:32	13:01	22	36:04	165	38:35	148.50	26:52:57	10:51	26	14:32:44	213	14:32:44
VP26 - Checkpoir	5.28	42:15	8:00	14	18:12	107	20:42	153.78	27:35:12	10:45	25	14:50:56	211	14:50:56
VP27 - Gedenkst.	3.32	55:19	16:39	23	28:32	185	30:42	157.10	28:30:31	10:53	26	15:19:28	213	15:19:28
Friedrich-Ludwig	4.60	1:02:30	13:35	25	33:37	202	38:18	161.70	29:33:01	10:57	26	15:53:05	214	15:53:05