



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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HEYER, Hermann

000: 28:41:47

00: LG Mauerweg Berlin, 100MC

00: 5.61 km/h

00: 22

0000: 10:39 min/km

00: 161.70 km

00000/0000: 324 (of 459)

100MeilenBerlin

00000/0: 202 (of 302)

000000: 13:39:56

0000:

00000: 24(of 46)

Senioren M55 (55-59 Jahre)

0000000: 13:39:56

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
VP1 - Wilhelmsru	6.94	53:47	7:44	38	22:46	260	22:46	6.94	53:47	7:44	38	22:46	260	22:46
VP2 - Laufftreff Li	5.69	43:29	7:38	29	19:24	233	19:24	12.63	1:37:16	7:42	36	42:10	255	42:10
VP3 - Oranienbur	5.74	42:45	7:26	32	18:39	242	18:39	18.37	2:20:01	7:37	36	1:00:49	252	1:00:49
VP4 - Naturschut	4.70	39:18	8:21	27	16:52	218	16:52	23.07	2:59:19	7:46	31	1:17:41	243	1:17:41
VP5 - Frohnau	6.80	52:28	7:42	31	23:33	237	23:33	29.87	3:51:47	7:45	30	1:41:14	241	1:41:14
VP6 - Ruderclub	4.06	35:12	8:40	24	17:02	180	17:05	33.93	4:26:59	7:52	29	1:58:16	229	1:58:16
VP7 - Grenzturm	4.75	37:15	7:50	28	15:32	200	15:32	38.68	5:04:14	7:51	27	2:13:48	225	2:13:48
VP8 - Schönwald	7.52	1:03:26	8:26	30	27:12	234	27:36	46.20	6:07:40	7:57	28	2:41:00	229	2:41:00
VP9 - Falkenseer	5.76	51:06	8:52	25	22:18	198	22:46	51.96	6:58:46	8:03	27	3:03:18	228	3:03:18
VP10 - Karolinenl	6.54	58:40	8:58	26	26:28	209	26:28	58.50	7:57:26	8:09	27	3:29:46	225	3:29:46
VP11 - Pagel & Fi	4.90	45:09	9:12	24	22:06	205	22:06	63.40	8:42:35	8:14	28	3:51:52	223	3:51:52
VP12 - Schloss S	7.62	1:17:58	10:13	22	41:05	199	41:05	71.02	10:00:33	8:27	27	4:32:57	222	4:32:57
VP13 - Revierförs	6.21	1:00:19	9:42	24	31:29	219	31:29	77.23	11:00:52	8:33	26	5:04:26	219	5:04:26
VP14 - Brauhaus	6.00	57:24	9:33	25	28:51	218	28:51	83.23	11:58:16	8:37	26	5:33:17	218	5:33:17
VP15 - Gedenkst.	6.90	1:05:10	9:26	23	32:15	206	32:15	90.13	13:03:26	8:41	26	6:05:32	218	6:05:32
VP16 - Königswe	6.87	1:11:14	10:22	18	36:29	174	36:29	97.00	14:14:40	8:48	25	6:42:01	211	6:42:01
VP17 - Sportplatz	6.20	1:32:10	14:51	26	58:25	199	58:25	103.20	15:46:50	9:10	26	7:40:26	209	7:40:26
VP18 - Osdorfer	6.50	1:15:56	11:40	24	39:12	200	41:29	109.70	17:02:46	9:19	24	8:19:38	209	8:19:38
VP19 - Lichtenrav	5.70	1:10:11	12:18	24	34:14	196	36:01	115.40	18:12:57	9:28	24	8:53:52	203	8:53:52
VP20 - Kirchhain	4.37	46:20	10:36	20	27:30	179	27:30	119.77	18:59:17	9:30	23	9:21:22	199	9:21:22
VP21 - Buckow	6.43	1:19:24	12:20	22	45:48	197	45:48	126.20	20:18:41	9:39	22	10:07:10	197	10:07:10
VP22 - Rudow	4.90	1:06:57	13:39	26	40:58	211	40:58	131.10	21:25:38	9:48	22	10:48:08	196	10:48:08
VP23 - Johannistl	5.90	1:26:49	14:42	26	55:14	206	55:14	137.00	22:52:27	10:01	22	11:43:22	195	11:43:22
VP24 - Dammwe	5.70	1:18:56	13:50	25	47:16	203	47:45	142.70	24:11:23	10:10	21	12:30:38	192	12:30:38
VP25 - East Side	5.80	1:28:52	15:19	26	49:24	201	51:55	148.50	25:40:15	10:22	23	13:20:02	197	13:20:02
VP26 - Checkpoir	5.28	57:06	10:48	26	33:03	197	35:33	153.78	26:37:21	10:23	23	13:53:05	198	13:53:05
VP27 - Gedenkst.	3.32	58:38	17:39	27	31:51	197	34:01	157.10	27:35:59	10:32	23	14:24:56	199	14:24:56
Friedrich-Ludwig	4.60	1:05:48	14:18	27	36:55	208	41:36	161.70	28:41:47	10:38	24	15:01:51	202	15:01:51