



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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BAUER, Lutz

□□: SC Neukirchen

□□: 241

□□: 161.70 km

100MeilenBerlin

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 23:31:50

□□: 6.84 km/h

□□□□: 8:44 min/km

□□□□□/□□□□: 230 (of 459)

□□□□□/□: 138 (of 302)

□□□□□□: 13:39:56

□□□□□: 47(of 85)

□□□□□□□: 15:47:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	49:34	7:08	67	16:10	214	18:33	6.94	49:34	7:08	67	16:10	214	18:33	
VP2 - Laufftreff Li	5.69	41:16	7:15	64	14:01	201	17:11	12.63	1:30:50	7:11	65	30:11	203	35:44	
VP3 - Oranienbur	5.74	37:33	6:32	59	11:44	161	13:27	18.37	2:08:23	6:59	62	41:55	188	49:11	
VP4 - Naturschut	4.70	34:44	7:23	52	9:37	144	12:18	23.07	2:43:07	7:04	59	51:32	176	1:01:29	
VP5 - Frohnau	6.80	44:53	6:36	49	11:39	143	15:58	29.87	3:28:00	6:57	59	1:02:12	171	1:17:27	
VP6 - Ruderclub	4.06	29:43	7:19	36	8:14	110	11:36	33.93	3:57:43	7:00	56	1:10:26	157	1:29:00	
VP7 - Grenzturm	4.75	33:09	6:58	46	9:05	135	11:26	38.68	4:30:52	7:00	53	1:19:31	151	1:40:26	
VP8 - Schönwald	7.52	52:40	7:00	52	13:13	151	16:50	46.20	5:23:32	7:00	53	1:31:52	148	1:56:52	
VP9 - Falkenseer	5.76	43:19	7:31	37	10:55	110	14:59	51.96	6:06:51	7:03	50	1:42:42	146	2:11:23	
VP10 - Karolinenl	6.54	49:15	7:31	37	14:11	115	17:03	58.50	6:56:06	7:06	49	1:55:56	141	2:28:26	
VP11 - Pagel & Fi	4.90	37:55	7:44	42	10:01	120	14:52	63.40	7:34:01	7:09	49	2:05:57	140	2:43:18	
VP12 - Schloss S	7.62	1:03:05	8:16	37	19:34	111	26:12	71.02	8:37:06	7:16	44	2:22:06	132	3:09:30	
VP13 - Revierförs	6.21	57:22	9:14	66	21:37	202	28:32	77.23	9:34:28	7:26	45	2:41:28	136	3:38:02	
VP14 - Brauhaus	6.00	51:59	8:39	60	18:58	179	23:26	83.23	10:26:27	7:31	47	2:59:22	138	4:01:28	
VP15 - Gedenkst.	6.90	56:55	8:14	51	17:21	151	24:00	90.13	11:23:22	7:34	47	3:16:13	140	4:25:28	
VP16 - Königswe	6.87	1:05:26	9:31	47	23:47	143	30:41	97.00	12:28:48	7:43	48	3:36:18	140	4:56:09	
VP17 - Sportplatz	6.20	1:01:07	9:51	27	23:20	85	27:22	103.20	13:29:55	7:50	42	3:54:46	133	5:23:31	
VP18 - Osdorfer	6.50	1:01:50	9:30	45	24:01	146	27:23	109.70	14:31:45	7:56	45	4:13:41	135	5:48:37	
VP19 - Lichtenra	5.70	1:06:28	11:39	59	28:34	175	32:18	115.40	15:38:13	8:07	46	4:37:06	135	6:19:08	
VP20 - Kirchhain	4.37	45:29	10:24	57	23:38	175	26:39	119.77	16:23:42	8:12	47	4:59:35	142	6:45:47	
VP21 - Buckow	6.43	1:03:55	9:56	50	28:51	149	30:19	126.20	17:27:37	8:18	47	5:25:50	143	7:16:06	
VP22 - Rudow	4.90	45:27	9:16	35	15:14	93	19:28	131.10	18:13:04	8:20	47	5:41:04	142	7:35:34	
VP23 - Johannistl	5.90	56:39	9:36	33	21:37	100	25:04	137.00	19:09:43	8:23	46	6:02:41	141	8:00:38	
VP24 - Dammwe	5.70	59:17	10:24	39	25:01	125	28:06	142.70	20:09:00	8:28	46	6:27:42	137	8:28:15	
VP25 - East Side	5.80	1:08:16	11:46	39	27:45	124	31:19	148.50	21:17:16	8:36	45	6:55:27	136	8:57:03	
VP26 - Checkpoir	5.28	39:55	7:33	25	14:52	85	18:22	153.78	21:57:11	8:33	45	7:10:19	136	9:12:55	
VP27 - Gedenkst.	3.32	46:10	13:54	34	18:42	114	21:33	157.10	22:43:21	8:40	46	7:25:00	138	9:32:18	
Friedrich-Ludwig	4.60	48:29	10:32	40	19:00	136	24:17	161.70	23:31:50	8:43	47	7:43:56	138	9:51:54	