



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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FIETKAU, Mark

□□: LG Mauerweg Berlin e.V.

□□: 243

□□: 161.70 km

100MeilenBerlin

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Senioren M50 (50-54 Jahre)

□□□: 23:39:56

□□: 6.83 km/h

□□□□: 8:47 min/km

□□□□□/□□□□: 240 (of 459)

□□□□□/□: 145 (of 302)

□□□□□□: 13:39:56

□□□□□: 32(of 58)

□□□□□□□: 15:32:56

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Wilhelmsru	6.94	42:43	6:09	18	9:17	99	11:42	6.94	42:43	6:09	18	9:17	99	11:42
VP2 - Laufftreff Li	5.69	34:31	6:03	15	6:50	65	10:26	12.63	1:17:14	6:06	16	16:07	75	22:08
VP3 - Oranienbur	5.74	33:29	5:49	15	6:20	78	9:23	18.37	1:50:43	6:01	15	22:27	80	31:31
VP4 - Naturschut	4.70	31:37	6:43	15	6:15	86	9:11	23.07	2:22:20	6:10	15	28:42	80	40:42
VP5 - Frohnau	6.80	42:29	6:14	18	8:41	92	13:34	29.87	3:04:49	6:11	16	37:23	82	54:16
VP6 - Ruderclub	4.06	27:15	6:42	16	5:51	63	9:08	33.93	3:32:04	6:15	17	42:30	79	1:03:21
VP7 - Grenzturm	4.75	37:56	7:59	47	13:48	215	16:13	38.68	4:10:00	6:27	17	55:59	94	1:19:34
VP8 - Schönwald	7.52	52:56	7:02	34	13:45	157	17:06	46.20	5:02:56	6:33	20	1:05:54	102	1:36:16
VP9 - Falkenseer	5.76	45:54	7:58	30	14:31	141	17:34	51.96	5:48:50	6:42	20	1:20:13	101	1:53:22
VP10 - Karolinenl	6.54	47:04	7:11	18	12:23	90	14:52	58.50	6:35:54	6:46	19	1:30:14	102	2:08:14
VP11 - Pagel & Fi	4.90	34:43	7:05	17	7:47	76	11:40	63.40	7:10:37	6:47	19	1:36:03	100	2:19:54
VP12 - Schloss Si	7.62	1:06:08	8:40	31	25:05	129	29:15	71.02	8:16:45	6:59	19	1:58:20	103	2:49:09
VP13 - Revierförs	6.21	51:01	8:12	31	15:45	140	22:11	77.23	9:07:46	7:05	21	2:13:47	105	3:11:20
VP14 - Brauhaus	6.00	52:08	8:41	41	19:48	180	23:35	83.23	9:59:54	7:12	25	2:29:00	116	3:34:55
VP15 - Gedenkst.	6.90	1:01:03	8:50	39	22:45	183	28:08	90.13	11:00:57	7:19	28	2:51:22	122	4:03:03
VP16 - Königswe	6.87	1:05:41	9:33	31	22:14	147	30:56	97.00	12:06:38	7:29	28	3:12:21	120	4:33:59
VP17 - Sportplatz	6.20	1:17:36	12:30	36	39:45	161	43:51	103.20	13:24:14	7:47	30	3:52:06	130	5:17:50
VP18 - Osdorfer	6.50	1:33:13	14:20	49	55:20	221	58:46	109.70	14:57:27	8:10	34	4:47:26	153	6:14:19
VP19 - Lichtenra	5.70	53:34	9:23	18	14:09	99	19:24	115.40	15:51:01	8:14	31	5:01:35	149	6:31:56
VP20 - Kirchhain	4.37	39:34	9:03	32	15:46	137	20:44	119.77	16:30:35	8:16	31	5:17:21	149	6:52:40
VP21 - Buckow	6.43	1:09:52	10:51	38	33:25	172	36:16	126.20	17:40:27	8:24	30	5:50:46	147	7:28:56
VP22 - Rudow	4.90	50:21	10:16	29	20:18	139	24:22	131.10	18:30:48	8:28	30	6:11:04	147	7:53:18
VP23 - Johannistl	5.90	59:43	10:07	32	24:21	125	28:08	137.00	19:30:31	8:32	29	6:35:25	145	8:21:26
VP24 - Dammwe	5.70	58:13	10:12	26	23:15	121	27:02	142.70	20:28:44	8:36	29	6:58:40	144	8:47:59
VP25 - East Side	5.80	1:04:49	11:10	24	25:11	107	27:52	148.50	21:33:33	8:42	29	7:23:51	143	9:13:20
VP26 - Checkpoir	5.28	37:11	7:02	9	12:19	58	15:38	153.78	22:10:44	8:39	30	7:36:10	143	9:26:28
VP27 - Gedenkst.	3.32	45:08	13:35	23	18:38	103	20:31	157.10	22:55:52	8:45	31	7:54:48	145	9:44:49
Friedrich-Ludwig	4.60	44:04	9:34	21	16:19	97	19:52	161.70	23:39:56	8:46	32	8:07:00	145	10:00:00