



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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MÄDER, Gawan

□□□: 22:38:28

□□: (ohne)

□□: 7.11 km/h

□□: 245

□□□□: 8:24 min/km

□□: 161.70 km

□□□□□/□□□: 184 (of 459)

100MeilenBerlin

□□□□□/□: 102 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 17(of 36)

Senioren M40 (40-44 Jahre)

□□□□□□□: 14:37:35

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	49:59	7:12	30	16:37	222	18:58	6.94	49:59	7:12	30	16:37	222	18:58	
VP2 - Laufftreff Li	5.69	42:04	7:23	29	15:20	210	17:59	12.63	1:32:03	7:17	29	31:57	216	36:57	
VP3 - Oranienbur	5.74	39:11	6:49	25	14:00	195	15:05	18.37	2:11:14	7:08	29	45:57	203	52:02	
VP4 - Naturschut	4.70	37:34	7:59	29	13:40	197	15:08	23.07	2:48:48	7:19	29	59:37	203	1:07:10	
VP5 - Frohnau	6.80	47:00	6:54	24	14:23	173	18:05	29.87	3:35:48	7:13	28	1:14:00	199	1:25:15	
VP6 - Ruderclub	4.06	32:51	8:05	22	12:28	153	14:44	33.93	4:08:39	7:19	28	1:26:28	186	1:39:56	
VP7 - Grenzturm	4.75	32:54	6:55	21	8:38	132	11:11	38.68	4:41:33	7:16	25	1:34:47	179	1:51:07	
VP8 - Schönwald	7.52	52:43	7:00	22	13:39	153	16:53	46.20	5:34:16	7:14	24	1:46:42	169	2:07:36	
VP9 - Falkenseer	5.76	51:46	8:59	28	21:08	203	23:26	51.96	6:26:02	7:25	24	2:03:28	175	2:30:34	
VP10 - Karolinenl	6.54	49:22	7:32	19	13:49	118	17:10	58.50	7:15:24	7:26	24	2:15:43	166	2:47:44	
VP11 - Pagel & Fi	4.90	37:46	7:42	20	12:17	118	14:43	63.40	7:53:10	7:27	24	2:27:06	161	3:02:27	
VP12 - Schloss S	7.62	1:00:02	7:52	15	19:43	92	23:09	71.02	8:53:12	7:30	21	2:45:04	148	3:25:36	
VP13 - Revierförs	6.21	50:11	8:04	21	18:38	130	21:21	77.23	9:43:23	7:33	22	3:00:14	148	3:46:57	
VP14 - Brauhaus	6.00	44:15	7:22	19	13:25	93	15:42	83.23	10:27:38	7:32	20	3:13:25	140	4:02:39	
VP15 - Gedenkst.	6.90	49:56	7:14	17	15:43	86	17:01	90.13	11:17:34	7:31	20	3:28:42	134	4:19:40	
VP16 - Königswe	6.87	1:02:02	9:01	19	23:58	111	27:17	97.00	12:19:36	7:37	19	3:51:30	129	4:46:57	
VP17 - Sportplatz	6.20	53:32	8:38	13	19:32	53	19:47	103.20	13:13:08	7:41	19	4:10:56	120	5:06:44	
VP18 - Osdorfer	6.50	52:32	8:04	18	17:52	82	18:05	109.70	14:05:40	7:42	19	4:28:48	116	5:22:32	
VP19 - Lichtenra	5.70	54:25	9:32	18	20:07	105	20:15	115.40	15:00:05	7:47	19	4:48:55	115	5:41:00	
VP20 - Kirchhain	4.37	40:09	9:11	22	19:34	143	21:19	119.77	15:40:14	7:51	20	5:08:29	116	6:02:19	
VP21 - Buckow	6.43	57:23	8:55	20	23:21	114	23:47	126.20	16:37:37	7:54	19	5:31:17	113	6:26:06	
VP22 - Rudow	4.90	47:02	9:35	21	19:45	118	21:03	131.10	17:24:39	7:58	18	5:49:25	114	6:47:09	
VP23 - Johannistl	5.90	53:59	9:08	14	22:06	77	22:24	137.00	18:18:38	8:01	18	6:08:47	109	7:09:33	
VP24 - Dammwe	5.70	54:32	9:34	17	22:29	96	23:21	142.70	19:13:10	8:04	18	6:30:27	106	7:32:25	
VP25 - East Side	5.80	1:06:56	11:32	20	29:59	118	29:59	148.50	20:20:06	8:12	18	7:00:26	102	7:59:53	
VP26 - Checkpoir	5.28	44:58	8:30	21	23:25	140	23:25	153.78	21:05:04	8:13	17	7:20:55	102	8:20:48	
VP27 - Gedenkst.	3.32	42:45	12:52	13	17:55	81	18:08	157.10	21:47:49	8:19	17	7:35:43	102	8:36:46	
Friedrich-Ludwig	4.60	50:39	11:00	19	26:27	153	26:27	161.70	22:38:28	8:24	17	8:00:53	102	8:58:32	