



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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NIKOLAUS, Alfonse

□□: (ohne)

□□: 247

□□: 161.70 km
100MeilenBerlin

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Senioren M55 (55-59 Jahre)

□□□□□/□□□□: DNF (of 459)

□□□□□□/□: DNF (of 302)

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□□□□□□: DNF(of 46)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	53:24	7:41	37	22:23	258	22:23	6.94	53:24	7:41	37	22:23	258	22:23	
VP2 - Laufftreff Li	5.69	47:35	8:21	38	23:30	262	23:30	12.63	1:40:59	7:59	38	45:53	260	45:53	
VP3 - Oranienbur	5.74	44:19	7:43	37	20:13	258	20:13	18.37	2:25:18	7:54	38	1:06:06	260	1:06:06	
VP4 - Naturschut	4.70	40:48	8:40	30	18:22	238	18:22	23.07	3:06:06	8:04	38	1:24:28	260	1:24:28	
VP5 - Frohnau	6.80	59:48	8:47	38	30:53	265	30:53	29.87	4:05:54	8:13	38	1:55:21	263	1:55:21	
VP6 - Ruderclub	4.06	50:15	12:22	39	32:05	266	32:08	33.93	4:56:09	8:43	38	2:27:26	265	2:27:26	
VP7 - Grenzturm	4.75	54:19	11:26	37	32:36	266	32:36	38.68	5:50:28	9:03	37	3:00:02	267	3:00:02	
VP8 - Schönwald	7.52	1:07:27	8:58	34	31:13	254	31:37	46.20	6:57:55	9:02	36	3:31:15	265	3:31:15	
VP9 - Falkenseer	5.76	1:03:05	10:57	35	34:17	257	34:45	51.96	8:01:00	9:15	36	4:05:32	266	4:05:32	
VP10 - Karolinenl	6.54	1:14:22	11:22	34	42:10	256	42:10	58.50	9:15:22	9:29	36	4:47:42	264	4:47:42	
VP11 - Pagel & Fi	4.90	55:59	11:25	33	32:56	253	32:56	63.40	10:11:21	9:38	35	5:20:38	263	5:20:38	
VP12 - Schloss S	7.62	1:42:54	13:30	35	1:06:01	257	1:06:01	71.02	11:54:15	10:03	35	6:26:39	262	6:26:39	
VP13 - Revierförs	6.21	1:10:50	11:24	32	42:00	253	42:00	77.23	13:05:05	10:09	35	7:08:39	262	7:08:39	
VP14 - Brauhaus	6.00	1:13:59	12:19	34	45:26	257	45:26	83.23	14:19:04	10:19	34	7:54:05	259	7:54:05	
VP15 - Gedenkst.	6.90	1:25:54	12:26	34	52:59	256	52:59	90.13	15:44:58	10:29	34	8:47:04	257	8:47:04	
VP16 - Königswe	6.87	1:27:10	12:41	27	52:25	228	52:25	97.00	17:12:08	10:38	34	9:39:29	254	9:39:29	
VP17 - Sportplatz	6.20	1:07:02	10:48	11	33:17	115	33:17	103.20	18:19:10	10:39	34	10:12:46	251	10:12:46	
VP18 - Osdorfer !	6.50	2:03:24	18:59	31	1:26:40	234	1:28:57	109.70	20:22:34	11:08	31	11:39:26	238	11:39:26	
VP19 - Lichtenrav	5.70	1:33:02	16:19	33	57:05	242	58:52	115.40	21:55:36	11:24	33	12:36:31	245	12:36:31	
VP20 - Kirchhain	4.37	fehlt!	-	-	-	-	-	119.77	-	-	-	-	-	-	
VP21 - Buckow	6.43	fehlt!	-	-	-	-	-	126.20	-	-	-	-	-	-	
VP22 - Rudow	4.90	fehlt!	-	-	-	-	-	131.10	-	-	-	-	-	-	
VP23 - Johannistl	5.90	fehlt!	-	-	-	-	-	137.00	-	-	-	-	-	-	
VP24 - Dammwe	5.70	fehlt!	-	-	-	-	-	142.70	-	-	-	-	-	-	
VP25 - East Side	5.80	fehlt!	-	-	-	-	-	148.50	-	-	-	-	-	-	
VP26 - Checkpoir	5.28	fehlt!	-	-	-	-	-	153.78	-	-	-	-	-	-	
VP27 - Gedenkst.	3.32	fehlt!	-	-	-	-	-	157.10	-	-	-	-	-	-	
Friedrich-Ludwig	4.60	fehlt!	-	-	-	-	-	161.70	-	-	-	-	-	-	