



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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KLOSS, Henrik

□□□: 21:11:24

□□: LAV Hallensia

□□: 7.60 km/h

□□: 248

□□□□: 7:52 min/km

□□: 161.70 km

□□□□□/□□□: 146 (of 459)

100MeilenBerlin

□□□□□/□: 72 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 12(of 58)

Senioren M50 (50-54 Jahre)

□□□□□□□: 15:32:56

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	41:50	6:01	14	8:24	67	10:49	6.94	41:50	6:01	14	8:24	67	10:49
VP2 - Lauftreff Li	5.69	34:59	6:08	17	7:18	76	10:54	12.63	1:16:49	6:04	15	15:42	67	21:43
VP3 - Oranienbur	5.74	34:03	5:55	18	6:54	94	9:57	18.37	1:50:52	6:02	16	22:36	82	31:40
VP4 - Naturschut	4.70	32:00	6:48	17	6:38	96	9:34	23.07	2:22:52	6:11	16	29:14	82	41:14
VP5 - Frohnau	6.80	42:35	6:15	19	8:47	93	13:40	29.87	3:05:27	6:12	17	38:01	85	54:54
VP6 - Ruderclub	4.06	26:20	6:29	12	4:56	52	8:13	33.93	3:31:47	6:14	16	42:13	76	1:03:04
VP7 - Grenzturm	4.75	29:57	6:18	16	5:49	70	8:14	38.68	4:01:44	6:14	16	47:43	71	1:11:18
VP8 - Schönwald	7.52	46:29	6:10	10	7:18	57	10:39	46.20	4:48:13	6:14	16	51:11	68	1:21:33
VP9 - Falkenseer	5.76	40:00	6:56	15	8:37	70	11:40	51.96	5:28:13	6:19	16	59:36	69	1:32:45
VP10 - Karolinenl	6.54	44:31	6:48	13	9:50	58	12:19	58.50	6:12:44	6:22	15	1:07:04	64	1:45:04
VP11 - Pagel & Fi	4.90	36:51	7:31	22	9:55	107	13:48	63.40	6:49:35	6:27	16	1:15:01	68	1:58:52
VP12 - Schloss S	7.62	50:37	6:38	6	9:34	40	13:44	71.02	7:40:12	6:28	14	1:21:47	61	2:12:36
VP13 - Revierförs	6.21	41:49	6:44	6	6:33	38	12:59	77.23	8:22:01	6:30	13	1:28:02	61	2:25:35
VP14 - Brauhaus	6.00	38:06	6:21	5	5:46	33	9:33	83.23	9:00:07	6:29	12	1:29:13	56	2:35:08
VP15 - Gedenkst.	6.90	43:01	6:14	6	4:43	33	10:06	90.13	9:43:08	6:28	11	1:33:33	55	2:45:14
VP16 - Königswe	6.87	50:49	7:23	5	7:22	34	16:04	97.00	10:33:57	6:32	10	1:39:40	51	3:01:18
VP17 - Sportplatz	6.20	56:39	9:08	12	18:48	64	22:54	103.20	11:30:36	6:41	11	1:58:28	51	3:24:12
VP18 - Osdorfer	6.50	47:11	7:15	9	9:18	44	12:44	109.70	12:17:47	6:43	10	2:07:46	46	3:34:39
VP19 - Lichtenra	5.70	47:21	8:18	12	7:56	50	13:11	115.40	13:05:08	6:48	10	2:15:42	45	3:46:03
VP20 - Kirchhain	4.37	40:06	9:10	33	16:18	141	21:16	119.77	13:45:14	6:53	10	2:32:00	52	4:07:19
VP21 - Buckow	6.43	45:59	7:09	7	9:32	36	12:23	126.20	14:31:13	6:54	10	2:41:32	49	4:19:42
VP22 - Rudow	4.90	52:56	10:48	37	22:53	156	26:57	131.10	15:24:09	7:02	11	3:04:25	56	4:46:39
VP23 - Johannistl	5.90	1:04:40	10:57	35	29:18	147	33:05	137.00	16:28:49	7:13	11	3:33:43	59	5:19:44
VP24 - Dammwe	5.70	1:01:11	10:44	30	26:13	134	30:00	142.70	17:30:00	7:21	12	3:59:56	62	5:49:15
VP25 - East Side	5.80	1:12:06	12:25	33	32:28	145	35:09	148.50	18:42:06	7:33	12	4:32:24	66	6:21:53
VP26 - Checkpoir	5.28	47:19	8:57	37	22:27	158	25:46	153.78	19:29:25	7:36	12	4:54:51	66	6:45:09
VP27 - Gedenkst.	3.32	48:48	14:41	30	22:18	139	24:11	157.10	20:18:13	7:45	12	5:17:09	70	7:07:10
Friedrich-Ludwig	4.60	53:11	11:33	40	25:26	165	28:59	161.70	21:11:24	7:51	12	5:38:28	72	7:31:28