



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

□□□□

CIOCCHETTI, Massimo

□□□: 16:49:04

□□: (ohne)

□□: 9.61 km/h

□□: 267

□□□□: 6:14 min/km

□□: 161.70 km

□□□□□/□□□□: 53 (of 459)

100MeilenBerlin

□□□□□/□: 17 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 1(of 14)

Senioren M30 (30-34 Jahre)

□□□□□□□: 16:49:04

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	37:04	5:20	2	0:04	24	6:03	6.94	37:04	5:20	2	0:04	24	6:03	
VP2 - Laufftreff Li	5.69	30:16	5:19	1	-	17	6:11	12.63	1:07:20	5:19	1	-	18	12:14	
VP3 - Oranienbur	5.74	27:58	4:52	1	-	14	3:52	18.37	1:35:18	5:11	1	-	17	16:06	
VP4 - Naturschut	4.70	26:28	5:37	1	-	18	4:02	23.07	2:01:46	5:16	1	-	17	20:08	
VP5 - Frohnau	6.80	35:26	5:12	1	-	20	6:31	29.87	2:37:12	5:15	1	-	17	26:39	
VP6 - Ruderclub	4.06	22:52	5:37	1	-	21	4:45	33.93	3:00:04	5:18	1	-	19	31:21	
VP7 - Grenzturm	4.75	26:20	5:32	1	-	22	4:37	38.68	3:26:24	5:20	1	-	19	35:58	
VP8 - Schönwald	7.52	45:19	6:01	5	2:58	49	9:29	46.20	4:11:43	5:26	1	-	20	45:03	
VP9 - Falkenseer	5.76	32:07	5:34	1	-	13	3:47	51.96	4:43:50	5:27	1	-	20	48:22	
VP10 - Karolinenl	6.54	39:13	5:59	3	1:51	24	7:01	58.50	5:23:03	5:31	1	-	18	55:23	
VP11 - Pagel & Fi	4.90	26:57	5:29	1	-	11	3:54	63.40	5:50:00	5:31	1	-	18	59:17	
VP12 - Schloss S	7.62	45:03	5:54	1	-	16	8:10	71.02	6:35:03	5:33	1	-	18	1:07:27	
VP13 - Revierförs	6.21	37:36	6:03	2	0:34	22	8:46	77.23	7:12:39	5:36	1	-	19	1:16:13	
VP14 - Brauhaus	6.00	33:46	5:37	1	-	17	5:13	83.23	7:46:25	5:36	1	-	19	1:21:26	
VP15 - Gedenkst.	6.90	38:33	5:35	1	-	12	5:38	90.13	8:24:58	5:36	1	-	17	1:27:04	
VP16 - Königswe	6.87	44:13	6:26	1	-	13	9:28	97.00	9:09:11	5:39	1	-	18	1:36:32	
VP17 - Sportplatz	6.20	36:41	5:54	1	-	7	2:56	103.20	9:45:52	5:40	1	-	16	1:39:28	
VP18 - Osdorfer	6.50	47:06	7:14	4	5:10	43	12:39	109.70	10:32:58	5:46	1	-	16	1:49:50	
VP19 - Lichtenra	5.70	42:46	7:30	2	0:50	22	8:36	115.40	11:15:44	5:51	1	-	17	1:56:39	
VP20 - Kirchhain	4.37	27:50	6:22	2	0:20	25	9:00	119.77	11:43:34	5:52	1	-	16	2:05:39	
VP21 - Buckow	6.43	42:15	6:34	3	1:59	22	8:39	126.20	12:25:49	5:54	1	-	16	2:14:18	
VP22 - Rudow	4.90	31:40	6:27	1	-	12	5:41	131.10	12:57:29	5:55	1	-	15	2:19:59	
VP23 - Johannistl	5.90	38:21	6:30	1	-	13	6:46	137.00	13:35:50	5:57	1	-	15	2:26:45	
VP24 - Dammwe	5.70	41:18	7:14	2	1:48	20	10:07	142.70	14:17:08	6:00	1	-	15	2:36:23	
VP25 - East Side	5.80	48:20	8:20	2	6:10	19	11:23	148.50	15:05:28	6:05	1	-	15	2:45:15	
VP26 - Checkpoir	5.28	32:22	6:07	2	1:57	28	10:49	153.78	15:37:50	6:05	1	-	16	2:53:34	
VP27 - Gedenkst.	3.32	36:47	11:04	3	5:01	44	12:10	157.10	16:14:37	6:12	1	-	17	3:03:34	
Friedrich-Ludwig	4.60	34:27	7:29	5	5:20	39	10:15	161.70	16:49:04	6:14	1	-	17	3:09:08	