



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

0000

HEURICH, Lars

000: 23:25:09

00: (ohne)

00: 6.87 km/h

00: 278

0000: 8:41 min/km

00: 161.70 km

00000/000: 222 (of 459)

100MeilenBerlin

00000/0: 131 (of 302)

000000: 13:39:56

0000:

00000: 14(of 31)

Senioren M35 (35-39 Jahre)

0000000: 14:42:13

0000

0000

000

| 000                 | 00<br>km | 00<br>00 | 00<br>min/km | 00<br>- | 00<br>- | 00<br>0 | 00<br>0 | 000    | 000<br>km | 000<br>00 | 000<br>min/km | 00<br>- | 00<br>- | 00<br>0 | 00<br>0 |
|---------------------|----------|----------|--------------|---------|---------|---------|---------|--------|-----------|-----------|---------------|---------|---------|---------|---------|
| VP1 - Wilhelmsru    | 6.94     | 43:03    | 6:12         | 17      | 11:12   | 101     | 12:02   | 6.94   | 43:03     | 6:12      | 17            | 11:12   | 101     | 12:02   |         |
| VP2 - Laufftreff Li | 5.69     | 34:58    | 6:08         | 13      | 8:55    | 75      | 10:53   | 12.63  | 1:18:01   | 6:10      | 16            | 18:53   | 90      | 22:55   |         |
| VP3 - Oranienbur    | 5.74     | 34:44    | 6:03         | 15      | 9:20    | 108     | 10:38   | 18.37  | 1:52:45   | 6:08      | 15            | 27:38   | 91      | 33:33   |         |
| VP4 - Naturschut    | 4.70     | 31:18    | 6:39         | 13      | 7:59    | 82      | 8:52    | 23.07  | 2:24:03   | 6:14      | 15            | 35:37   | 89      | 42:25   |         |
| VP5 - Frohnau       | 6.80     | 42:48    | 6:17         | 14      | 13:50   | 102     | 13:53   | 29.87  | 3:06:51   | 6:15      | 15            | 49:27   | 88      | 56:18   |         |
| VP6 - Ruderclub     | 4.06     | 27:54    | 6:52         | 8       | 9:47    | 76      | 9:47    | 33.93  | 3:34:45   | 6:19      | 13            | 59:14   | 84      | 1:06:02 |         |
| VP7 - Grenzturm     | 4.75     | 34:00    | 7:09         | 18      | 11:31   | 154     | 12:17   | 38.68  | 4:08:45   | 6:25      | 14            | 1:10:45 | 91      | 1:18:19 |         |
| VP8 - Schönwald     | 7.52     | 51:05    | 6:47         | 15      | 15:15   | 131     | 15:15   | 46.20  | 4:59:50   | 6:29      | 15            | 1:26:00 | 93      | 1:33:10 |         |
| VP9 - Falkenseer    | 5.76     | 44:15    | 7:40         | 15      | 15:55   | 119     | 15:55   | 51.96  | 5:44:05   | 6:37      | 15            | 1:41:55 | 98      | 1:48:37 |         |
| VP10 - Karolinenl   | 6.54     | 45:42    | 6:59         | 8       | 12:58   | 75      | 13:30   | 58.50  | 6:29:47   | 6:39      | 15            | 1:54:50 | 97      | 2:02:07 |         |
| VP11 - Pagel & Fi   | 4.90     | 34:19    | 7:00         | 9       | 9:15    | 72      | 11:16   | 63.40  | 7:04:06   | 6:41      | 14            | 2:03:34 | 88      | 2:13:23 |         |
| VP12 - Schloss S    | 7.62     | 1:10:13  | 9:12         | 19      | 30:25   | 157     | 33:20   | 71.02  | 8:14:19   | 6:57      | 14            | 2:28:17 | 97      | 2:46:43 |         |
| VP13 - Revierförs   | 6.21     | 47:31    | 7:39         | 12      | 15:02   | 108     | 18:41   | 77.23  | 9:01:50   | 7:00      | 14            | 2:43:19 | 96      | 3:05:24 |         |
| VP14 - Brauhaus     | 6.00     | 48:05    | 8:00         | 13      | 18:26   | 134     | 19:32   | 83.23  | 9:49:55   | 7:05      | 14            | 3:00:02 | 99      | 3:24:56 |         |
| VP15 - Gedenkst.    | 6.90     | 49:08    | 7:07         | 11      | 13:55   | 77      | 16:13   | 90.13  | 10:39:03  | 7:05      | 14            | 3:11:47 | 95      | 3:41:09 |         |
| VP16 - Königswe     | 6.87     | 56:30    | 8:13         | 9       | 16:11   | 77      | 21:45   | 97.00  | 11:35:33  | 7:10      | 12            | 3:21:24 | 91      | 4:02:54 |         |
| VP17 - Sportplatz   | 6.20     | 1:24:00  | 13:32        | 22      | 47:30   | 183     | 50:15   | 103.20 | 12:59:33  | 7:33      | 15            | 4:07:54 | 109     | 4:53:09 |         |
| VP18 - Osdorfer     | 6.50     | 56:39    | 8:42         | 14      | 22:12   | 118     | 22:12   | 109.70 | 13:56:12  | 7:37      | 15            | 4:26:30 | 106     | 5:13:04 |         |
| VP19 - Lichtenra    | 5.70     | 52:30    | 9:12         | 10      | 18:20   | 86      | 18:20   | 115.40 | 14:48:42  | 7:42      | 15            | 4:35:35 | 104     | 5:29:37 |         |
| VP20 - Kirchhain    | 4.37     | 35:07    | 8:02         | 12      | 12:25   | 89      | 16:17   | 119.77 | 15:23:49  | 7:42      | 14            | 4:46:37 | 103     | 5:45:54 |         |
| VP21 - Buckow       | 6.43     | 1:03:19  | 9:50         | 14      | 28:09   | 148     | 29:43   | 126.20 | 16:27:08  | 7:49      | 14            | 5:10:09 | 107     | 6:15:37 |         |
| VP22 - Rudow        | 4.90     | 45:39    | 9:18         | 11      | 18:40   | 99      | 19:40   | 131.10 | 17:12:47  | 7:52      | 12            | 5:24:48 | 104     | 6:35:17 |         |
| VP23 - Johannistl   | 5.90     | 1:29:47  | 15:13        | 21      | 57:42   | 209     | 58:12   | 137.00 | 18:42:34  | 8:11      | 15            | 6:22:30 | 123     | 7:33:29 |         |
| VP24 - Dammwe       | 5.70     | 57:46    | 10:08        | 13      | 26:35   | 119     | 26:35   | 142.70 | 19:40:20  | 8:16      | 13            | 6:49:05 | 122     | 7:59:35 |         |
| VP25 - East Side    | 5.80     | 1:19:17  | 13:40        | 21      | 40:26   | 184     | 42:20   | 148.50 | 20:59:37  | 8:28      | 13            | 7:29:31 | 132     | 8:39:24 |         |
| VP26 - Checkpoir    | 5.28     | 44:21    | 8:23         | 16      | 22:12   | 132     | 22:48   | 153.78 | 21:43:58  | 8:28      | 13            | 7:51:43 | 130     | 8:59:42 |         |
| VP27 - Gedenkst.    | 3.32     | 49:42    | 14:58        | 17      | 25:05   | 145     | 25:05   | 157.10 | 22:33:40  | 8:36      | 13            | 8:16:48 | 128     | 9:22:37 |         |
| Friedrich-Ludwig    | 4.60     | 51:29    | 11:11        | 18      | 26:08   | 158     | 27:17   | 161.70 | 23:25:09  | 8:41      | 14            | 8:42:56 | 131     | 9:45:13 |         |