



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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BRUNEß, Christian

□□□: 20:58:07

□□: (ohne)

□□: 7.68 km/h

□□: 301

□□□□: 7:47 min/km

□□: 161.70 km

□□□□□/□□□□: 143 (of 459)

100MeilenBerlin

□□□□□/□: 69 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 6(of 14)

Senioren M30 (30-34 Jahre)

□□□□□□□: 16:49:04

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	42:00	6:03	6	5:00	74	10:59	6.94	42:00	6:03	6	5:00	74	10:59
VP2 - Laufftreff Li	5.69	35:23	6:13	7	5:07	84	11:18	12.63	1:17:23	6:07	6	10:03	83	22:17
VP3 - Oranienbur	5.74	33:26	5:49	6	5:28	76	9:20	18.37	1:50:49	6:01	7	15:31	81	31:37
VP4 - Naturschut	4.70	30:05	6:24	6	3:37	52	7:39	23.07	2:20:54	6:06	7	19:08	74	39:16
VP5 - Frohnau	6.80	40:02	5:53	6	4:36	56	11:07	29.87	3:00:56	6:03	6	23:44	67	50:23
VP6 - Ruderclub	4.06	25:56	6:23	5	3:04	46	7:49	33.93	3:26:52	6:05	6	26:48	60	58:09
VP7 - Grenzturm	4.75	27:41	5:49	4	1:21	34	5:58	38.68	3:54:33	6:03	6	28:09	58	1:04:07
VP8 - Schönwald	7.52	44:32	5:55	3	2:11	39	8:42	46.20	4:39:05	6:02	5	27:22	51	1:12:25
VP9 - Falkenseer	5.76	37:03	6:25	6	4:56	50	8:43	51.96	5:16:08	6:05	6	32:18	53	1:20:40
VP10 - Karolinenl	6.54	42:33	6:30	5	5:11	44	10:21	58.50	5:58:41	6:07	6	35:38	49	1:31:01
VP11 - Pagel & Fi	4.90	36:07	7:22	9	9:10	97	13:04	63.40	6:34:48	6:13	6	44:48	53	1:44:05
VP12 - Schloss S	7.62	59:44	7:50	6	14:41	90	22:51	71.02	7:34:32	6:24	5	59:29	56	2:06:56
VP13 - Revierförs	6.21	44:12	7:07	5	7:10	63	15:22	77.23	8:18:44	6:27	5	1:06:05	56	2:22:18
VP14 - Brauhaus	6.00	41:43	6:57	7	7:57	73	13:10	83.23	9:00:27	6:29	5	1:14:02	57	2:35:28
VP15 - Gedenkst.	6.90	54:08	7:50	8	15:35	128	21:13	90.13	9:54:35	6:35	6	1:29:37	64	2:56:41
VP16 - Königswe	6.87	53:42	7:48	4	9:29	55	18:57	97.00	10:48:17	6:40	6	1:39:06	62	3:15:38
VP17 - Sportplatz	6.20	1:08:55	11:06	7	32:14	129	35:10	103.20	11:57:12	6:56	7	2:11:20	77	3:50:48
VP18 - Osdorfer	6.50	46:24	7:08	3	4:28	39	11:57	109.70	12:43:36	6:57	5	2:10:38	66	4:00:28
VP19 - Lichtenra	5.70	47:51	8:23	4	5:55	53	13:41	115.40	13:31:27	7:01	5	2:15:43	64	4:12:22
VP20 - Kirchhain	4.37	44:22	10:09	9	16:52	169	25:32	119.77	14:15:49	7:08	6	2:32:15	69	4:37:54
VP21 - Buckow	6.43	48:55	7:36	4	8:39	50	15:19	126.20	15:04:44	7:10	5	2:38:55	66	4:53:13
VP22 - Rudow	4.90	49:03	10:00	7	17:23	133	23:04	131.10	15:53:47	7:16	4	2:56:18	66	5:16:17
VP23 - Johannistl	5.90	54:01	9:09	6	15:40	78	22:26	137.00	16:47:48	7:21	4	3:11:58	67	5:38:43
VP24 - Dammwe	5.70	51:15	8:59	6	11:45	62	20:04	142.70	17:39:03	7:25	4	3:21:55	67	5:58:18
VP25 - East Side	5.80	1:04:34	11:07	7	22:24	105	27:37	148.50	18:43:37	7:33	6	3:38:09	68	6:23:24
VP26 - Checkpoir	5.28	51:28	9:44	9	21:03	182	29:55	153.78	19:35:05	7:38	6	3:57:15	69	6:50:49
VP27 - Gedenkst.	3.32	42:22	12:45	7	10:36	74	17:45	157.10	20:17:27	7:44	7	4:02:50	69	7:06:24
Friedrich-Ludwig	4.60	40:40	8:50	6	11:33	79	16:28	161.70	20:58:07	7:46	6	4:09:03	69	7:18:11