



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

0000

DESTEFFANI, Jörg

000: 17:52:42

00: (ohne)

00: 9.01 km/h

00: 302

0000: 6:38 min/km

00: 161.70 km

00000/000: 74 (of 459)

100MeilenBerlin

00000/0: 25 (of 302)

000000: 13:39:56

0000:

00000: 3(of 58)

Senioren M50 (50-54 Jahre)

0000000: 15:32:56

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
VP1 - Wilhelmsru	6.94	37:34	5:24	7	4:08	33	6:33	6.94	37:34	5:24	7	4:08	33	6:33
VP2 - Laufftreff Li	5.69	33:56	5:57	12	6:15	52	9:51	12.63	1:11:30	5:39	8	10:23	39	16:24
VP3 - Oranienbur	5.74	33:40	5:51	17	6:31	85	9:34	18.37	1:45:10	5:43	9	16:54	44	25:58
VP4 - Naturschut	4.70	29:22	6:14	9	4:00	44	6:56	23.07	2:14:32	5:49	9	20:54	43	32:54
VP5 - Frohnau	6.80	39:14	5:46	10	5:26	49	10:19	29.87	2:53:46	5:49	9	26:20	41	43:13
VP6 - Ruderclub	4.06	27:32	6:46	17	6:08	66	9:25	33.93	3:21:18	5:55	11	31:44	45	52:35
VP7 - Grenzturm	4.75	29:01	6:06	10	4:53	55	7:18	38.68	3:50:19	5:57	11	36:18	46	59:53
VP8 - Schönwald	7.52	49:42	6:36	19	10:31	100	13:52	46.20	4:40:01	6:03	12	42:59	54	1:13:21
VP9 - Falkenseer	5.76	38:37	6:42	12	7:14	57	10:17	51.96	5:18:38	6:07	13	50:01	59	1:23:10
VP10 - Karolinenl	6.54	44:16	6:46	12	9:35	57	12:04	58.50	6:02:54	6:12	13	57:14	58	1:35:14
VP11 - Pagel & Fi	4.90	32:20	6:35	10	5:24	46	9:17	63.40	6:35:14	6:14	11	1:00:40	56	1:44:31
VP12 - Schloss S	7.62	52:42	6:54	8	11:39	48	15:49	71.02	7:27:56	6:18	9	1:09:31	51	2:00:20
VP13 - Revierförs	6.21	43:12	6:57	9	7:56	51	14:22	77.23	8:11:08	6:21	9	1:17:09	52	2:14:42
VP14 - Brauhaus	6.00	37:10	6:11	3	4:50	28	8:37	83.23	8:48:18	6:20	9	1:17:24	47	2:23:19
VP15 - Gedenkst.	6.90	41:17	5:58	4	2:59	24	8:22	90.13	9:29:35	6:19	8	1:20:00	44	2:31:41
VP16 - Königswe	6.87	47:45	6:57	3	4:18	27	13:00	97.00	10:17:20	6:21	8	1:23:03	41	2:44:41
VP17 - Sportplatz	6.20	46:47	7:32	4	8:56	25	13:02	103.20	11:04:07	6:26	8	1:31:59	39	2:57:43
VP18 - Osdorfer	6.50	41:27	6:22	2	3:34	16	7:00	109.70	11:45:34	6:25	5	1:35:33	33	3:02:26
VP19 - Lichtenrav	5.70	43:32	7:38	3	4:07	28	9:22	115.40	12:29:06	6:29	5	1:39:40	33	3:10:01
VP20 - Kirchhain	4.37	27:04	6:11	2	3:16	20	8:14	119.77	12:56:10	6:28	5	1:42:56	33	3:18:15
VP21 - Buckow	6.43	41:28	6:26	2	5:01	19	7:52	126.20	13:37:38	6:28	4	1:47:57	31	3:26:07
VP22 - Rudow	4.90	33:33	6:50	3	3:30	17	7:34	131.10	14:11:11	6:29	4	1:51:27	31	3:33:41
VP23 - Johannistl	5.90	41:13	6:59	4	5:51	23	9:38	137.00	14:52:24	6:30	4	1:57:18	30	3:43:19
VP24 - Dammwe	5.70	39:34	6:56	2	4:36	15	8:23	142.70	15:31:58	6:31	4	2:01:54	28	3:51:13
VP25 - East Side	5.80	48:22	8:20	2	8:44	20	11:25	148.50	16:20:20	6:36	4	2:10:38	28	4:00:07
VP26 - Checkpoir	5.28	30:18	5:44	3	5:26	16	8:45	153.78	16:50:38	6:34	3	2:16:04	27	4:06:22
VP27 - Gedenkst.	3.32	29:50	8:59	3	3:20	12	5:13	157.10	17:20:28	6:37	3	2:19:24	26	4:09:25
Friedrich-Ludwig	4.60	32:14	7:00	4	4:29	24	8:02	161.70	17:52:42	6:38	3	2:19:46	25	4:12:46