



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

□□□□

MORSTABILINI, LUCA

□□: Soresina Running Club

□□: 309

□□: 161.70 km

100MeilenBerlin

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 16:35:50

□□: 9.70 km/h

□□□□: 6:10 min/km

□□□□□/□□□□: 49 (of 459)

□□□□□/□: 14 (of 302)

□□□□□□: 13:39:56

□□□□□: 3(of 85)

□□□□□□□: 15:47:54

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	33:24	4:48	1	-	5	2:23	6.94	33:24	4:48	1	-	5	2:23	
VP2 - Laufftreff Li	5.69	27:15	4:47	1	-	5	3:10	12.63	1:00:39	4:48	1	-	5	5:33	
VP3 - Oranienbur	5.74	25:49	4:29	1	-	4	1:43	18.37	1:26:28	4:42	1	-	5	7:16	
VP4 - Naturschut	4.70	25:07	5:20	1	-	6	2:41	23.07	1:51:35	4:50	1	-	5	9:57	
VP5 - Frohnau	6.80	34:13	5:01	2	0:59	14	5:18	29.87	2:25:48	4:52	1	-	5	15:15	
VP6 - Ruderclub	4.06	21:29	5:17	1	-	10	3:22	33.93	2:47:17	4:55	1	-	5	18:34	
VP7 - Grenzturm	4.75	24:04	5:03	1	-	5	2:21	38.68	3:11:21	4:56	1	-	5	20:55	
VP8 - Schönwald	7.52	40:19	5:21	2	0:52	12	4:29	46.20	3:51:40	5:00	1	-	5	25:00	
VP9 - Falkenseer	5.76	32:29	5:38	2	0:05	15	4:09	51.96	4:24:09	5:05	1	-	7	28:41	
VP10 - Karolinenl	6.54	36:01	5:30	2	0:57	8	3:49	58.50	5:00:10	5:07	1	-	5	32:30	
VP11 - Pagel & Fi	4.90	27:54	5:41	1	-	16	4:51	63.40	5:28:04	5:10	1	-	6	37:21	
VP12 - Schloss S	7.62	46:56	6:09	5	3:25	23	10:03	71.02	6:15:00	5:16	1	-	9	47:24	
VP13 - Revierförs	6.21	38:00	6:07	4	2:15	23	9:10	77.23	6:53:00	5:20	1	-	9	56:34	
VP14 - Brauhaus	6.00	34:05	5:40	4	1:04	18	5:32	83.23	7:27:05	5:22	1	-	9	1:02:06	
VP15 - Gedenkst.	6.90	40:04	5:48	3	0:30	18	7:09	90.13	8:07:09	5:24	1	-	11	1:09:15	
VP16 - Königswe	6.87	45:53	6:40	5	4:14	20	11:08	97.00	8:53:02	5:29	2	0:32	12	1:20:23	
VP17 - Sportplatz	6.20	42:07	6:47	3	4:20	16	8:22	103.20	9:35:09	5:34	1	-	12	1:28:45	
VP18 - Osdorfer	6.50	42:55	6:36	5	5:06	24	8:28	109.70	10:18:04	5:38	1	-	13	1:34:56	
VP19 - Lichtenra	5.70	43:03	7:33	6	5:09	24	8:53	115.40	11:01:07	5:43	1	-	13	1:42:02	
VP20 - Kirchhain	4.37	32:09	7:21	19	10:18	60	13:19	119.77	11:33:16	5:47	2	9:09	14	1:55:21	
VP21 - Buckow	6.43	49:36	7:42	16	14:32	53	16:00	126.20	12:22:52	5:53	2	21:05	15	2:11:21	
VP22 - Rudow	4.90	34:42	7:04	4	4:29	21	8:43	131.10	12:57:34	5:55	2	25:34	16	2:20:04	
VP23 - Johannistl	5.90	38:19	6:29	3	3:17	12	6:44	137.00	13:35:53	5:57	3	28:51	16	2:26:48	
VP24 - Dammwe	5.70	41:38	7:18	5	7:22	21	10:27	142.70	14:17:31	6:00	3	36:13	16	2:36:46	
VP25 - East Side	5.80	48:29	8:21	6	7:58	21	11:32	148.50	15:06:00	6:06	3	44:11	16	2:45:47	
VP26 - Checkpoir	5.28	30:49	5:50	3	5:46	18	9:16	153.78	15:36:49	6:05	3	49:57	15	2:52:33	
VP27 - Gedenkst.	3.32	29:32	8:53	2	2:04	11	4:55	157.10	16:06:21	6:09	3	48:00	14	2:55:18	
Friedrich-Ludwig	4.60	29:29	6:24	1	-	12	5:17	161.70	16:35:50	6:09	3	47:56	14	2:55:54	