



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

□□□□

## DINGES, Ursula

□□: VSV`77 Frankfurt am Main

□□: 313

□□: 161.70 km  
100MeilenBerlin

□□□□:  
Seniorinnen W75 (75 und älter)

□□□□□/□□□: DNF (of 459)

□□□□□/□: DNF (of 72)

□□□□□□:

□□□□□: DNF(of 2)

□□□□□□□: 28:13:28

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	55:26	7:59	1	-	61	18:29	6.94	55:26	7:59	1	-	61	18:29	
VP2 - Laufftreff Li	5.69	49:51	8:45	2	0:21	65	18:20	12.63	1:45:17	8:20	1	-	64	36:40	
VP3 - Oranienbur	5.74	48:20	8:25	2	1:29	66	17:53	18.37	2:33:37	8:21	2	0:11	65	54:23	
VP4 - Naturschut	4.70	45:46	9:44	2	3:54	66	17:30	23.07	3:19:23	8:38	2	4:05	65	1:11:23	
VP5 - Frohnau	6.80	57:57	8:31	2	1:37	63	21:20	29.87	4:17:20	8:36	2	5:42	66	1:31:49	
VP6 - Ruderclub	4.06	44:59	11:04	2	5:09	59	22:14	33.93	5:02:19	8:54	2	10:51	64	1:53:53	
VP7 - Grenzturm	4.75	45:55	9:39	2	0:44	62	19:47	38.68	5:48:14	9:00	2	11:35	64	2:13:40	
VP8 - Schönwald	7.52	1:12:53	9:41	2	0:38	59	30:32	46.20	7:01:07	9:06	2	12:13	64	2:44:12	
VP9 - Falkenseer	5.76	56:12	9:45	2	0:17	52	21:46	51.96	7:57:19	9:11	2	12:30	63	3:05:08	
VP10 - Karolinenl	6.54	1:07:40	10:20	2	6:04	57	28:19	58.50	9:04:59	9:18	2	18:34	62	3:32:25	
VP11 - Pagel & Fi	4.90	51:32	10:31	2	4:05	54	21:13	63.40	9:56:31	9:24	2	22:39	60	3:53:38	
VP12 - Schloss S	7.62	1:30:42	11:54	2	8:03	56	45:03	71.02	11:27:13	9:40	2	30:42	59	4:38:41	
VP13 - Revierförs	6.21	1:10:48	11:24	2	8:28	60	31:42	77.23	12:38:01	9:48	2	39:10	58	5:10:01	
VP14 - Brauhaus	6.00	1:00:03	10:00	2	4:07	50	24:18	83.23	13:38:04	9:49	2	43:17	57	5:30:50	
VP15 - Gedenkst.	6.90	1:12:02	10:26	2	4:39	52	30:47	90.13	14:50:06	9:52	2	47:56	55	5:53:41	
VP16 - Königswe	6.87	1:21:09	11:48	2	6:25	48	34:00	97.00	16:11:15	10:00	2	54:21	54	6:26:06	
VP17 - Sportplatz	6.20	1:35:07	15:20	2	7:42	46	50:14	103.20	17:46:22	10:19	2	1:02:03	54	7:09:19	
VP18 - Osdorfer	6.50	1:21:53	12:35	2	0:48	45	40:10	109.70	19:08:15	10:28	2	1:02:51	54	7:49:29	
VP19 - Lichtenrav	5.70	1:25:52	15:03	2	6:37	57	44:31	115.40	20:34:07	10:41	2	1:09:28	55	8:32:44	
VP20 - Kirchhain	4.37	52:28	12:00	2	3:22	44	25:43	119.77	21:26:35	10:44	2	1:12:50	55	8:58:27	
VP21 - Buckow	6.43	1:42:22	15:55	2	28:35	51	1:00:41	126.20	23:08:57	11:00	2	1:41:25	55	9:59:08	
VP22 - Rudow	4.90	1:03:40	12:59	1	-	38	30:40	131.10	24:12:37	11:04	2	1:37:23	54	10:29:48	
VP23 - Johannistl	5.90	1:04:44	10:58	1	-	27	25:33	137.00	25:17:21	11:04	2	1:34:05	54	10:55:21	
VP24 - Dammwe	5.70	1:24:59	14:54	2	26:04	50	44:07	142.70	26:42:20	11:13	2	2:00:09	54	11:38:18	
VP25 - East Side	5.80	fehlt!	-	-	-	-	-	148.50	-	-	-	-	-	-	
VP26 - Checkpoir	5.28	fehlt!	-	-	-	-	-	153.78	-	-	-	-	-	-	
VP27 - Gedenkst.	3.32	fehlt!	-	-	-	-	-	157.10	-	-	-	-	-	-	
Friedrich-Ludwig	4.60	fehlt!	-	-	-	-	-	161.70	-	-	-	-	-	-	