



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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FENDER, Birgit

□□: 100marathon42.de

□□: 314

□□: 161.70 km

100MeilenBerlin

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Seniorinnen W50 (50-54 Jahre)

□□□: 29:38:36

□□: 5.43 km/h

□□□□: 11:00 min/km

□□□□□/□□□□: 345 (of 459)

□□□□□/□: 50 (of 72)

□□□□□□: 17:20:20

□□□□□: 14(of 18)

□□□□□□□: 20:27:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	50:01	7:12	11	7:57	45	13:04	6.94	50:01	7:12	11	7:57	45	13:04
VP2 - Laufftreff Li	5.69	42:26	7:27	10	8:40	42	10:55	12.63	1:32:27	7:19	10	15:22	43	23:50
VP3 - Oranienbur	5.74	42:08	7:20	10	9:19	46	11:41	18.37	2:14:35	7:19	10	24:41	46	35:21
VP4 - Naturschut	4.70	41:07	8:44	14	9:11	52	12:51	23.07	2:55:42	7:36	11	33:52	47	47:42
VP5 - Frohnau	6.80	57:00	8:22	15	15:25	61	20:23	29.87	3:52:42	7:47	11	46:21	49	1:07:11
VP6 - Ruderclub	4.06	40:44	10:01	13	15:09	54	17:59	33.93	4:33:26	8:03	13	1:01:30	50	1:25:00
VP7 - Grenzturm	4.75	42:23	8:55	13	10:26	53	16:15	38.68	5:15:49	8:09	14	1:11:10	53	1:41:15
VP8 - Schönwald	7.52	1:07:15	8:56	13	19:41	52	24:54	46.20	6:23:04	8:17	13	1:25:23	53	2:06:09
VP9 - Falkenseer	5.76	56:02	9:43	13	15:48	50	21:36	51.96	7:19:06	8:27	13	1:38:38	53	2:26:55
VP10 - Karolinenl	6.54	1:04:12	9:48	12	18:21	51	24:51	58.50	8:23:18	8:36	14	1:56:53	53	2:50:44
VP11 - Pagel & Fi	4.90	48:31	9:54	13	12:39	52	18:12	63.40	9:11:49	8:42	14	2:09:03	53	3:08:56
VP12 - Schloss S	7.62	1:29:57	11:48	13	33:40	55	44:18	71.02	10:41:46	9:02	14	2:41:41	53	3:53:14
VP13 - Revierförs	6.21	1:08:21	11:00	14	25:21	58	29:15	77.23	11:50:07	9:11	14	3:07:02	52	4:22:07
VP14 - Brauhaus	6.00	59:02	9:50	12	18:37	48	23:17	83.23	12:49:09	9:14	14	3:25:39	51	4:41:55
VP15 - Gedenkst.	6.90	1:07:25	9:46	12	17:22	46	26:10	90.13	13:56:34	9:16	14	3:43:01	50	5:00:09
VP16 - Königswe	6.87	1:25:55	12:30	14	37:10	52	38:46	97.00	15:22:29	9:30	14	4:20:11	50	5:37:20
VP17 - Sportplatz	6.20	1:36:33	15:34	13	33:43	47	51:40	103.20	16:59:02	9:52	14	4:51:50	51	6:21:59
VP18 - Osdorfer	6.50	1:15:42	11:38	10	28:37	36	33:59	109.70	18:14:44	9:58	14	5:20:27	52	6:55:58
VP19 - Lichtenrav	5.70	1:19:24	13:55	13	31:55	50	38:03	115.40	19:34:08	10:10	14	5:52:22	52	7:32:45
VP20 - Kirchhain	4.37	59:46	13:40	12	26:29	49	33:01	119.77	20:33:54	10:18	14	6:18:51	51	8:05:46
VP21 - Buckow	6.43	1:34:35	14:42	13	42:58	49	52:54	126.20	22:08:29	10:31	14	7:01:20	50	8:58:40
VP22 - Rudow	4.90	1:02:00	12:39	10	18:20	37	29:00	131.10	23:10:29	10:36	14	7:16:38	49	9:27:40
VP23 - Johannistl	5.90	1:06:45	11:18	7	11:57	30	27:34	137.00	24:17:14	10:38	14	7:27:07	49	9:55:14
VP24 - Dammwe	5.70	1:07:19	11:48	9	16:50	36	26:27	142.70	25:24:33	10:41	14	7:43:57	49	10:20:31
VP25 - East Side	5.80	1:23:00	14:18	13	26:16	48	38:10	148.50	26:47:33	10:49	14	8:10:13	49	10:55:23
VP26 - Checkpoir	5.28	52:07	9:52	11	14:49	40	21:54	153.78	27:39:40	10:47	14	8:25:02	50	11:17:17
VP27 - Gedenkst.	3.32	56:36	17:02	11	20:29	39	29:18	157.10	28:36:16	10:55	14	8:45:31	50	11:46:35
Friedrich-Ludwig	4.60	1:02:20	13:33	13	26:05	48	1:02:20	161.70	29:38:36	10:59	14	9:11:36	51	12:18:16