



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

□□□□

KNAPP, Matthias

□□□: 17:28:40

□□: GutsMuths-Rennsteiglaufverein

□□: 9.21 km/h

□□: 321

□□□□: 6:29 min/km

□□: 161.70 km

□□□□□/□□□□: 69 (of 459)

100MeilenBerlin

□□□□□/□: 22 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 2(of 14)

Senioren M30 (30-34 Jahre)

□□□□□□□: 16:49:04

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|---------------------|----------|----------|--------------|---------|---------|---------|---------|--------|----------|------|---------|---------|---------|---------|
| VP1 - Wilhelmsru | 6.94 | 37:00 | 5:19 | 1 | - | 22 | 5:59 | 6.94 | 37:00 | 5:19 | 1 | - | 22 | 5:59 |
| VP2 - Laufftreff Li | 5.69 | 31:12 | 5:28 | 2 | 0:56 | 25 | 7:07 | 12.63 | 1:08:12 | 5:23 | 2 | 0:52 | 24 | 13:06 |
| VP3 - Oranienbur | 5.74 | 29:23 | 5:07 | 2 | 1:25 | 24 | 5:17 | 18.37 | 1:37:35 | 5:18 | 2 | 2:17 | 23 | 18:23 |
| VP4 - Naturschut | 4.70 | 28:40 | 6:05 | 4 | 2:12 | 36 | 6:14 | 23.07 | 2:06:15 | 5:28 | 2 | 4:29 | 24 | 24:37 |
| VP5 - Frohnau | 6.80 | 36:55 | 5:25 | 2 | 1:29 | 26 | 8:00 | 29.87 | 2:43:10 | 5:27 | 2 | 5:58 | 24 | 32:37 |
| VP6 - Ruderclub | 4.06 | 24:09 | 5:56 | 3 | 1:17 | 33 | 6:02 | 33.93 | 3:07:19 | 5:31 | 2 | 7:15 | 24 | 38:36 |
| VP7 - Grenzturm | 4.75 | 26:39 | 5:36 | 2 | 0:19 | 24 | 4:56 | 38.68 | 3:33:58 | 5:31 | 2 | 7:34 | 23 | 43:32 |
| VP8 - Schönwald | 7.52 | 42:23 | 5:38 | 2 | 0:02 | 25 | 6:33 | 46.20 | 4:16:21 | 5:32 | 2 | 4:38 | 24 | 49:41 |
| VP9 - Falkenseer | 5.76 | 34:39 | 6:00 | 4 | 2:32 | 28 | 6:19 | 51.96 | 4:51:00 | 5:36 | 2 | 7:10 | 26 | 55:32 |
| VP10 - Karolinenl | 6.54 | 37:22 | 5:42 | 1 | - | 18 | 5:10 | 58.50 | 5:28:22 | 5:36 | 2 | 5:19 | 22 | 1:00:42 |
| VP11 - Pagel & Fi | 4.90 | 29:32 | 6:01 | 3 | 2:35 | 24 | 6:29 | 63.40 | 5:57:54 | 5:38 | 3 | 7:54 | 23 | 1:07:11 |
| VP12 - Schloss S | 7.62 | 49:05 | 6:26 | 4 | 4:02 | 27 | 12:12 | 71.02 | 6:46:59 | 5:43 | 3 | 11:56 | 24 | 1:19:23 |
| VP13 - Revierförs | 6.21 | 37:02 | 5:57 | 1 | - | 18 | 8:12 | 77.23 | 7:24:01 | 5:44 | 2 | 11:22 | 22 | 1:27:35 |
| VP14 - Brauhaus | 6.00 | 36:08 | 6:01 | 3 | 2:22 | 24 | 7:35 | 83.23 | 8:00:09 | 5:46 | 2 | 13:44 | 22 | 1:35:10 |
| VP15 - Gedenkst. | 6.90 | 42:02 | 6:05 | 3 | 3:29 | 26 | 9:07 | 90.13 | 8:42:11 | 5:47 | 2 | 17:13 | 21 | 1:44:17 |
| VP16 - Königswe | 6.87 | 45:30 | 6:37 | 3 | 1:17 | 18 | 10:45 | 97.00 | 9:27:41 | 5:51 | 2 | 18:30 | 21 | 1:55:02 |
| VP17 - Sportplatz | 6.20 | 41:32 | 6:41 | 2 | 4:51 | 14 | 7:47 | 103.20 | 10:09:13 | 5:54 | 2 | 23:21 | 21 | 2:02:49 |
| VP18 - Osdorfer | 6.50 | 44:53 | 6:54 | 2 | 2:57 | 29 | 10:26 | 109.70 | 10:54:06 | 5:57 | 2 | 21:08 | 21 | 2:10:58 |
| VP19 - Lichtenra | 5.70 | 44:16 | 7:45 | 3 | 2:20 | 31 | 10:06 | 115.40 | 11:38:22 | 6:03 | 2 | 22:38 | 21 | 2:19:17 |
| VP20 - Kirchhain | 4.37 | 29:23 | 6:43 | 3 | 1:53 | 36 | 10:33 | 119.77 | 12:07:45 | 6:04 | 2 | 24:11 | 21 | 2:29:50 |
| VP21 - Buckow | 6.43 | 40:50 | 6:21 | 2 | 0:34 | 17 | 7:14 | 126.20 | 12:48:35 | 6:05 | 2 | 22:46 | 21 | 2:37:04 |
| VP22 - Rudow | 4.90 | 40:05 | 8:10 | 3 | 8:25 | 46 | 14:06 | 131.10 | 13:28:40 | 6:10 | 2 | 31:11 | 22 | 2:51:10 |
| VP23 - Johannistl | 5.90 | 40:10 | 6:48 | 2 | 1:49 | 18 | 8:35 | 137.00 | 14:08:50 | 6:11 | 2 | 33:00 | 21 | 2:59:45 |
| VP24 - Dammwe | 5.70 | 46:04 | 8:04 | 4 | 6:34 | 37 | 14:53 | 142.70 | 14:54:54 | 6:16 | 2 | 37:46 | 21 | 3:14:09 |
| VP25 - East Side | 5.80 | 51:23 | 8:51 | 3 | 9:13 | 33 | 14:26 | 148.50 | 15:46:17 | 6:22 | 2 | 40:49 | 22 | 3:26:04 |
| VP26 - Checkpoir | 5.28 | 33:46 | 6:23 | 3 | 3:21 | 37 | 12:13 | 153.78 | 16:20:03 | 6:22 | 2 | 42:13 | 22 | 3:35:47 |
| VP27 - Gedenkst. | 3.32 | 36:10 | 10:53 | 2 | 4:24 | 39 | 11:33 | 157.10 | 16:56:13 | 6:28 | 2 | 41:36 | 24 | 3:45:10 |
| Friedrich-Ludwig | 4.60 | 32:27 | 7:03 | 3 | 3:20 | 27 | 8:15 | 161.70 | 17:28:40 | 6:29 | 2 | 39:36 | 22 | 3:48:44 |