



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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MANTEL, Klaus

□□□: 20:30:08

□□: Schauläufer

□□: 7.89 km/h

□□: 331

□□□□: 7:36 min/km

□□: 161.70 km

□□□□□/□□□□: 132 (of 459)

100MeilenBerlin

□□□□□/□: 60 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 10(of 58)

Senioren M50 (50-54 Jahre)

□□□□□□□: 15:32:56

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	40:43	5:52	12	7:17	58	9:42	6.94	40:43	5:52	12	7:17	58	9:42	
VP2 - Laufftreff Li	5.69	33:55	5:57	11	6:14	51	9:50	12.63	1:14:38	5:54	12	13:31	51	19:32	
VP3 - Oranienbur	5.74	32:12	5:36	9	5:03	51	8:06	18.37	1:46:50	5:48	11	18:34	50	27:38	
VP4 - Naturschut	4.70	30:09	6:24	11	4:47	54	7:43	23.07	2:16:59	5:56	12	23:21	51	35:21	
VP5 - Frohnau	6.80	39:19	5:46	11	5:31	50	10:24	29.87	2:56:18	5:54	12	28:52	51	45:45	
VP6 - Ruderclub	4.06	26:47	6:35	15	5:23	58	8:40	33.93	3:23:05	5:59	12	33:31	47	54:22	
VP7 - Grenzturm	4.75	28:32	6:00	7	4:24	45	6:49	38.68	3:51:37	5:59	12	37:36	47	1:01:11	
VP8 - Schönwald	7.52	44:43	5:56	6	5:32	42	8:53	46.20	4:36:20	5:58	10	39:18	45	1:09:40	
VP9 - Falkenseer	5.76	40:14	6:59	16	8:51	73	11:54	51.96	5:16:34	6:05	11	47:57	56	1:21:06	
VP10 - Karolinenl	6.54	41:27	6:20	7	6:46	36	9:15	58.50	5:58:01	6:07	9	52:21	45	1:30:21	
VP11 - Pagel & Fi	4.90	33:44	6:53	14	6:48	64	10:41	63.40	6:31:45	6:10	10	57:11	48	1:41:02	
VP12 - Schloss S	7.62	1:11:47	9:25	37	30:44	164	34:54	71.02	7:43:32	6:31	15	1:25:07	65	2:15:56	
VP13 - Revierförs	6.21	43:03	6:55	8	7:47	46	14:13	77.23	8:26:35	6:33	14	1:32:36	64	2:30:09	
VP14 - Brauhaus	6.00	41:08	6:51	11	8:48	64	12:35	83.23	9:07:43	6:34	14	1:36:49	64	2:42:44	
VP15 - Gedenkst.	6.90	47:05	6:49	9	8:47	59	14:10	90.13	9:54:48	6:35	14	1:45:13	65	2:56:54	
VP16 - Königswe	6.87	58:56	8:34	18	15:29	88	24:11	97.00	10:53:44	6:44	15	1:59:27	69	3:21:05	
VP17 - Sportplatz	6.20	1:08:44	11:05	27	30:53	128	34:59	103.20	12:02:28	7:00	15	2:30:20	78	3:56:04	
VP18 - Osdorfer	6.50	44:10	6:47	4	6:17	26	9:43	109.70	12:46:38	6:59	14	2:36:37	68	4:03:30	
VP19 - Lichtenrav	5.70	46:44	8:11	7	7:19	43	12:34	115.40	13:33:22	7:02	12	2:43:56	66	4:14:17	
VP20 - Kirchhain	4.37	34:07	7:48	16	10:19	78	15:17	119.77	14:07:29	7:04	12	2:54:15	64	4:29:34	
VP21 - Buckow	6.43	52:40	8:11	14	16:13	70	19:04	126.20	15:00:09	7:07	12	3:10:28	63	4:48:38	
VP22 - Rudow	4.90	41:10	8:24	12	11:07	54	15:11	131.10	15:41:19	7:10	12	3:21:35	64	5:03:49	
VP23 - Johannistl	5.90	49:46	8:26	10	14:24	56	18:11	137.00	16:31:05	7:14	12	3:35:59	61	5:22:00	
VP24 - Dammwe	5.70	58:48	10:18	27	23:50	122	27:37	142.70	17:29:53	7:21	11	3:59:49	61	5:49:08	
VP25 - East Side	5.80	58:32	10:05	9	18:54	63	21:35	148.50	18:28:25	7:27	11	4:18:43	63	6:08:12	
VP26 - Checkpoir	5.28	37:40	7:08	11	12:48	61	16:07	153.78	19:06:05	7:27	11	4:31:31	62	6:21:49	
VP27 - Gedenkst.	3.32	48:17	14:32	29	21:47	136	23:40	157.10	19:54:22	7:36	11	4:53:18	63	6:43:19	
Friedrich-Ludwig	4.60	35:46	7:46	8	8:01	46	11:34	161.70	20:30:08	7:36	10	4:57:12	60	6:50:12	