



# 100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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**BRADE, Benjamin**

00: LG Nord Berlin Ultrateam

00: 333

00: 161.70 km

100MeilenBerlin

0000:

Senioren M35 (35-39 Jahre)

000: 15:47:38

00: 10.19 km/h

0000: 5:52 min/km

00000/0000: 36 (of 459)

00000/0: 10 (of 302)

000000: 13:39:56

00000: 3(of 31)

0000000: 14:42:13

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Wilhelmsru	6.94	31:51	4:35	1	-	2	0:50	6.94	31:51	4:35	1	-	2	0:50
VP2 - Laufftreff Li	5.69	27:17	4:47	3	1:14	6	3:12	12.63	59:08	4:40	1	-	2	4:02
VP3 - Oranienbur	5.74	25:59	4:31	2	0:35	5	1:53	18.37	1:25:07	4:38	1	-	2	5:55
VP4 - Naturschut	4.70	23:19	4:57	1	-	2	0:53	23.07	1:48:26	4:42	1	-	2	6:48
VP5 - Frohnau	6.80	28:58	4:15	1	-	2	0:03	29.87	2:17:24	4:35	1	-	2	6:51
VP6 - Ruderclub	4.06	18:07	4:27	1	-	1	-	33.93	2:35:31	4:35	1	-	2	6:48
VP7 - Grenzturm	4.75	22:29	4:44	1	-	2	0:46	38.68	2:58:00	4:36	1	-	2	7:34
VP8 - Schönwald	7.52	35:50	4:45	1	-	1	-	46.20	3:33:50	4:37	1	-	2	7:10
VP9 - Falkenseer	5.76	28:20	4:55	1	-	1	-	51.96	4:02:10	4:39	1	-	2	6:42
VP10 - Karolinenl	6.54	32:47	5:00	2	0:03	3	0:35	58.50	4:34:57	4:42	1	-	2	7:17
VP11 - Pagel & Fi	4.90	25:35	5:13	2	0:31	4	2:32	63.40	5:00:32	4:44	1	-	2	9:49
VP12 - Schloss S	7.62	45:30	5:58	5	5:42	18	8:37	71.02	5:46:02	4:52	1	-	2	18:26
VP13 - Revierförs	6.21	32:29	5:13	1	-	4	3:39	77.23	6:18:31	4:54	1	-	2	22:05
VP14 - Brauhaus	6.00	31:22	5:13	3	1:43	5	2:49	83.23	6:49:53	4:55	1	-	2	24:54
VP15 - Gedenkst.	6.90	37:23	5:25	3	2:10	8	4:28	90.13	7:27:16	4:57	1	-	2	29:22
VP16 - Königswe	6.87	46:53	6:49	5	6:34	21	12:08	97.00	8:14:09	5:05	1	-	2	41:30
VP17 - Sportplatz	6.20	37:30	6:02	3	1:00	9	3:45	103.20	8:51:39	5:09	1	-	2	45:15
VP18 - Osdorfer	6.50	38:03	5:51	3	3:36	8	3:36	109.70	9:29:42	5:11	1	-	2	46:34
VP19 - Lichtenra	5.70	43:25	7:37	6	9:15	27	9:15	115.40	10:13:07	5:18	1	-	3	54:02
VP20 - Kirchhain	4.37	24:05	5:30	3	1:23	12	5:15	119.77	10:37:12	5:19	1	-	3	59:17
VP21 - Buckow	6.43	39:47	6:11	4	4:37	15	6:11	126.20	11:16:59	5:21	1	-	3	1:05:28
VP22 - Rudow	4.90	39:31	8:03	6	12:32	43	13:32	131.10	11:56:30	5:27	2	8:31	5	1:19:00
VP23 - Johannistl	5.90	46:03	7:48	6	13:58	37	14:28	137.00	12:42:33	5:33	3	22:29	7	1:33:28
VP24 - Dammwe	5.70	43:55	7:42	5	12:44	27	12:44	142.70	13:26:28	5:39	3	35:13	8	1:45:43
VP25 - East Side	5.80	45:34	7:51	4	6:43	15	8:37	148.50	14:12:02	5:44	3	41:56	10	1:51:49
VP26 - Checkpoir	5.28	28:14	5:20	2	6:05	8	6:41	153.78	14:40:16	5:43	3	48:01	9	1:56:00
VP27 - Gedenkst.	3.32	32:34	9:48	5	7:57	24	7:57	157.10	15:12:50	5:48	3	55:58	10	2:01:47
Friedrich-Ludwig	4.60	34:48	7:33	6	9:27	41	10:36	161.70	15:47:38	5:51	3	1:05:25	10	2:07:42