



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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MECKING, Bettina

□□□: 22:50:06

□□: (ohne)

□□: 7.05 km/h

□□: 339

□□□□: 8:28 min/km

□□: 161.70 km

□□□□□/□□□: 195 (of 459)

100MeilenBerlin

□□□□□/□: 13 (of 72)

□□□□□□: 17:20:20

□□□□:

□□□□□: 3(of 18)

Seniorinnen W50 (50-54 Jahre)

□□□□□□□: 20:27:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	44:04	6:20	3	2:00	15	7:07	6.94	44:04	6:20	3	2:00	15	7:07
VP2 - Laufftreff Li	5.69	37:08	6:31	4	3:22	18	5:37	12.63	1:21:12	6:25	4	4:07	16	12:35
VP3 - Oranienbur	5.74	34:40	6:02	3	1:51	12	4:13	18.37	1:55:52	6:18	3	5:58	13	16:38
VP4 - Naturschut	4.70	32:36	6:56	2	0:40	9	4:20	23.07	2:28:28	6:26	3	6:38	10	20:28
VP5 - Frohnau	6.80	43:53	6:27	2	2:18	12	7:16	29.87	3:12:21	6:26	3	6:00	11	26:50
VP6 - Ruderclub	4.06	31:34	7:46	6	5:59	22	8:49	33.93	3:43:55	6:35	3	11:59	13	35:29
VP7 - Grenzturm	4.75	33:14	6:59	6	1:17	22	7:06	38.68	4:17:09	6:38	3	12:30	13	42:35
VP8 - Schönwald	7.52	53:52	7:09	4	6:18	27	11:31	46.20	5:11:01	6:43	3	13:20	16	54:06
VP9 - Falkenseer	5.76	43:39	7:34	5	3:25	19	9:13	51.96	5:54:40	6:49	4	14:12	17	1:02:29
VP10 - Karolinenl	6.54	50:33	7:43	6	4:42	22	11:12	58.50	6:45:13	6:55	5	18:48	19	1:12:39
VP11 - Pagel & Fi	4.90	37:04	7:33	4	1:12	19	6:45	63.40	7:22:17	6:58	5	19:31	20	1:19:24
VP12 - Schloss S	7.62	1:07:28	8:51	5	11:11	23	21:49	71.02	8:29:45	7:10	5	29:40	19	1:41:13
VP13 - Revierförs	6.21	48:43	7:50	4	5:43	21	9:37	77.23	9:18:28	7:13	5	35:23	17	1:50:28
VP14 - Brauhaus	6.00	46:49	7:48	4	6:24	22	11:04	83.23	10:05:17	7:16	5	41:47	18	1:58:03
VP15 - Gedenkst.	6.90	53:37	7:46	3	3:34	17	12:22	90.13	10:58:54	7:18	5	45:21	19	2:02:29
VP16 - Königswe	6.87	1:00:23	8:47	4	11:38	15	13:14	97.00	11:59:17	7:24	4	56:59	15	2:14:08
VP17 - Sportplatz	6.20	1:02:50	10:08	1	-	12	17:57	103.20	13:02:07	7:34	4	54:55	18	2:25:04
VP18 - Osdorfer	6.50	55:17	8:30	5	8:12	15	13:34	109.70	13:57:24	7:38	3	1:03:07	15	2:38:38
VP19 - Lichtenra	5.70	55:06	9:39	3	7:37	11	13:45	115.40	14:52:30	7:44	3	1:10:44	14	2:51:07
VP20 - Kirchhain	4.37	43:08	9:52	5	9:51	24	16:23	119.77	15:35:38	7:48	3	1:20:35	14	3:07:30
VP21 - Buckow	6.43	1:03:03	9:48	4	11:26	22	21:22	126.20	16:38:41	7:54	3	1:31:32	15	3:28:52
VP22 - Rudow	4.90	50:50	10:22	5	7:10	21	17:50	131.10	17:29:31	8:00	3	1:35:40	16	3:46:42
VP23 - Johannistl	5.90	56:53	9:38	3	2:05	15	17:42	137.00	18:26:24	8:04	3	1:36:17	15	4:04:24
VP24 - Dammwe	5.70	56:51	9:58	3	6:22	19	15:59	142.70	19:23:15	8:09	3	1:42:39	15	4:19:13
VP25 - East Side	5.80	1:09:59	12:03	5	13:15	24	25:09	148.50	20:33:14	8:18	3	1:55:54	15	4:41:04
VP26 - Checkpoir	5.28	42:52	8:07	2	5:34	16	12:39	153.78	21:16:06	8:17	3	2:01:28	15	4:53:43
VP27 - Gedenkst.	3.32	46:57	14:08	4	10:50	20	19:39	157.10	22:03:03	8:25	3	2:12:18	15	5:13:22
Friedrich-Ludwig	4.60	47:03	10:13	4	10:48	21	47:03	161.70	22:50:06	8:28	3	2:23:06	14	5:29:46