



100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

□□□□

POZZI, Ilaria

□□□: 26:48:58

□□: ASD Atletica Futura Arezzo

□□: 6.03 km/h

□□: 346

□□□□: 9:57 min/km

□□: 161.70 km

□□□□□/□□□: 285 (of 459)

100MeilenBerlin

□□□□□/□: 31 (of 72)

□□□□□□: 17:20:20

□□□□:

□□□□□: 9(of 14)

Seniorinnen W40 (40-44 Jahre)

□□□□□□□: 17:20:20

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ min/km | □□ - | □□ - | □□ □ | □□ □ | |
|---------------------|----------|-----------------|---------|---------|---------|---------|---------|-----------|------------------|---------|---------|---------|---------|---------|
| VP1 - Wilhelmsru | 6.94 | 41:59 | 6:02 | 2 | 5:02 | 8 | 5:02 | 6.94 | 41:59 | 6:02 | 2 | 5:02 | 8 | 5:02 |
| VP2 - Laufftreff Li | 5.69 | 37:41 | 6:37 | 5 | 6:01 | 20 | 6:10 | 12.63 | 1:19:40 | 6:18 | 3 | 11:03 | 13 | 11:03 |
| VP3 - Oranienbur | 5.74 | 35:19 | 6:09 | 4 | 4:42 | 14 | 4:52 | 18.37 | 1:54:59 | 6:15 | 3 | 15:45 | 11 | 15:45 |
| VP4 - Naturschut | 4.70 | 36:23 | 7:44 | 8 | 7:37 | 29 | 8:07 | 23.07 | 2:31:22 | 6:33 | 4 | 23:22 | 15 | 23:22 |
| VP5 - Frohnau | 6.80 | 44:53 | 6:36 | 6 | 7:22 | 18 | 8:16 | 29.87 | 3:16:15 | 6:34 | 5 | 30:44 | 16 | 30:44 |
| VP6 - Ruderclub | 4.06 | 32:58 | 8:07 | 7 | 9:04 | 27 | 10:13 | 33.93 | 3:49:13 | 6:45 | 6 | 39:48 | 19 | 40:47 |
| VP7 - Grenzturm | 4.75 | 34:24 | 7:14 | 6 | 4:50 | 24 | 8:16 | 38.68 | 4:23:37 | 6:48 | 5 | 44:38 | 20 | 49:03 |
| VP8 - Schönwald | 7.52 | 56:51 | 7:33 | 9 | 12:04 | 33 | 14:30 | 46.20 | 5:20:28 | 6:56 | 6 | 56:42 | 21 | 1:03:33 |
| VP9 - Falkenseer | 5.76 | 45:47 | 7:56 | 9 | 9:07 | 26 | 11:21 | 51.96 | 6:06:15 | 7:02 | 6 | 1:05:49 | 21 | 1:14:04 |
| VP10 - Karolinenl | 6.54 | 59:58 | 9:10 | 10 | 20:06 | 40 | 20:37 | 58.50 | 7:06:13 | 7:17 | 6 | 1:25:55 | 23 | 1:33:39 |
| VP11 - Pagel & Fi | 4.90 | 41:32 | 8:28 | 10 | 10:42 | 32 | 11:13 | 63.40 | 7:47:45 | 7:22 | 6 | 1:36:37 | 23 | 1:44:52 |
| VP12 - Schloss S | 7.62 | 1:07:49 | 8:53 | 7 | 18:17 | 24 | 22:10 | 71.02 | 8:55:34 | 7:32 | 7 | 1:54:54 | 25 | 2:07:02 |
| VP13 - Revierförs | 6.21 | 54:35 | 8:47 | 10 | 15:29 | 34 | 15:29 | 77.23 | 9:50:09 | 7:38 | 8 | 2:10:23 | 26 | 2:22:09 |
| VP14 - Brauhaus | 6.00 | 49:29 | 8:14 | 9 | 13:44 | 29 | 13:44 | 83.23 | 10:39:38 | 7:41 | 8 | 2:24:07 | 25 | 2:32:24 |
| VP15 - Gedenkst. | 6.90 | 57:43 | 8:21 | 8 | 15:14 | 25 | 16:28 | 90.13 | 11:37:21 | 7:44 | 8 | 2:39:21 | 25 | 2:40:56 |
| VP16 - Königswe | 6.87 | 1:05:07 | 9:28 | 8 | 17:58 | 24 | 17:58 | 97.00 | 12:42:28 | 7:51 | 8 | 2:57:19 | 24 | 2:57:19 |
| VP17 - Sportplatz | 6.20 | - | - | 10 | - | 55 | - | 103.20 | 12:42:28 | 7:23 | 6 | 2:05:25 | 14 | 2:05:25 |
| VP18 - Osdorfer | 6.50 | 2:18:59 | 21:22 | 12 | 1:37:16 | 58 | 1:37:16 | 109.70 | 15:01:27 | 8:13 | 9 | 3:42:41 | 25 | 3:42:41 |
| VP19 - Lichtenra | 5.70 | 1:05:17 | 11:27 | 10 | 22:40 | 33 | 23:56 | 115.40 | 16:06:44 | 8:22 | 9 | 4:05:21 | 25 | 4:05:21 |
| VP20 - Kirchhain | 4.37 | 47:01 | 10:45 | 9 | 20:16 | 35 | 20:16 | 119.77 | 16:53:45 | 8:27 | 9 | 4:25:37 | 26 | 4:25:37 |
| VP21 - Buckow | 6.43 | 1:11:08 | 11:03 | 9 | 29:27 | 32 | 29:27 | 126.20 | 18:04:53 | 8:35 | 8 | 4:55:04 | 25 | 4:55:04 |
| VP22 - Rudow | 4.90 | 57:59 | 11:49 | 9 | 24:59 | 31 | 24:59 | 131.10 | 19:02:52 | 8:43 | 9 | 5:20:03 | 29 | 5:20:03 |
| VP23 - Johannistl | 5.90 | 1:37:02 | 16:26 | 10 | 57:51 | 53 | 57:51 | 137.00 | 20:39:54 | 9:03 | 9 | 6:17:54 | 30 | 6:17:54 |
| VP24 - Dammwe | 5.70 | 1:25:30 | 15:00 | 11 | 44:38 | 53 | 44:38 | 142.70 | 22:05:24 | 9:17 | 9 | 7:01:22 | 30 | 7:01:22 |
| VP25 - East Side | 5.80 | 1:38:53 | 17:02 | 11 | 52:22 | 53 | 54:03 | 148.50 | 23:44:17 | 9:35 | 10 | 7:52:07 | 31 | 7:52:07 |
| VP26 - Checkpoir | 5.28 | 57:15 | 10:50 | 9 | 27:02 | 48 | 27:02 | 153.78 | 24:41:32 | 9:38 | 10 | 8:19:09 | 31 | 8:19:09 |
| VP27 - Gedenkst. | 3.32 | 1:09:35 | 20:57 | 10 | 42:17 | 52 | 42:17 | 157.10 | 25:51:07 | 9:52 | 10 | 9:01:26 | 32 | 9:01:26 |
| Friedrich-Ludwig | 4.60 | 57:51 | 12:34 | 8 | 27:12 | 43 | 57:51 | 161.70 | 26:48:58 | 9:57 | 10 | 9:28:38 | 32 | 9:28:38 |