



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

□□□□

VARDI, Ofir

□□: (ohne)

□□: 359

□□: 161.70 km

100MeilenBerlin

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 19:42:22

□□: 8.17 km/h

□□□□: 7:19 min/km

□□□□□/□□□□: 111 (of 459)

□□□□□/□: 46 (of 302)

□□□□□□: 13:39:56

□□□□□: 16(of 85)

□□□□□□□: 15:47:54

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	41:10	5:55	17	7:46	62	10:09	6.94	41:10	5:55	17	7:46	62	10:09	
VP2 - Laufftreff Li	5.69	34:06	5:59	15	6:51	56	10:01	12.63	1:15:16	5:57	15	14:37	59	20:10	
VP3 - Oranienbur	5.74	32:41	5:41	21	6:52	61	8:35	18.37	1:47:57	5:52	15	21:29	57	28:45	
VP4 - Naturschut	4.70	29:44	6:19	14	4:37	49	7:18	23.07	2:17:41	5:58	15	26:06	54	36:03	
VP5 - Frohnau	6.80	40:36	5:58	20	7:22	67	11:41	29.87	2:58:17	5:58	14	32:29	55	47:44	
VP6 - Ruderclub	4.06	28:17	6:57	27	6:48	84	10:10	33.93	3:26:34	6:05	18	39:17	58	57:51	
VP7 - Grenzturm	4.75	28:42	6:02	13	4:38	48	6:59	38.68	3:55:16	6:04	18	43:55	59	1:04:50	
VP8 - Schönwald	7.52	44:28	5:54	10	5:01	37	8:38	46.20	4:39:44	6:03	15	48:04	53	1:13:04	
VP9 - Falkenseer	5.76	36:35	6:21	10	4:11	40	8:15	51.96	5:16:19	6:05	17	52:10	54	1:20:51	
VP10 - Karolinenl	6.54	43:30	6:39	14	8:26	51	11:18	58.50	5:59:49	6:09	13	59:39	51	1:32:09	
VP11 - Pagel & Fi	4.90	33:37	6:51	20	5:43	62	10:34	63.40	6:33:26	6:12	13	1:05:22	50	1:42:43	
VP12 - Schloss S	7.62	52:19	6:51	17	8:48	46	15:26	71.02	7:25:45	6:16	16	1:10:45	50	1:58:09	
VP13 - Revierförs	6.21	44:32	7:10	24	8:47	67	15:42	77.23	8:10:17	6:20	17	1:17:17	51	2:13:51	
VP14 - Brauhaus	6.00	41:20	6:53	22	8:19	67	12:47	83.23	8:51:37	6:23	17	1:24:32	52	2:26:38	
VP15 - Gedenkst.	6.90	49:31	7:10	32	9:57	83	16:36	90.13	9:41:08	6:26	17	1:33:59	53	2:43:14	
VP16 - Königswe	6.87	56:02	8:09	23	14:23	72	21:17	97.00	10:37:10	6:34	17	1:44:40	54	3:04:31	
VP17 - Sportplatz	6.20	56:31	9:06	18	18:44	62	22:46	103.20	11:33:41	6:43	17	1:58:32	54	3:27:17	
VP18 - Osdorfer	6.50	50:55	7:49	25	13:06	70	16:28	109.70	12:24:36	6:47	16	2:06:32	52	3:41:28	
VP19 - Lichtenra	5.70	50:54	8:55	25	13:00	73	16:44	115.40	13:15:30	6:53	17	2:14:23	53	3:56:25	
VP20 - Kirchhain	4.37	30:19	6:56	12	8:28	44	11:29	119.77	13:45:49	6:53	17	2:21:42	53	4:07:54	
VP21 - Buckow	6.43	49:04	7:37	15	14:00	51	15:28	126.20	14:34:53	6:55	18	2:33:06	55	4:23:22	
VP22 - Rudow	4.90	38:22	7:49	12	8:09	39	12:23	131.10	15:13:15	6:57	19	2:41:15	54	4:35:45	
VP23 - Johannistl	5.90	47:43	8:05	15	12:41	47	16:08	137.00	16:00:58	7:00	18	2:53:56	52	4:51:53	
VP24 - Dammwe	5.70	50:01	8:46	18	15:45	52	18:50	142.70	16:50:59	7:05	19	3:09:41	53	5:10:14	
VP25 - East Side	5.80	54:58	9:28	15	14:27	44	18:01	148.50	17:45:57	7:10	18	3:24:08	51	5:25:44	
VP26 - Checkpoir	5.28	35:29	6:43	14	10:26	48	13:56	153.78	18:21:26	7:09	17	3:34:34	47	5:37:10	
VP27 - Gedenkst.	3.32	40:31	12:12	20	13:03	61	15:54	157.10	19:01:57	7:16	15	3:43:36	47	5:50:54	
Friedrich-Ludwig	4.60	40:25	8:47	25	10:56	78	16:13	161.70	19:42:22	7:18	16	3:54:28	46	6:02:26	