



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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KOBAYASHI, Takeharu

□□□: 23:06:31

□□: (ohne)

□□: 6.97 km/h

□□: 367

□□□□: 8:34 min/km

□□: 161.70 km

□□□□□/□□□: 205 (of 459)

100MeilenBerlin

□□□□□/□: 117 (of 302)

□□□□□□: 13:39:56

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□□□□□: 13(of 46)

Senioren M55 (55-59 Jahre)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	44:36	6:25	8	13:35	123	13:35	6.94	44:36	6:25	8	13:35	123	13:35
VP2 - Laufftreff Li	5.69	36:39	6:26	5	12:34	107	12:34	12.63	1:21:15	6:25	7	26:09	118	26:09
VP3 - Oranienbur	5.74	33:50	5:53	3	9:44	88	9:44	18.37	1:55:05	6:15	6	35:53	106	35:53
VP4 - Naturschut	4.70	30:47	6:32	4	8:21	73	8:21	23.07	2:25:52	6:19	5	44:14	99	44:14
VP5 - Frohnau	6.80	41:27	6:05	4	12:32	79	12:32	29.87	3:07:19	6:16	4	56:46	91	56:46
VP6 - Ruderclub	4.06	27:45	6:50	3	9:35	70	9:38	33.93	3:35:04	6:20	4	1:06:21	86	1:06:21
VP7 - Grenzturm	4.75	30:43	6:27	4	9:00	84	9:00	38.68	4:05:47	6:21	4	1:15:21	84	1:15:21
VP8 - Schönwald	7.52	49:27	6:34	6	13:13	92	13:37	46.20	4:55:14	6:23	4	1:28:34	85	1:28:34
VP9 - Falkenseer	5.76	43:12	7:30	6	14:24	108	14:52	51.96	5:38:26	6:30	4	1:42:58	89	1:42:58
VP10 - Karolinenl	6.54	48:58	7:29	8	16:46	110	16:46	58.50	6:27:24	6:37	4	1:59:44	90	1:59:44
VP11 - Pagel & Fi	4.90	38:12	7:47	11	15:09	124	15:09	63.40	7:05:36	6:42	4	2:14:53	94	2:14:53
VP12 - Schloss S	7.62	1:05:39	8:36	12	28:46	128	28:46	71.02	8:11:15	6:55	4	2:43:39	95	2:43:39
VP13 - Revierförs	6.21	54:20	8:44	17	25:30	181	25:30	77.23	9:05:35	7:03	5	3:09:09	102	3:09:09
VP14 - Brauhaus	6.00	52:59	8:49	17	24:26	183	24:26	83.23	9:58:34	7:11	5	3:33:35	111	3:33:35
VP15 - Gedenkst.	6.90	59:24	8:36	17	26:29	172	26:29	90.13	10:57:58	7:18	7	4:00:04	118	4:00:04
VP16 - Königswe	6.87	1:03:17	9:12	12	28:32	122	28:32	97.00	12:01:15	7:26	8	4:28:36	115	4:28:36
VP17 - Sportplatz	6.20	1:17:13	12:27	21	43:28	160	43:28	103.20	13:18:28	7:44	11	5:12:04	125	5:12:04
VP18 - Osdorfer	6.50	53:18	8:11	5	16:34	87	18:51	109.70	14:11:46	7:45	10	5:28:38	119	5:28:38
VP19 - Lichtenra	5.70	56:26	9:54	10	20:29	122	22:16	115.40	15:08:12	7:52	11	5:49:07	120	5:49:07
VP20 - Kirchhain	4.37	43:55	10:02	17	25:05	166	25:05	119.77	15:52:07	7:56	11	6:14:12	123	6:14:12
VP21 - Buckow	6.43	1:05:59	10:15	17	32:23	158	32:23	126.20	16:58:06	8:04	11	6:46:35	125	6:46:35
VP22 - Rudow	4.90	46:04	9:24	9	20:05	103	20:05	131.10	17:44:10	8:07	11	7:06:40	126	7:06:40
VP23 - Johannistl	5.90	58:11	9:51	15	26:36	113	26:36	137.00	18:42:21	8:11	11	7:33:16	122	7:33:16
VP24 - Dammwe	5.70	1:03:03	11:03	17	31:23	145	31:52	142.70	19:45:24	8:18	12	8:04:39	124	8:04:39
VP25 - East Side	5.80	1:08:02	11:43	15	28:34	123	31:05	148.50	20:53:26	8:26	14	8:33:13	126	8:33:13
VP26 - Checkpoir	5.28	44:58	8:30	20	20:55	140	23:25	153.78	21:38:24	8:26	14	8:54:08	125	8:54:08
VP27 - Gedenkst.	3.32	42:34	12:49	11	15:47	79	17:57	157.10	22:20:58	8:32	13	9:09:55	120	9:09:55
Friedrich-Ludwig	4.60	45:33	9:54	13	16:40	112	21:21	161.70	23:06:31	8:34	13	9:26:35	117	9:26:35