



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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TSAI, Hsinghan

□□: (ohne)

□□: 370

□□: 161.70 km

100MeilenBerlin

□□□□:

Senioren M35 (35-39 Jahre)

□□□: 21:45:51

□□: 7.40 km/h

□□□□: 8:04 min/km

□□□□□/□□□: 163 (of 459)

□□□□□/□: 86 (of 302)

□□□□□□: 13:39:56

□□□□□: 9(of 31)

□□□□□□□: 14:42:13

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	42:13	6:04	13	10:22	84	11:12	6.94	42:13	6:04	13	10:22	84	11:12
VP2 - Laufftreff Li	5.69	35:09	6:10	14	9:06	79	11:04	12.63	1:17:22	6:07	14	18:14	80	22:16
VP3 - Oranienbur	5.74	33:19	5:48	13	7:55	72	9:13	18.37	1:50:41	6:01	12	25:34	79	31:29
VP4 - Naturschut	4.70	30:54	6:34	11	7:35	75	8:28	23.07	2:21:35	6:08	11	33:09	76	39:57
VP5 - Frohnau	6.80	42:01	6:10	13	13:03	84	13:06	29.87	3:03:36	6:08	12	46:12	77	53:03
VP6 - Ruderclub	4.06	32:06	7:54	15	13:59	137	13:59	33.93	3:35:42	6:21	14	1:00:11	89	1:06:59
VP7 - Grenzturm	4.75	29:50	6:16	10	7:21	69	8:07	38.68	4:05:32	6:20	13	1:07:32	83	1:15:06
VP8 - Schönwald	7.52	48:50	6:29	12	13:00	84	13:00	46.20	4:54:22	6:22	12	1:20:32	81	1:27:42
VP9 - Falkenseer	5.76	40:26	7:01	8	12:06	75	12:06	51.96	5:34:48	6:26	12	1:32:38	79	1:39:20
VP10 - Karolinenl	6.54	44:36	6:49	6	11:52	59	12:24	58.50	6:19:24	6:29	11	1:44:27	76	1:51:44
VP11 - Pagel & Fi	4.90	35:47	7:18	12	10:43	92	12:44	63.40	6:55:11	6:32	11	1:54:39	77	2:04:28
VP12 - Schloss S	7.62	1:06:42	8:45	17	26:54	132	29:49	71.02	8:01:53	6:47	12	2:15:51	86	2:34:17
VP13 - Revierförs	6.21	47:33	7:39	13	15:04	110	18:43	77.23	8:49:26	6:51	12	2:30:55	86	2:53:00
VP14 - Brauhaus	6.00	47:23	7:53	12	17:44	123	18:50	83.23	9:36:49	6:55	11	2:46:56	85	3:11:50
VP15 - Gedenkst.	6.90	50:11	7:16	12	14:58	88	17:16	90.13	10:27:00	6:57	11	2:59:44	84	3:29:06
VP16 - Königswe	6.87	1:02:56	9:09	15	22:37	117	28:11	97.00	11:29:56	7:06	11	3:15:47	88	3:57:17
VP17 - Sportplatz	6.20	1:06:20	10:41	14	29:50	110	32:35	103.20	12:36:16	7:19	13	3:44:37	96	4:29:52
VP18 - Osdorfer	6.50	54:25	8:22	12	19:58	98	19:58	109.70	13:30:41	7:23	11	4:00:59	88	4:47:33
VP19 - Lichtenrav	5.70	57:12	10:02	17	23:02	133	23:02	115.40	14:27:53	7:31	11	4:14:46	91	5:08:48
VP20 - Kirchhain	4.37	32:24	7:24	8	9:42	64	13:34	119.77	15:00:17	7:31	12	4:23:05	92	5:22:22
VP21 - Buckow	6.43	54:42	8:30	12	19:32	95	21:06	126.20	15:54:59	7:34	12	4:38:00	91	5:43:28
VP22 - Rudow	4.90	43:13	8:49	10	16:14	75	17:14	131.10	16:38:12	7:36	10	4:50:13	86	6:00:42
VP23 - Johannistl	5.90	1:04:41	10:57	14	32:36	148	33:06	137.00	17:42:53	7:45	10	5:22:49	89	6:33:48
VP24 - Dammwe	5.70	58:49	10:19	14	27:38	123	27:38	142.70	18:41:42	7:51	10	5:50:27	91	7:00:57
VP25 - East Side	5.80	1:08:44	11:51	12	29:53	126	31:47	148.50	19:50:26	8:00	9	6:20:20	90	7:30:13
VP26 - Checkpoir	5.28	35:50	6:47	10	13:41	53	14:17	153.78	20:26:16	7:58	9	6:34:01	88	7:42:00
VP27 - Gedenkst.	3.32	36:04	10:51	8	11:27	37	11:27	157.10	21:02:20	8:02	9	6:45:28	84	7:51:17
Friedrich-Ludwig	4.60	43:31	9:27	12	18:10	95	19:19	161.70	21:45:51	8:04	9	7:03:38	86	8:05:55