



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

□□□□

TANAKA, Kengo

□□□: 23:24:26

□□: (ohne)

□□: 6.88 km/h

□□: 372

□□□□: 8:41 min/km

□□: 161.70 km

□□□□□/□□□: 220 (of 459)

100MeilenBerlin

□□□□□/□: 130 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 43(of 85)

Senioren M45 (45-49 Jahre)

□□□□□□□: 15:47:54

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	45:28	6:33	47	12:04	138	14:27	6.94	45:28	6:33	47	12:04	138	14:27	
VP2 - Laufftreff Li	5.69	37:04	6:30	40	9:49	118	12:59	12.63	1:22:32	6:32	47	21:53	135	27:26	
VP3 - Oranienbur	5.74	34:24	5:59	36	8:35	100	10:18	18.37	1:56:56	6:21	44	30:28	126	37:44	
VP4 - Naturschut	4.70	35:32	7:33	56	10:25	161	13:06	23.07	2:32:28	6:36	46	40:53	130	50:50	
VP5 - Frohnau	6.80	41:52	6:09	26	8:38	82	12:57	29.87	3:14:20	6:30	41	48:32	121	1:03:47	
VP6 - Ruderclub	4.06	35:53	8:50	59	14:24	190	17:46	33.93	3:50:13	6:47	49	1:02:56	137	1:21:30	
VP7 - Grenzturm	4.75	30:39	6:27	27	6:35	82	8:56	38.68	4:20:52	6:44	43	1:09:31	126	1:30:26	
VP8 - Schönwald	7.52	48:53	6:30	28	9:26	85	13:03	46.20	5:09:45	6:42	41	1:18:05	121	1:43:05	
VP9 - Falkenseer	5.76	40:10	6:58	24	7:46	72	11:50	51.96	5:49:55	6:44	36	1:25:46	106	1:54:27	
VP10 - Karolinenl	6.54	45:19	6:55	19	10:15	67	13:07	58.50	6:35:14	6:45	35	1:35:04	101	2:07:34	
VP11 - Pagel & Fi	4.90	34:09	6:58	23	6:15	69	11:06	63.40	7:09:23	6:46	34	1:41:19	98	2:18:40	
VP12 - Schloss S	7.62	1:13:30	9:38	58	29:59	179	36:37	71.02	8:22:53	7:04	39	2:07:53	113	2:55:17	
VP13 - Revierförs	6.21	48:34	7:49	42	12:49	117	19:44	77.23	9:11:27	7:08	39	2:18:27	114	3:15:01	
VP14 - Brauhaus	6.00	48:24	8:03	47	15:23	140	19:51	83.23	9:59:51	7:12	41	2:32:46	115	3:34:52	
VP15 - Gedenkst.	6.90	52:50	7:39	39	13:16	112	19:55	90.13	10:52:41	7:14	40	2:45:32	114	3:54:47	
VP16 - Königswe	6.87	1:00:59	8:52	38	19:20	96	26:14	97.00	11:53:40	7:21	39	3:01:10	109	4:21:01	
VP17 - Sportplatz	6.20	1:37:17	15:41	59	59:30	210	1:03:32	103.20	13:30:57	7:51	43	3:55:48	134	5:24:33	
VP18 - Osdorfer	6.50	50:44	7:48	23	12:55	68	16:17	109.70	14:21:41	7:51	42	4:03:37	128	5:38:33	
VP19 - Lichtenra	5.70	52:46	9:15	35	14:52	91	18:36	115.40	15:14:27	7:55	42	4:13:20	124	5:55:22	
VP20 - Kirchhain	4.37	44:27	10:10	55	22:36	170	25:37	119.77	15:58:54	8:00	43	4:34:47	126	6:20:59	
VP21 - Buckow	6.43	1:00:35	9:25	45	25:31	136	26:59	126.20	16:59:29	8:04	43	4:57:42	126	6:47:58	
VP22 - Rudow	4.90	48:44	9:56	45	18:31	131	22:45	131.10	17:48:13	8:08	43	5:16:13	127	7:10:43	
VP23 - Johannistl	5.90	1:02:42	10:37	45	27:40	139	31:07	137.00	18:50:55	8:15	43	5:43:53	128	7:41:50	
VP24 - Dammwe	5.70	54:39	9:35	29	20:23	97	23:28	142.70	19:45:34	8:18	43	6:04:16	125	8:04:49	
VP25 - East Side	5.80	1:11:20	12:17	44	30:49	139	34:23	148.50	20:56:54	8:27	43	6:35:05	127	8:36:41	
VP26 - Checkpoir	5.28	44:27	8:25	40	19:24	135	22:54	153.78	21:41:21	8:27	43	6:54:29	127	8:57:05	
VP27 - Gedenkst.	3.32	55:37	16:45	54	28:09	186	31:00	157.10	22:36:58	8:38	43	7:18:37	130	9:25:55	
Friedrich-Ludwig	4.60	47:28	10:19	38	17:59	126	23:16	161.70	23:24:26	8:41	43	7:36:32	130	9:44:30	