



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

0000

RUMM, Harald

000: 20:41:14

00: LG Ultralauf

00: 7.82 km/h

00: 377

0000: 7:40 min/km

00: 161.70 km

00000/000: 136 (of 459)

100MeilenBerlin

00000/0: 63 (of 302)

000000: 13:39:56

0000:

00000: 14(of 36)

Senioren M40 (40-44 Jahre)

0000000: 14:37:35

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Wilhelmsru	6.94	43:15	6:13	18	9:53	110	12:14	6.94	43:15	6:13	18	9:53	110	12:14
VP2 - Laufftreff Li	5.69	37:33	6:35	19	10:49	131	13:28	12.63	1:20:48	6:23	18	20:42	113	25:42
VP3 - Oranienbur	5.74	34:52	6:04	18	9:41	113	10:46	18.37	1:55:40	6:17	18	30:23	113	36:28
VP4 - Naturschut	4.70	32:40	6:57	17	8:46	105	10:14	23.07	2:28:20	6:25	18	39:09	108	46:42
VP5 - Frohnau	6.80	42:37	6:16	17	10:00	95	13:42	29.87	3:10:57	6:23	18	49:09	102	1:00:24
VP6 - Ruderclub	4.06	27:52	6:51	15	7:29	73	9:45	33.93	3:38:49	6:26	18	56:38	97	1:10:06
VP7 - Grenzturm	4.75	31:50	6:42	17	7:34	105	10:07	38.68	4:10:39	6:28	18	1:03:53	96	1:20:13
VP8 - Schönwald	7.52	49:37	6:35	16	10:33	97	13:47	46.20	5:00:16	6:29	18	1:12:42	96	1:33:36
VP9 - Falkenseer	5.76	42:30	7:22	18	11:52	101	14:10	51.96	5:42:46	6:35	18	1:20:12	95	1:47:18
VP10 - Karolinenl	6.54	46:20	7:05	17	10:47	79	14:08	58.50	6:29:06	6:39	18	1:29:25	93	2:01:26
VP11 - Pagel & Fi	4.90	35:38	7:16	15	10:09	89	12:35	63.40	7:04:44	6:41	16	1:38:40	92	2:14:01
VP12 - Schloss S	7.62	1:06:10	8:40	20	25:51	131	29:17	71.02	8:10:54	6:54	17	2:02:46	94	2:43:18
VP13 - Revierförs	6.21	46:23	7:28	17	14:50	88	17:33	77.23	8:57:17	6:57	16	2:14:08	90	3:00:51
VP14 - Brauhaus	6.00	40:33	6:45	15	9:43	56	12:00	83.23	9:37:50	6:56	16	2:23:37	86	3:12:51
VP15 - Gedenkst.	6.90	50:26	7:18	18	16:13	91	17:31	90.13	10:28:16	6:58	16	2:39:24	86	3:30:22
VP16 - Königswe	6.87	53:37	7:48	13	15:33	54	18:52	97.00	11:21:53	7:01	15	2:53:47	82	3:49:14
VP17 - Sportplatz	6.20	59:58	9:40	17	25:58	79	26:13	103.20	12:21:51	7:11	16	3:19:39	86	4:15:27
VP18 - Osdorfer	6.50	48:17	7:25	11	13:37	50	13:50	109.70	13:10:08	7:12	14	3:33:16	79	4:27:00
VP19 - Lichtenrav	5.70	48:34	8:31	12	14:16	59	14:24	115.40	13:58:42	7:16	14	3:47:32	76	4:39:37
VP20 - Kirchhain	4.37	33:26	7:39	15	12:51	69	14:36	119.77	14:32:08	7:16	14	4:00:23	77	4:54:13
VP21 - Buckow	6.43	48:25	7:31	11	14:23	47	14:49	126.20	15:20:33	7:17	14	4:14:13	75	5:09:02
VP22 - Rudow	4.90	44:38	9:06	16	17:21	87	18:39	131.10	16:05:11	7:21	14	4:29:57	75	5:27:41
VP23 - Johannistl	5.90	1:02:57	10:40	22	31:04	142	31:22	137.00	17:08:08	7:30	14	4:58:17	77	5:59:03
VP24 - Dammwe	5.70	52:35	9:13	13	20:32	78	21:24	142.70	18:00:43	7:34	14	5:18:00	75	6:19:58
VP25 - East Side	5.80	54:29	9:23	11	17:32	41	17:32	148.50	18:55:12	7:38	14	5:35:32	70	6:34:59
VP26 - Checkpoir	5.28	35:55	6:48	11	14:22	54	14:22	153.78	19:31:07	7:36	14	5:46:58	68	6:46:51
VP27 - Gedenkst.	3.32	36:55	11:07	9	12:05	46	12:18	157.10	20:08:02	7:41	14	5:55:56	66	6:56:59
Friedrich-Ludwig	4.60	33:12	7:13	7	9:00	33	9:00	161.70	20:41:14	7:40	14	6:03:39	63	7:01:18