



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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IRRGANG, Michael

□□□: 23:46:51

□□: LG Ultralauf

□□: 6.77 km/h

□□: 382

□□□□: 8:49 min/km

□□: 161.70 km

□□□□□/□□□: 248 (of 459)

100MeilenBerlin

□□□□□/□: 149 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 33(of 58)

Senioren M50 (50-54 Jahre)

□□□□□□□: 15:32:56

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	49:24	7:07	44	15:58	207	18:23	6.94	49:24	7:07	44	15:58	207	18:23
VP2 - Laufftreff Li	5.69	42:28	7:27	46	14:47	219	18:23	12.63	1:31:52	7:16	43	30:45	210	36:46
VP3 - Oranienbur	5.74	43:18	7:32	51	16:09	251	19:12	18.37	2:15:10	7:21	49	46:54	230	55:58
VP4 - Naturschut	4.70	43:40	9:17	53	18:18	261	21:14	23.07	2:58:50	7:45	50	1:05:12	240	1:17:12
VP5 - Frohnau	6.80	51:13	7:31	49	17:25	226	22:18	29.87	3:50:03	7:42	50	1:22:37	237	1:39:30
VP6 - Ruderclub	4.06	39:46	9:47	46	18:22	225	21:39	33.93	4:29:49	7:57	49	1:40:15	236	2:01:06
VP7 - Grenzturm	4.75	41:25	8:43	51	17:17	241	19:42	38.68	5:11:14	8:02	50	1:57:13	239	2:20:48
VP8 - Schönwald	7.52	57:46	7:40	45	18:35	200	21:56	46.20	6:09:00	7:59	49	2:11:58	232	2:42:20
VP9 - Falkenseer	5.76	58:35	10:10	52	27:12	246	30:15	51.96	7:07:35	8:13	51	2:38:58	235	3:12:07
VP10 - Karolinenl	6.54	54:43	8:21	40	20:02	175	22:31	58.50	8:02:18	8:14	50	2:56:38	231	3:34:38
VP11 - Pagel & Fi	4.90	43:30	8:52	42	16:34	181	20:27	63.40	8:45:48	8:17	49	3:11:14	226	3:55:05
VP12 - Schloss S	7.62	1:12:47	9:33	39	31:44	174	35:54	71.02	9:58:35	8:25	48	3:40:10	216	4:30:59
VP13 - Revierförs	6.21	49:50	8:01	27	14:34	127	21:00	77.23	10:48:25	8:23	45	3:54:26	206	4:51:59
VP14 - Brauhaus	6.00	48:41	8:06	34	16:21	144	20:08	83.23	11:37:06	8:22	43	4:06:12	202	5:12:07
VP15 - Gedenkst.	6.90	55:18	8:00	29	17:00	138	22:23	90.13	12:32:24	8:20	43	4:22:49	194	5:34:30
VP16 - Königswe	6.87	1:04:01	9:19	26	20:34	129	29:16	97.00	13:36:25	8:24	43	4:42:08	188	6:03:46
VP17 - Sportplatz	6.20	1:05:40	10:35	22	27:49	108	31:55	103.20	14:42:05	8:32	41	5:09:57	178	6:35:41
VP18 - Osdorfer	6.50	54:46	8:25	22	16:53	102	20:19	109.70	15:36:51	8:32	39	5:26:50	174	6:53:43
VP19 - Lichtenra	5.70	56:18	9:52	23	16:53	119	22:08	115.40	16:33:09	8:36	37	5:43:43	171	7:14:04
VP20 - Kirchhain	4.37	36:17	8:18	21	12:29	98	17:27	119.77	17:09:26	8:35	37	5:56:12	166	7:31:31
VP21 - Buckow	6.43	54:09	8:25	19	17:42	89	20:33	126.20	18:03:35	8:35	37	6:13:54	162	7:52:04
VP22 - Rudow	4.90	45:39	9:18	22	15:36	99	19:40	131.10	18:49:14	8:36	38	6:29:30	163	8:11:44
VP23 - Johannistl	5.90	57:23	9:43	25	22:01	106	25:48	137.00	19:46:37	8:39	35	6:51:31	158	8:37:32
VP24 - Dammwe	5.70	52:13	9:09	14	17:15	74	21:02	142.70	20:38:50	8:40	33	7:08:46	151	8:58:05
VP25 - East Side	5.80	57:19	9:52	7	17:41	53	20:22	148.50	21:36:09	8:43	31	7:26:27	146	9:15:56
VP26 - Checkpoir	5.28	42:48	8:06	29	17:56	119	21:15	153.78	22:18:57	8:42	34	7:44:23	149	9:34:41
VP27 - Gedenkst.	3.32	49:46	14:59	33	23:16	146	25:09	157.10	23:08:43	8:50	35	8:07:39	152	9:57:40
Friedrich-Ludwig	4.60	38:08	8:17	11	10:23	61	13:56	161.70	23:46:51	8:49	33	8:13:55	149	10:06:55