



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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Team, T10V

□□: Die Köthener Lauftruppe

□□: 1010

□□: 161.70 km

100MeilenBerlin

□□□□:

10Plus-Staffel / 10plus relay

□□□: 14:17:58

□□: 11.26 km/h

□□□□: 5:18 min/km

□□□□□/□□□: 10 (of 459)

□□□□□/□□□: 9 (of 85)

□□□□□□: 12:25:29

□□□□□: 5(of 26)

□□□□□□□: 13:35:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□	□□ □□□
VP1 - Wilhelmsru	6.94	34:47	5:00	6	4:10	18	31:53	6.94	34:47	5:00	6	4:10	18	31:53
VP2 - Laufftreff Li	5.69	29:01	5:05	7	5:05	17	5:05	12.63	1:03:48	5:03	6	9:15	16	10:26
VP3 - Oranienbur	5.74	26:13	4:34	5	2:24	12	3:18	18.37	1:30:01	4:54	6	11:11	15	11:40
VP4 - Naturschut	4.70	25:11	5:21	4	2:19	12	4:02	23.07	1:55:12	4:59	4	9:30	13	15:42
VP5 - Frohnau	6.80	31:16	4:35	3	4:19	10	4:24	29.87	2:26:28	4:54	4	5:27	12	19:19
VP6 - Ruderclub	4.06	19:12	4:43	2	3:05	9	3:05	33.93	2:45:40	4:52	3	2:24	10	19:58
VP7 - Grenzturm	4.75	22:58	4:50	4	5:51	13	5:51	38.68	3:08:38	4:52	1	-	7	21:58
VP8 - Schönwald	7.52	38:03	5:03	6	10:10	17	10:10	46.20	3:46:41	4:54	1	-	8	36:38
VP9 - Falkenseer	5.76	31:21	5:26	6	8:58	20	8:58	51.96	4:18:02	4:57	2	0:08	8	29:52
VP10 - Karolinenl	6.54	33:10	5:04	3	1:11	9	1:25	58.50	4:51:12	4:58	2	0:45	6	30:20
VP11 - Pagel & Fi	4.90	24:58	5:05	3	3:07	13	3:07	63.40	5:16:10	4:59	2	0:52	6	28:48
VP12 - Schloss S	7.62	38:56	5:06	3	2:36	14	4:15	71.02	5:55:06	5:00	2	0:02	6	31:48
VP13 - Revierförs	6.21	32:33	5:14	7	8:25	19	8:25	77.23	6:27:39	5:01	2	4:13	7	32:33
VP14 - Brauhaus	6.00	31:42	5:16	10	9:07	27	9:07	83.23	6:59:21	5:02	2	9:06	7	35:03
VP15 - Gedenkst.	6.90	38:12	5:32	12	5:59	31	7:49	90.13	7:37:33	5:04	2	9:52	8	41:01
VP16 - Königswe	6.87	38:46	5:38	13	8:56	24	8:56	97.00	8:16:19	5:06	2	17:14	8	42:30
VP17 - Sportplatz	6.20	38:40	6:14	20	10:28	40	10:28	103.20	8:54:59	5:11	4	27:42	9	46:27
VP18 - Osdorfer	6.50	41:35	6:23	19	12:32	49	16:35	109.70	9:36:34	5:15	5	25:34	11	48:45
VP19 - Lichtenra	5.70	40:57	7:11	19	14:05	44	14:43	115.40	10:17:31	5:21	6	29:42	13	1:01:11
VP20 - Kirchhain	4.37	24:20	5:34	19	8:58	39	8:58	119.77	10:41:51	5:21	6	31:36	14	1:08:45
VP21 - Buckow	6.43	38:49	6:02	17	12:31	35	13:53	126.20	11:20:40	5:23	7	35:11	15	1:20:18
VP22 - Rudow	4.90	21:07	4:18	4	1:16	5	1:16	131.10	11:41:47	5:21	7	29:01	15	1:18:00
VP23 - Johannistl	5.90	25:30	4:19	2	1:59	2	1:59	137.00	12:07:17	5:18	6	28:16	13	1:15:08
VP24 - Dammwe	5.70	24:25	4:17	2	0:29	2	0:29	142.70	12:31:42	5:16	4	26:22	11	1:10:29
VP25 - East Side	5.80	-	-	24	-	81	-	148.50	12:31:42	5:03	1	-	2	32:30
VP26 - Checkpoir	5.28	53:56	10:12	24	37:05	79	37:05	153.78	13:25:38	5:14	4	32:29	7	1:01:52
VP27 - Gedenkst.	3.32	23:31	7:04	4	5:03	4	5:03	157.10	13:49:09	5:16	5	35:04	8	57:26
Friedrich-Ludwig	4.60	28:49	6:15	10	7:51	18	7:51	161.70	14:17:58	5:18	5	42:35	9	1:52:29