



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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Team, T10V

□□: HBG Runners

□□: 1014

□□: 161.70 km

100MeilenBerlin

□□□□:

10Plus-Staffel / 10plus relay

□□□: 14:08:25

□□: 11.39 km/h

□□□□: 5:15 min/km

□□□□□/□□□: 9 (of 459)

□□□□□/□□□: 8 (of 85)

□□□□□□: 12:25:29

□□□□□: 4(of 26)

□□□□□□□: 13:35:23

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Wilhelmsru	6.94	41:58	6:02	14	11:21	46	39:04	6.94	41:58	6:02	14	11:21	46	39:04
VP2 - Laufftreff Li	5.69	29:25	5:10	8	5:29	18	5:29	12.63	1:11:23	5:39	13	16:50	34	18:01
VP3 - Oranienbur	5.74	30:15	5:16	11	6:26	26	7:20	18.37	1:41:38	5:31	12	22:48	31	23:17
VP4 - Naturschut	4.70	28:41	6:06	12	5:49	30	7:32	23.07	2:10:19	5:38	13	24:37	32	30:49
VP5 - Frohnau	6.80	35:59	5:17	12	9:02	24	9:07	29.87	2:46:18	5:34	12	25:17	29	39:09
VP6 - Ruderclub	4.06	21:37	5:19	8	5:30	18	5:30	33.93	3:07:55	5:32	11	24:39	24	42:13
VP7 - Grenzturm	4.75	24:46	5:12	5	7:39	22	7:39	38.68	3:32:41	5:29	9	24:03	23	46:01
VP8 - Schönwald	7.52	39:41	5:16	7	11:48	23	11:48	46.20	4:12:22	5:27	7	25:41	20	1:02:19
VP9 - Falkenseer	5.76	29:56	5:11	4	7:33	13	7:33	51.96	4:42:18	5:25	6	24:24	17	54:08
VP10 - Karolinenl	6.54	43:32	6:39	19	11:33	53	11:47	58.50	5:25:50	5:34	6	35:23	20	1:04:58
VP11 - Pagel & Fi	4.90	26:57	5:29	7	5:06	24	5:06	63.40	5:52:47	5:33	6	37:29	19	1:05:25
VP12 - Schloss S	7.62	36:20	4:46	1	-	3	1:39	71.02	6:29:07	5:28	6	34:03	16	1:05:49
VP13 - Revierförs	6.21	24:08	3:53	1	-	1	-	77.23	6:53:15	5:21	6	29:49	15	58:09
VP14 - Brauhaus	6.00	22:35	3:45	1	-	1	-	83.23	7:15:50	5:14	6	25:35	12	51:32
VP15 - Gedenkst.	6.90	39:52	5:46	16	7:39	41	9:29	90.13	7:55:42	5:16	5	28:01	12	59:10
VP16 - Königswe	6.87	36:10	5:15	8	6:20	14	6:20	97.00	8:31:52	5:16	5	32:47	11	58:03
VP17 - Sportplatz	6.20	37:48	6:05	19	9:36	36	9:36	103.20	9:09:40	5:19	6	42:23	12	1:01:08
VP18 - Osdorfer	6.50	35:22	5:26	9	6:19	17	10:22	109.70	9:45:02	5:19	6	34:02	13	57:13
VP19 - Lichtenra	5.70	29:17	5:08	3	2:25	5	3:03	115.40	10:14:19	5:19	5	26:30	11	57:59
VP20 - Kirchhain	4.37	18:13	4:10	5	2:51	8	2:51	119.77	10:32:32	5:16	4	22:17	10	59:26
VP21 - Buckow	6.43	36:36	5:41	12	10:18	26	11:40	126.20	11:09:08	5:18	5	23:39	13	1:08:46
VP22 - Rudow	4.90	27:29	5:36	11	7:38	17	7:38	131.10	11:36:37	5:18	5	23:51	12	1:12:50
VP23 - Johannistl	5.90	33:43	5:42	14	10:12	21	10:12	137.00	12:10:20	5:19	7	31:19	14	1:18:11
VP24 - Dammwe	5.70	27:29	4:49	9	3:33	10	3:33	142.70	12:37:49	5:18	7	32:29	14	1:16:36
VP25 - East Side	5.80	30:09	5:11	3	2:02	3	2:02	148.50	13:07:58	5:18	5	36:16	12	1:08:46
VP26 - Checkpoir	5.28	18:28	3:29	2	1:37	2	1:37	153.78	13:26:26	5:14	5	33:17	8	1:02:40
VP27 - Gedenkst.	3.32	20:41	6:13	2	2:13	2	2:13	157.10	13:47:07	5:15	4	33:02	7	55:24
Friedrich-Ludwig	4.60	21:18	4:37	2	0:20	2	0:20	161.70	14:08:25	5:14	4	33:02	8	1:42:56