



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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Team, T10V

□□: Dank 1989 ein Team

□□: 1019

□□: 161.70 km

100MeilenBerlin

□□□□:

10Plus-Staffel / 10plus relay

□□□: 13:48:44

□□: 11.66 km/h

□□□□: 5:08 min/km

□□□□□/□□□□: 6 (of 459)

□□□□□/□□□□: 5 (of 85)

□□□□□□: 12:25:29

□□□□□: 2(of 26)

□□□□□□□: 13:35:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□	□□ □□	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□	□□ □□
VP1 - Wilhelmsru	6.94	30:37	4:24	1	-	2	27:43	6.94	30:37	4:24	1	-	2	27:43	
VP2 - Laufftreff Li	5.69	23:56	4:12	1	-	1	-	12.63	54:33	4:19	1	-	2	1:11	
VP3 - Oranienbur	5.74	27:26	4:46	7	3:37	16	4:31	18.37	1:21:59	4:27	2	3:09	7	3:38	
VP4 - Naturschut	4.70	25:52	5:30	8	3:00	18	4:43	23.07	1:47:51	4:40	2	2:09	8	8:21	
VP5 - Frohnau	6.80	34:51	5:07	10	7:54	21	7:59	29.87	2:22:42	4:46	2	1:41	9	15:33	
VP6 - Ruderclub	4.06	21:56	5:24	9	5:49	21	5:49	33.93	2:44:38	4:51	2	1:22	9	18:56	
VP7 - Grenzturm	4.75	28:53	6:04	12	11:46	48	11:46	38.68	3:13:31	5:00	3	4:53	11	26:51	
VP8 - Schönwald	7.52	37:47	5:01	5	9:54	16	9:54	46.20	3:51:18	5:00	4	4:37	11	41:15	
VP9 - Falkenseer	5.76	27:10	4:42	2	4:47	3	4:47	51.96	4:18:28	4:58	3	0:34	9	30:18	
VP10 - Karolinenl	6.54	31:59	4:53	1	-	2	0:14	58.50	4:50:27	4:57	1	-	5	29:35	
VP11 - Pagel & Fi	4.90	24:51	5:04	2	3:00	11	3:00	63.40	5:15:18	4:58	1	-	5	27:56	
VP12 - Schloss S	7.62	39:46	5:13	6	3:26	20	5:05	71.02	5:55:04	4:59	1	-	5	31:46	
VP13 - Revierförs	6.21	28:22	4:34	2	4:14	6	4:14	77.23	6:23:26	4:57	1	-	5	28:20	
VP14 - Brauhaus	6.00	26:49	4:28	3	4:14	8	4:14	83.23	6:50:15	4:55	1	-	5	25:57	
VP15 - Gedenkst.	6.90	37:26	5:25	6	5:13	24	7:03	90.13	7:27:41	4:58	1	-	6	31:09	
VP16 - Königswe	6.87	31:24	4:34	3	1:34	3	1:34	97.00	7:59:05	4:56	1	-	5	25:16	
VP17 - Sportplatz	6.20	28:12	4:32	1	-	1	-	103.20	8:27:17	4:54	1	-	5	18:45	
VP18 - Osdorfer	6.50	43:43	6:43	20	14:40	55	18:43	109.70	9:11:00	5:01	1	-	6	23:11	
VP19 - Lichtenrav	5.70	36:49	6:27	13	9:57	26	10:35	115.40	9:47:49	5:05	1	-	6	31:29	
VP20 - Kirchhain	4.37	22:26	5:08	15	7:04	25	7:04	119.77	10:10:15	5:05	1	-	6	37:09	
VP21 - Buckow	6.43	38:50	6:02	18	12:32	36	13:54	126.20	10:49:05	5:08	2	3:36	7	48:43	
VP22 - Rudow	4.90	29:56	6:06	17	10:05	30	10:05	131.10	11:19:01	5:10	3	6:15	8	55:14	
VP23 - Johannistl	5.90	36:24	6:10	16	12:53	30	12:53	137.00	11:55:25	5:13	3	16:24	9	1:03:16	
VP24 - Dammwe	5.70	24:32	4:18	3	0:36	3	0:36	142.70	12:19:57	5:11	3	14:37	7	58:44	
VP25 - East Side	5.80	29:39	5:06	2	1:32	2	1:32	148.50	12:49:36	5:10	4	17:54	7	50:24	
VP26 - Checkpoir	5.28	19:42	3:43	3	2:51	3	2:51	153.78	13:09:18	5:07	3	16:09	6	45:32	
VP27 - Gedenkst.	3.32	18:28	5:33	1	-	1	-	157.10	13:27:46	5:08	2	13:41	4	36:03	
Friedrich-Ludwig	4.60	20:58	4:33	1	-	1	-	161.70	13:48:44	5:07	2	13:21	5	1:23:15	