



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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Team, T10V

□□: prenzlkomm and friends

□□: 1021

□□: 161.70 km

100MeilenBerlin

□□□□:

10Plus-Staffel / 10plus relay

□□□: 16:08:44

□□: 9.97 km/h

□□□□: 6:00 min/km

□□□□□/□□□□: 40 (of 459)

□□□□□/□□□□: 28 (of 85)

□□□□□□: 12:25:29

□□□□□: 15(of 26)

□□□□□□□: 13:35:23

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Wilhelmsru	6.94	43:31	6:16	19	12:54	55	40:37	6.94	43:31	6:16	19	12:54	55	40:37
VP2 - Lauftreff Li	5.69	31:06	5:27	13	7:10	27	7:10	12.63	1:14:37	5:54	16	20:04	42	21:15
VP3 - Oranienbur	5.74	36:30	6:21	18	12:41	57	13:35	18.37	1:51:07	6:02	18	32:17	54	32:46
VP4 - Naturschut	4.70	31:26	6:41	16	8:34	47	10:17	23.07	2:22:33	6:10	16	36:51	50	43:03
VP5 - Frohnau	6.80	42:10	6:12	19	15:13	53	15:18	29.87	3:04:43	6:11	19	43:42	54	57:34
VP6 - Ruderclub	4.06	26:02	6:24	15	9:55	44	9:55	33.93	3:30:45	6:12	18	47:29	52	1:05:03
VP7 - Grenzturm	4.75	21:11	4:27	3	4:04	6	4:04	38.68	3:51:56	5:59	17	43:18	44	1:05:16
VP8 - Schönwald	7.52	33:53	4:30	3	6:00	4	6:00	46.20	4:25:49	5:45	14	39:08	34	1:15:46
VP9 - Falkenseer	5.76	29:33	5:07	3	7:10	10	7:10	51.96	4:55:22	5:41	9	37:28	26	1:07:12
VP10 - Karolinenl	6.54	34:55	5:20	5	2:56	14	3:10	58.50	5:30:17	5:38	8	39:50	24	1:09:25
VP11 - Pagel & Fi	4.90	27:35	5:37	11	5:44	29	5:44	63.40	5:57:52	5:38	7	42:34	24	1:10:30
VP12 - Schloss S	7.62	42:59	5:38	13	6:39	30	8:18	71.02	6:40:51	5:38	9	45:47	26	1:17:33
VP13 - Revierförs	6.21	44:37	7:11	21	20:29	70	20:29	77.23	7:25:28	5:46	13	1:02:02	32	1:30:22
VP14 - Brauhaus	6.00	44:33	7:25	23	21:58	72	21:58	83.23	8:10:01	5:53	16	1:19:46	37	1:45:43
VP15 - Gedenkst.	6.90	46:37	6:45	19	14:24	59	16:14	90.13	8:56:38	5:57	15	1:28:57	36	2:00:06
VP16 - Königswe	6.87	43:20	6:18	19	13:30	38	13:30	97.00	9:39:58	5:58	15	1:40:53	35	2:06:09
VP17 - Sportplatz	6.20	36:27	5:52	16	8:15	29	8:15	103.20	10:16:25	5:58	16	1:49:08	35	2:07:53
VP18 - Osdorfer	6.50	36:37	5:38	12	7:34	26	11:37	109.70	10:53:02	5:57	14	1:42:02	33	2:05:13
VP19 - Lichtenra	5.70	37:41	6:36	14	10:49	30	11:27	115.40	11:30:43	5:59	15	1:42:54	34	2:14:23
VP20 - Kirchhain	4.37	20:31	4:41	11	5:09	17	5:09	119.77	11:51:14	5:56	15	1:40:59	34	2:18:08
VP21 - Buckow	6.43	33:24	5:11	8	7:06	15	8:28	126.20	12:24:38	5:54	16	1:39:09	35	2:24:16
VP22 - Rudow	4.90	26:39	5:26	9	6:48	13	6:48	131.10	12:51:17	5:52	16	1:38:31	34	2:27:30
VP23 - Johannistl	5.90	30:03	5:05	9	6:32	12	6:32	137.00	13:21:20	5:50	15	1:42:19	30	2:29:11
VP24 - Dammwe	5.70	28:47	5:02	12	4:51	14	4:51	142.70	13:50:07	5:49	15	1:44:47	28	2:28:54
VP25 - East Side	5.80	38:40	6:39	13	10:33	19	10:33	148.50	14:28:47	5:51	14	1:57:05	26	2:29:35
VP26 - Checkpoir	5.28	30:57	5:51	21	14:06	37	14:06	153.78	14:59:44	5:51	14	2:06:35	26	2:35:58
VP27 - Gedenkst.	3.32	38:03	11:27	23	19:35	59	19:35	157.10	15:37:47	5:58	15	2:23:42	27	2:46:04
Friedrich-Ludwig	4.60	30:57	6:43	15	9:59	32	9:59	161.70	16:08:44	5:59	15	2:33:21	28	3:43:15