



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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Team, T10V

□□: Laufklub Berlin

□□: 1024

□□: 161.70 km

100MeilenBerlin

□□□□:

10Plus-Staffel / 10plus relay

□□□: 15:04:36

□□: 10.73 km/h

□□□□: 5:36 min/km

□□□□□/□□□□: 22 (of 459)

□□□□□/□□□□: 18 (of 85)

□□□□□□: 12:25:29

□□□□□: 10(of 26)

□□□□□□□: 13:35:23

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Wilhelmsru	6.94	37:04	5:20	7	6:27	20	34:10	6.94	37:04	5:20	7	6:27	20	34:10
VP2 - Laufftreff Li	5.69	30:08	5:17	10	6:12	20	6:12	12.63	1:07:12	5:19	8	12:39	21	13:50
VP3 - Oranienbur	5.74	30:16	5:16	12	6:27	28	7:21	18.37	1:37:28	5:18	8	18:38	21	19:07
VP4 - Naturschut	4.70	25:19	5:23	6	2:27	15	4:10	23.07	2:02:47	5:19	7	17:05	18	23:17
VP5 - Frohnau	6.80	33:12	4:52	8	6:15	16	6:20	29.87	2:35:59	5:13	8	14:58	18	28:50
VP6 - Ruderclub	4.06	27:28	6:45	17	11:21	50	11:21	33.93	3:03:27	5:24	9	20:11	20	37:45
VP7 - Grenzturm	4.75	32:54	6:55	20	15:47	66	15:47	38.68	3:36:21	5:35	11	27:43	27	49:41
VP8 - Schönwald	7.52	45:15	6:01	14	17:22	48	17:22	46.20	4:21:36	5:39	11	34:55	30	1:11:33
VP9 - Falkenseer	5.76	35:24	6:08	13	13:01	39	13:01	51.96	4:57:00	5:42	12	39:06	31	1:08:50
VP10 - Karolinenl	6.54	37:08	5:40	8	5:09	24	5:23	58.50	5:34:08	5:42	11	43:41	30	1:13:16
VP11 - Pagel & Fi	4.90	27:13	5:33	8	5:22	26	5:22	63.40	6:01:21	5:41	11	46:03	30	1:13:59
VP12 - Schloss S	7.62	41:53	5:29	10	5:33	25	7:12	71.02	6:43:14	5:40	10	48:10	27	1:19:56
VP13 - Revierförs	6.21	29:09	4:41	3	5:01	8	5:01	77.23	7:12:23	5:35	8	48:57	22	1:17:17
VP14 - Brauhaus	6.00	26:59	4:29	4	4:24	10	4:24	83.23	7:39:22	5:31	7	49:07	20	1:15:04
VP15 - Gedenkst.	6.90	32:13	4:40	1	-	6	1:50	90.13	8:11:35	5:27	7	43:54	19	1:15:03
VP16 - Königswe	6.87	35:37	5:11	7	5:47	12	5:47	97.00	8:47:12	5:26	7	48:07	17	1:13:23
VP17 - Sportplatz	6.20	30:11	4:52	4	1:59	5	1:59	103.20	9:17:23	5:24	7	50:06	15	1:08:51
VP18 - Osdorfer	6.50	29:39	4:33	2	0:36	4	4:39	109.70	9:47:02	5:21	7	36:02	14	59:13
VP19 - Lichtenra	5.70	53:40	9:24	23	26:48	72	27:26	115.40	10:40:42	5:33	8	52:53	17	1:24:22
VP20 - Kirchhain	4.37	32:01	7:19	22	16:39	65	16:39	119.77	11:12:43	5:37	9	1:02:28	20	1:39:37
VP21 - Buckow	6.43	37:10	5:46	13	10:52	29	12:14	126.20	11:49:53	5:37	11	1:04:24	21	1:49:31
VP22 - Rudow	4.90	28:08	5:44	15	8:17	21	8:17	131.10	12:18:01	5:37	11	1:05:15	21	1:54:14
VP23 - Johannistl	5.90	31:01	5:15	10	7:30	13	7:30	137.00	12:49:02	5:36	11	1:10:01	20	1:56:53
VP24 - Dammwe	5.70	28:03	4:55	10	4:07	12	4:07	142.70	13:17:05	5:35	11	1:11:45	20	1:55:52
VP25 - East Side	5.80	34:41	5:58	9	6:34	12	6:34	148.50	13:51:46	5:36	12	1:20:04	21	1:52:34
VP26 - Checkpoir	5.28	23:13	4:23	8	6:22	10	6:22	153.78	14:14:59	5:33	12	1:21:50	21	1:51:13
VP27 - Gedenkst.	3.32	24:25	7:21	7	5:57	8	5:57	157.10	14:39:24	5:35	11	1:25:19	18	1:47:41
Friedrich-Ludwig	4.60	25:12	5:28	6	4:14	8	4:14	161.70	15:04:36	5:35	10	1:29:13	18	2:39:07