



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

□□□□

Team, TS4T

□□: Hawk Lake Runners Falkensee
□□: 4006

□□: 161.70 km
100MeilenBerlin

□□□□:
4er-Staffel / 4-person relay

□□□: 16:53:07

□□: 9.53 km/h
□□□□: 6:16 min/km

□□□□□/□□□□: 55 (of 459)

□□□□□/□□□□: 37 (of 85)

□□□□□□: 12:25:29

□□□□□: 16(of 42)

□□□□□□□: 12:25:29

□□□□

□□□□

□□□

□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Wilhelmsru	6.94	33:04	4:45	7	30:10	11	30:10	6.94	33:04	4:45	7	30:10	11	30:10
VP2 - Laufftreff Li	5.69	27:17	4:47	8	2:30	14	3:21	12.63	1:00:21	4:46	8	6:59	14	6:59
VP3 - Oranienbur	5.74	26:07	4:32	6	3:12	11	3:12	18.37	1:26:28	4:42	6	7:35	11	8:07
VP4 - Naturschut	4.70	23:47	5:03	6	2:23	8	2:38	23.07	1:50:15	4:46	6	9:58	9	10:45
VP5 - Frohnau	6.80	31:08	4:34	6	4:16	9	4:16	29.87	2:21:23	4:43	6	14:14	8	14:14
VP6 - Ruderclub	4.06	18:45	4:37	6	1:32	8	2:38	33.93	2:40:08	4:43	6	9:56	7	14:26
VP7 - Grenzturm	4.75	29:47	6:16	34	9:45	55	12:40	38.68	3:09:55	4:54	6	18:33	9	23:15
VP8 - Schönwald	7.52	46:20	6:09	33	13:09	56	18:27	46.20	3:56:15	5:06	7	46:12	13	46:12
VP9 - Falkenseer	5.76	38:31	6:41	31	11:52	51	16:08	51.96	4:34:46	5:17	8	34:56	14	46:36
VP10 - Karolinenl	6.54	43:45	6:41	30	12:00	55	12:00	58.50	5:18:31	5:26	9	43:15	15	57:39
VP11 - Pagel & Fi	4.90	30:47	6:16	29	7:55	51	8:56	63.40	5:49:18	5:30	10	48:01	16	1:01:56
VP12 - Schloss S	7.62	47:51	6:16	26	13:10	46	13:10	71.02	6:37:09	5:35	14	53:01	21	1:13:51
VP13 - Revierförs	6.21	34:45	5:35	16	8:14	32	10:37	77.23	7:11:54	5:35	13	59:53	21	1:16:48
VP14 - Brauhaus	6.00	31:57	5:19	15	6:47	30	9:22	83.23	7:43:51	5:34	13	1:05:37	21	1:19:33
VP15 - Gedenkst.	6.90	38:40	5:36	19	8:17	34	8:17	90.13	8:22:31	5:34	13	1:13:20	22	1:25:59
VP16 - Königswe	6.87	46:04	6:42	20	12:53	46	16:14	97.00	9:08:35	5:39	14	1:23:44	26	1:34:46
VP17 - Sportplatz	6.20	38:09	6:09	16	9:16	39	9:57	103.20	9:46:44	5:41	16	1:30:55	28	1:38:12
VP18 - Osdorfer	6.50	43:17	6:39	30	18:17	54	18:17	109.70	10:30:01	5:44	17	1:42:12	32	1:42:12
VP19 - Lichtenra	5.70	44:32	7:48	32	18:18	57	18:18	115.40	11:14:33	5:50	17	1:58:13	32	1:58:13
VP20 - Kirchhain	4.37	26:08	5:58	24	10:30	46	10:46	119.77	11:40:41	5:51	17	2:07:35	33	2:07:35
VP21 - Buckow	6.43	42:51	6:39	25	17:55	52	17:55	126.20	12:23:32	5:53	17	2:23:10	34	2:23:10
VP22 - Rudow	4.90	34:01	6:56	20	13:29	43	14:10	131.10	12:57:33	5:55	17	2:33:46	35	2:33:46
VP23 - Johannistl	5.90	38:46	6:34	18	11:20	40	15:15	137.00	13:36:19	5:57	16	2:44:10	34	2:44:10
VP24 - Dammwe	5.70	45:31	7:59	26	19:25	53	21:35	142.70	14:21:50	6:02	16	3:00:37	35	3:00:37
VP25 - East Side	5.80	50:50	8:45	24	18:39	50	22:43	148.50	15:12:40	6:08	16	3:13:28	37	3:13:28
VP26 - Checkpoir	5.28	31:14	5:54	13	9:34	38	14:23	153.78	15:43:54	6:08	16	3:20:08	37	3:20:08
VP27 - Gedenkst.	3.32	34:50	10:29	24	10:35	51	16:22	157.10	16:18:44	6:13	15	3:27:01	36	3:27:01
Friedrich-Ludwig	4.60	34:23	7:28	21	10:31	45	13:25	161.70	16:53:07	6:15	16	4:27:38	37	4:27:38