



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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Team, TS4T

□□: Mauerläufer 4

□□: 4017

□□: 161.70 km

100MeilenBerlin

□□□□:

4er-Staffel / 4-person relay

□□□: 15:02:50

□□: 10.75 km/h

□□□□: 5:35 min/km

□□□□□/□□□□: 20 (of 459)

□□□□□/□□□□: 16 (of 85)

□□□□□□: 12:25:29

□□□□□: 6(of 42)

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Wilhelmsru	6.94	38:08	5:29	14	35:14	26	35:14	6.94	38:08	5:29	14	35:14	26	35:14
VP2 - Laufftreff Li	5.69	33:27	5:52	19	8:40	41	9:31	12.63	1:11:35	5:40	18	18:13	35	18:13
VP3 - Oranienbur	5.74	32:49	5:43	24	9:54	45	9:54	18.37	1:44:24	5:40	18	25:31	35	26:03
VP4 - Naturschut	4.70	31:10	6:37	23	9:46	43	10:01	23.07	2:15:34	5:52	18	35:17	36	36:04
VP5 - Frohnau	6.80	43:08	6:20	28	16:16	55	16:16	29.87	2:58:42	5:58	22	51:33	44	51:33
VP6 - Ruderclub	4.06	27:52	6:51	31	10:39	52	11:45	33.93	3:26:34	6:05	25	56:22	46	1:00:52
VP7 - Grenzturm	4.75	23:35	4:57	11	3:33	16	6:28	38.68	3:50:09	5:57	21	58:47	40	1:03:29
VP8 - Schönwald	7.52	37:31	4:59	10	4:20	15	9:38	46.20	4:27:40	5:47	18	1:17:37	35	1:17:37
VP9 - Falkenseer	5.76	29:30	5:07	6	2:51	9	7:07	51.96	4:57:10	5:43	17	57:20	33	1:09:00
VP10 - Karolinenl	6.54	34:55	5:20	9	3:10	14	3:10	58.50	5:32:05	5:40	16	56:49	26	1:11:13
VP11 - Pagel & Fi	4.90	25:14	5:08	11	2:22	14	3:23	63.40	5:57:19	5:38	16	56:02	23	1:09:57
VP12 - Schloss S	7.62	38:52	5:06	10	4:11	13	4:11	71.02	6:36:11	5:34	12	52:03	19	1:12:53
VP13 - Revierförs	6.21	32:06	5:10	9	5:35	17	7:58	77.23	7:08:17	5:32	12	56:16	19	1:13:11
VP14 - Brauhaus	6.00	28:22	4:43	8	3:12	13	5:47	83.23	7:36:39	5:29	12	58:25	19	1:12:21
VP15 - Gedenkst.	6.90	33:36	4:52	7	3:13	9	3:13	90.13	8:10:15	5:26	10	1:01:04	17	1:13:43
VP16 - Königswe	6.87	36:41	5:20	7	3:30	16	6:51	97.00	8:46:56	5:25	9	1:02:05	16	1:13:07
VP17 - Sportplatz	6.20	31:26	5:04	6	2:33	13	3:14	103.20	9:18:22	5:24	8	1:02:33	16	1:09:50
VP18 - Osdorfer	6.50	30:36	4:42	3	5:36	5	5:36	109.70	9:48:58	5:22	7	1:01:09	15	1:01:09
VP19 - Lichtenra	5.70	31:30	5:31	3	5:16	8	5:16	115.40	10:20:28	5:22	7	1:04:08	14	1:04:08
VP20 - Kirchhain	4.37	17:58	4:06	3	2:20	7	2:36	119.77	10:38:26	5:19	7	1:05:20	13	1:05:20
VP21 - Buckow	6.43	29:25	4:34	3	4:29	6	4:29	126.20	11:07:51	5:17	6	1:07:29	11	1:07:29
VP22 - Rudow	4.90	23:41	4:49	3	3:09	9	3:50	131.10	11:31:32	5:16	6	1:07:45	10	1:07:45
VP23 - Johannistl	5.90	28:23	4:48	3	0:57	9	4:52	137.00	11:59:55	5:15	6	1:07:46	10	1:07:46
VP24 - Dammwe	5.70	27:41	4:51	2	1:35	11	3:45	142.70	12:27:36	5:14	6	1:06:23	10	1:06:23
VP25 - East Side	5.80	33:01	5:41	3	0:50	9	4:54	148.50	13:00:37	5:15	6	1:01:25	10	1:01:25
VP26 - Checkpoir	5.28	1:06:41	12:37	40	45:01	80	49:50	153.78	14:07:18	5:30	6	1:43:32	16	1:43:32
VP27 - Gedenkst.	3.32	30:11	9:05	11	5:56	32	11:43	157.10	14:37:29	5:35	6	1:45:46	16	1:45:46
Friedrich-Ludwig	4.60	25:21	5:30	3	1:29	10	4:23	161.70	15:02:50	5:35	6	2:37:21	16	2:37:21